

# Wellington Women's Masters Records to 10 July 26

## Version Control

|                                   |             |
|-----------------------------------|-------------|
| Original Version from Website PDF | 07-May-2023 |
| Version 1 with Updates            | 25-Jan-2025 |
| Version 2 with Updates            | 01-Mar-2026 |
| Version 3 with Updates            | 01-Apr-2026 |
| Version 4 with Updates            | 15-Apr-2026 |
| Version 5 with Updates            | 10-Jul-2026 |

### Changes in Version 3

Updated Records in this Version shown as Date of Record

| Event      | Grade |                 | Name              | Club            | Result     | Wind | Location     | Date      |
|------------|-------|-----------------|-------------------|-----------------|------------|------|--------------|-----------|
| 1500mW     | W80   | Existing Record | Daphne Jones      | Scottish        | 11m 23.11s |      | Sydney       | 10-Mar-23 |
| 1500mW     | W80   | New Record      | Jacqueline Wilson | Trentham United | 10m 21.95s |      | Inglewood    | 14-Mar-26 |
| 3000mW     | W80   | Existing Record | Daphne Jones      | Scottish        | 22m 53.85s |      | Newtown Park | 20-Feb-22 |
| 3000mW     | W80   | New Record      | Jacqueline Wilson | Trentham United | 21m 44.86s |      | Inglewood    | 13-Mar-26 |
| 5000mW     | W80   | Existing Record | Daphne Jones      | Scottish        | 40m 13.00s |      | Sydney       | 11-Mar-23 |
| 5000mW     | W80   | New Record      | Jacqueline Wilson | Trentham United | 37m 46.13s |      | Inglewood    | 15-Mar-26 |
| 2000m SC   | W50   | Existing Record |                   |                 |            |      |              |           |
| 0.762m/30" | W50   | Existing Record | Katie Jenkins     | Olympic         | 8m 01.61s  |      | Newtown Park | 22-Feb-26 |
| 2000m SC   | W50   | New Record      |                   |                 |            |      |              |           |
| 0.762m/30" | W50   | New Record      | Katie Jenkins     | Olympic         | 7m 52.85s  |      | Newtown Park | 21-Mar-26 |

### Changes in Version 4

Updated Records in this Version shown as Date of Record

| Event | Grade |                 | Name            | Club               | Result | Wind | Location     | Date      |
|-------|-------|-----------------|-----------------|--------------------|--------|------|--------------|-----------|
| 60 m  | W60   | Existing Record | Veronica Gould  | Wellington Masters | 9.40s  |      | Newtown Park | 9-Mar-13  |
| 60 m  | W60   | New Record      | Petra Stoeveken | Kiwi               | 9.33 s |      | Newtown Park | 21-Mar-26 |

### Changes in Version 5

Updated Records in this Version shown as Date of Record

| Event         | Grade | Record             | Name            | Club     | Result     | Wind | Location   | Date      |
|---------------|-------|--------------------|-----------------|----------|------------|------|------------|-----------|
| Half Marathon | W65   | New Zealand Record | Betty Harp      | Scottish | 1h 37m 25s |      |            | 29-Jun-25 |
| Half Marathon | W65   | Wellington Record  | Betty Harp      | Scottish | 1h 37m 25s |      | Wellington | 29-Jun-25 |
| Half Marathon | W65   | New Zealand Record | Betty Harp      | Scottish | 1h 35m 45s |      | Wellington | 28-Jun-26 |
| Half Marathon | W65   | Wellington Record  | Betty Harp      | Scottish | 1h 35m 45s |      | Wellington | 28-Jun-26 |
| Half Marathon | W70   | New Zealand Record | Michele Allison | Scottish | 1h 49m 19s |      |            | 18-Feb-26 |
| Half Marathon | W70   | Wellington Record  | no record       |          |            |      |            |           |
| Half Marathon | W70   | New Zealand Record | Michele Allison | Scottish | 1h 48m 01s |      | Wellington | 28-Jun-26 |
| Half Marathon | W70   | Wellington Record  | Michele Allison | Scottish | 1h 48m 01s |      | Wellington | 28-Jun-26 |

## Wellington Women's Masters Records to 10 July 26

| Sheet | Event Class                           | Event                                                                                          |
|-------|---------------------------------------|------------------------------------------------------------------------------------------------|
| 1     | Cover Sheet                           |                                                                                                |
| 2     | Index                                 |                                                                                                |
| 3     | Sprints                               | 60m                                                                                            |
| 3     | Sprints                               | 100m                                                                                           |
| 3     | Sprints                               | 200m                                                                                           |
| 3     | Sprints                               | 400m                                                                                           |
| 4     | Middle Distance                       | 800m                                                                                           |
| 4     | Middle Distance                       | 1500m                                                                                          |
| 4     | Middle Distance                       | Mile                                                                                           |
| 4     | Middle Distance                       | 3000m                                                                                          |
| 5     | Distance                              | 5000m                                                                                          |
| 5     | Distance                              | 10000m                                                                                         |
| 5     | Distance                              | Half Marathon (Best Performances)                                                              |
| 5     | Distance                              | Marathon (Best Performances)                                                                   |
| 6     | Steeples                              | 2000m SC                                                                                       |
| 7     | Short Hurdles                         | 80mH (7m between hurdles)                                                                      |
| 7     | Short Hurdles                         | 100mH                                                                                          |
| 7     | Short Hurdles                         | 110mH                                                                                          |
| 7     | Long Hurdles                          | 200mH                                                                                          |
| 7     | Long Hurdles                          | 300mH                                                                                          |
| 7     | Long Hurdles                          | 400mH                                                                                          |
| 8     | Walks                                 | 1500mW                                                                                         |
| 8     | Walks                                 | 3000mW                                                                                         |
| 8     | Walks                                 | 5000mW                                                                                         |
| 8     | Walks                                 | 10000mW                                                                                        |
| 9     | Walks                                 | 10km Road Walk (Best Performances)                                                             |
| 9     | Walks                                 | 20km Road Walk (Best Performances)                                                             |
| 10    | Jumps                                 | High Jump                                                                                      |
| 10    | Jumps                                 | Long Jump                                                                                      |
| 10    | Jumps                                 | Triple Jump                                                                                    |
| 10    | Jumps                                 | Pole Vault                                                                                     |
| 11    | Throws                                | Discus                                                                                         |
| 11    | Throws                                | Hammer                                                                                         |
| 11    | Throws                                | Javelin                                                                                        |
| 11    | Throws                                | Shot Put                                                                                       |
| 12    | Throws                                | Weight Throw                                                                                   |
| 13    | Combined Events                       | Pentathlon (International Men: Long, Javelin, 200m, Discus, 1500m)                             |
| 13    | Combined Events                       | Decathlon (100m, Long, Shot, High, 400m, Short Hurdles, Discus, Pole Vault, Javelin, 1500m)    |
| 13    | Combined Events                       | Throws Pentathlon (Hammer, Shot, Discus, Javelin, Weight)                                      |
| 14    | Combined Events                       | Pentathlon (International Women: Short Hurdles, High, Shot, Long, 800m)                        |
| 15    | Archived Records no longer maintained | <i>Retired implements or non-standard distances and W30</i>                                    |
| 15    | Archived Records no longer maintained | <b>100m</b>                                                                                    |
| 15    | Archived Records no longer maintained | <b>200m</b>                                                                                    |
| 15    | Archived Records no longer maintained | <b>400m</b>                                                                                    |
| 15    | Archived Records no longer maintained | <b>800m</b>                                                                                    |
| 15    | Archived Records no longer maintained | <b>1500m</b>                                                                                   |
| 15    | Archived Records no longer maintained | <b>3000m</b>                                                                                   |
| 15    | Archived Records no longer maintained | <b>5000m</b>                                                                                   |
| 15    | Archived Records no longer maintained | <b>10000m</b>                                                                                  |
| 15    | Archived Records no longer maintained | <b>Marathon</b>                                                                                |
| 15    | Archived Records no longer maintained | <b>100mH</b>                                                                                   |
| 15    | Archived Records no longer maintained | <b>80mH (8m)</b>                                                                               |
| 15    | Archived Records no longer maintained | <b>100mH</b>                                                                                   |
| 15    | Archived Records no longer maintained | <b>200mH</b>                                                                                   |
| 15    | Archived Records no longer maintained | <b>300mH</b>                                                                                   |
| 15    | Archived Records no longer maintained | <b>Long Jump</b>                                                                               |
| 15    | Archived Records no longer maintained | <b>Triple Jump</b>                                                                             |
| 15    | Archived Records no longer maintained | <b>Discus</b>                                                                                  |
| 15    | Archived Records no longer maintained | <b>Hammer</b>                                                                                  |
| 15    | Archived Records no longer maintained | <b>Javelin</b>                                                                                 |
| 15    | Archived Records no longer maintained | <b>Shot Put</b>                                                                                |
| 15    | Archived Records no longer maintained | <b>Weight</b>                                                                                  |
| 16    | Archived Records no longer maintained | Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)                                         |
| 16    | Archived Records no longer maintained | Weight Pentathlon (Hammer, Shot, Discus, Javelin, Weight)                                      |
| 16    | Archived Records no longer maintained | Pentathlon (NZ Women: 200m, Long, Shot, Javelin [pre-1999 model], 800m)                        |
| 16    | Archived Records no longer maintained | Pentathlon (NZ Women: 200m, Long, Shot, Javelin [old weight 4.0kg], 800m)                      |
| 16    | Archived Records no longer maintained | Weight Pentathlon (Hammer, Shot, Discus, Javelin [old weight 4.0kg or pre-1999 model], Weight) |
| 16    | Archived Records no longer maintained | Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin [old weight 4.0kg], 800m)           |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event          | Grade | Name | Club | Result | Wind | Location | Date |
|----------------|-------|------|------|--------|------|----------|------|
| <b>Sprints</b> |       |      |      |        |      |          |      |

**60m**

|     |                 |                    |        |      |  |              |           |
|-----|-----------------|--------------------|--------|------|--|--------------|-----------|
| W35 | Vanessa Story   | Wellington Masters | 8.60s  |      |  | Nelson       | 1-Dec-12  |
| W40 | Vanessa Story   | Wellington Masters | 8.43s  | -1.1 |  | Otago        | 27-Feb-16 |
| W45 | Petra Stoeveken | Wellington Masters | 8.82s  | 1.2  |  | Newton Park  | 14-Feb-15 |
| W50 | Petra Stoeveken | Wellington Masters | 8.76s  | -1.4 |  | Otago        | 27-Feb-16 |
| W55 | Petra Stoeveken | Wellington Masters | 9.18s  | -0.9 |  | Newtown Park | 12-Feb-22 |
| W60 | Petra Stoeveken | Kiwi               | 9.33 s |      |  | Newtown Park | 21-Mar-26 |
| W65 | Veronica Gould  | Wellington Masters | 9.66s  | 0.9  |  | Newtown Park | 24-Mar-18 |
| W70 | Veronica Gould  | Wellington Masters | 9.82s  | 0.8  |  | Hastings     | 29-Feb-20 |
| W75 | Judy Hammond    | Wellington Masters | 11.01s | 1.1  |  | Hamilton     | 23-Nov-12 |
| W80 | Judy Hammond    | Wellington Masters | 11.86s | -0.3 |  | Dunedin      | 22-Jan-18 |

**100m**

|     |                 |                     |        |      |  |              |           |
|-----|-----------------|---------------------|--------|------|--|--------------|-----------|
| W35 | Penny Hunt      |                     | 12.70s |      |  | Wellington   | 1984      |
| W40 | Penny Hunt      |                     | 13.20s |      |  | Christchurch | 1992      |
| W45 | Penny Hunt      |                     | 13.56s |      |  | Auckland     | 1993      |
| W50 | Petra Stoeveken | Wellington Masters  | 13.76s | -0.1 |  | Dunedin      | 27-Feb-16 |
| W55 | Veronica Gould  | Wellington Harriers | 14.10s | -1.2 |  | Newtown Park | 26-Jan-08 |
| W60 | Colleena Blair  | Wellington Masters  | 14.90s |      |  |              |           |
| W65 | Veronica Gould  | Wellington Masters  | 15.20s |      |  | Newtown Park | 12-Oct-13 |
| W70 | Veronica Gould  | Wellington Masters  | 16.06s | 1.2  |  | Newtown Park | 25-Jan-20 |
| W75 | Judy Hammond    | Wellington Masters  | 18.41s | -1.2 |  | Hamilton     | 23-Nov-12 |
| W80 | Judy Hammond    | Wellington Masters  | 19.98s | 0.16 |  | Inglewood    | 26-Nov-17 |

**200m**

|     |                 |                     |        |      |  |              |           |
|-----|-----------------|---------------------|--------|------|--|--------------|-----------|
| W35 | Penny Hunt      |                     | 26.36s |      |  |              |           |
| W40 | Vanessa Story   | Wellington Masters  | 27.21s | -0.3 |  | Otago        | 28-Feb-16 |
| W45 | Penny Hunt      |                     | 27.54s |      |  | Auckland     | 1993      |
| W50 | Petra Stoeveken | Kiwi Athletic       | 29.18s | -0.6 |  | Newtown Park | 15-Dec-18 |
| W55 | Veronica Gould  | Wellington Harriers | 30.26s |      |  |              |           |
| W60 | Judy Hammond    | Kapiti              | 31.90s |      |  |              |           |
| W65 | Veronica Gould  | Wellington Masters  | 33.09s | 0.0  |  | Newtown Park | 19-Feb-17 |
| W70 | Veronica Gould  | Wellington Masters  | 34.73s | 1.5  |  | Newtown Park | 25-Jan-20 |
| W75 | Judy Hammond    | Wellington Masters  | 41.53s |      |  | Darwin       | 10-Jun-17 |
| W80 | Judy Hammond    | Wellington Masters  | 43.48s | 1.8  |  | Dunedin      | 20-Jan-18 |

**400m**

|     |                 |                    |        |  |  |              |           |
|-----|-----------------|--------------------|--------|--|--|--------------|-----------|
| W35 | Pam Graham      | Scottish           | 64.87s |  |  |              |           |
| W40 | Vanessa Story   | Wellington Masters | 60.35s |  |  | Newtown Park | 19-Nov-16 |
| W45 | Vanessa Story   | Wellington Masters | 65.87s |  |  | Hastings     | 28-Feb-20 |
| W50 | Petra Stoeveken | Kiwi Athletic      | 69.15s |  |  | Newtown Park | 23-Nov-18 |
| W55 | Judy Hammond    | Kapiti             | 73.90s |  |  |              |           |
| W60 | Judy Hammond    | Kapiti             | 74.30s |  |  |              |           |
| W65 | Judy Hammond    | Kapiti             | 85.44s |  |  |              |           |
| W70 | Judy Hammond    | Kapiti             | 88.51s |  |  | Inglewood    | 18-Feb-09 |
| W75 | Judy Hammond    | Wellington Masters | 97.02s |  |  | Whangarei    | 2013      |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event                  | Grade | Name | Club | Result | Wind | Location | Date |
|------------------------|-------|------|------|--------|------|----------|------|
| <b>Middle Distance</b> |       |      |      |        |      |          |      |

**800m**

|     |                |                     |           |  |                  |           |
|-----|----------------|---------------------|-----------|--|------------------|-----------|
| W35 | Renae Creser   | Olympic             | 2m 26.56s |  |                  | 2011      |
| W40 | Anne Hare      | Scottish            | 2m 17.06s |  | Newtown Park     | 18-Feb-06 |
| W45 | Tamara Winkler | Wellington Harriers | 2m 18.16s |  | Newtown Park     | 1-Feb-26  |
| W50 | Heather Walker | Scottish            | 2m 24.52s |  | Masterton        | 15-Jan-23 |
| W55 | Liz Bentley    | Scottish            | 2m 53.40s |  | Newtown Park     | 27-Mar-21 |
| W60 | Liz Bentley    | Scottish            | 2m 54.67s |  | Newtown Park     | 4-Feb-22  |
| W65 | Peggy Fletcher |                     | 3m 10.29s |  |                  | 1996      |
| W70 | Judy Hammond   | Kapiti              | 3m 53.14s |  | Townsville       | 29-Jul-08 |
| W75 | Judy Hammond   | Wellington Masters  | 4m 36.70s |  | Palmerston North | 7-Oct-12  |
| W80 | Judy Hammond   | Wellington Masters  | 5m 07.55s |  | Dunedin          | 21-Jan-18 |

**1500m**

|     |                 |          |           |  |                     |           |
|-----|-----------------|----------|-----------|--|---------------------|-----------|
| W35 | Tina Faulkner   | Scottish | 4m 26.93s |  | AUT Millennium, Akl | 19-Dec-17 |
| W40 | Anne Hare       | Scottish | 4m 35.74s |  | Christchurch        | 27-Jan-06 |
| W45 | Anne Hare       | Scottish | 4m 48.69s |  | Newtown Park        | 24-Oct-09 |
| W50 | Heather Walker  | Scottish | 4m 54.42s |  | Masterton           | 14-Jan-23 |
| W55 | Jenny McDonald  |          | 5m 17.82s |  | Newtown Park        | 9-Mar-13  |
| W60 | Peggy Fletcher  |          | 5m 58.04s |  |                     |           |
| W65 | Michele Allison | Scottish | 6m 15.85s |  | Masterton           | 28-Nov-20 |
| W70 | Judy Hammond    |          | 8m 28.0s  |  | Palmerston North    | 16-Oct-11 |

**Mile**

|     |                  |                     |           |  |               |           |
|-----|------------------|---------------------|-----------|--|---------------|-----------|
| W35 | Tina Faulkner    | Scottish            | 4m 53.41s |  | Timaru        | 6-Jan-18  |
| W40 | Anne Hare        | Scottish            | 4m 58.89s |  | Wanganui      | 11-Feb-06 |
| W45 | Tamara Winkler   | Wellington Harriers | 5m 2.90s  |  | Cooks Gardens | 24-Jan-26 |
| W50 | Heather Walker   | Scottish            | 5m 21.85s |  | Newtown Park  | 17-Dec-22 |
| W55 | Helen Willis     | Scottish            | 7m 02.98s |  | Newtown Park  | 14-Dec-19 |
| W60 | Liz Bentley      | Scottish            | 7m 10.41s |  | Newtown Park  | 17-Dec-22 |
| W65 | Betty Harp       | Scottish            | 6m 43.12s |  | Newtown Park  | 19-Dec-25 |
| W70 | <i>no record</i> |                     |           |  |               |           |
| W75 | Kathrine Switzer | Victoria University | 8m 39.96s |  | Cooks Garden  | 25-Jan-25 |

**3000m**

|     |                    |                     |            |  |                     |           |
|-----|--------------------|---------------------|------------|--|---------------------|-----------|
| W35 | Vicki Humphries    | Wellington Harriers | 10m 14.87s |  |                     |           |
| W40 | Nyla Carol         |                     | 9m 53.94s  |  |                     |           |
| W45 | Gabrielle O'Rourke |                     | 10m 22.69s |  | Newtown Park        | 25-Jan-13 |
| W50 | Heather Walker     | Scottish            | 10m 38.80s |  | Palmerston North    | 2-Dec-23  |
| W55 | Bernie Portenski   | Scottish            | 10m 38.7s  |  |                     | 2005      |
| W60 | Bernie Portenski   | Scottish            | 11m 10.10s |  | Newtown Park        | 19-Feb-11 |
| W65 | Michele Allison    | Scottish            | 12m 27.51s |  | Newtown Park        | 2-Dec-22  |
| W70 | Michele Allison    | Scottish            | 13m 48.81s |  | Saxton Field, Stoke | 24-Jan-26 |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event           | Grade | Name | Club | Result | Wind | Location | Date |
|-----------------|-------|------|------|--------|------|----------|------|
| <b>Distance</b> |       |      |      |        |      |          |      |

**5000m**

|     |                  |          |            |  |                     |           |
|-----|------------------|----------|------------|--|---------------------|-----------|
| W35 | Ngaire Drake     |          | 16m 47.63s |  |                     |           |
| W40 | Nyla Carol       | Scottish | 16m 45.74s |  | QEII, Christchurch  | 26-Mar-10 |
| W45 | Bernie Portenski | Scottish | 17m 32.13s |  |                     |           |
| W50 | Bernie Portenski | Scottish | 17m 22.22s |  |                     |           |
| W55 | Bernie Portenski | Scottish | 17m 56.05s |  |                     |           |
| W60 | Bernie Portenski | Scottish | 18m 51.13s |  |                     | 2010      |
| W65 | Michele Allison  | Scottish | 21m 23.94s |  | Newtown Park        | 4-Dec-22  |
| W70 | Michele Allison  | Scottish | 23m 19.99s |  | Saxton Field, Stoke | 24-Jan-26 |

**10000m**

|     |                  |          |            |  |              |          |
|-----|------------------|----------|------------|--|--------------|----------|
| W35 | Ngaire Drake     |          | 35m 11.3s  |  |              |          |
| W40 | Bernie Portenski | Scottish | 34m 48.95s |  |              | 1993     |
| W45 | Bernie Portenski | Scottish | 35m 35.5s  |  |              |          |
| W50 | Bernie Portenski | Scottish | 36m 34.24s |  |              |          |
| W55 | Bernie Portenski | Scottish | 37m 22.37s |  |              | 2006     |
| W60 | Bernie Portenski | Scottish | 39m 04.23s |  |              | 2010     |
| W65 | Michele Allison  | Scottish | 44m 41.87s |  | Newtown Park | 5-Dec-20 |
| W70 | Betty Meyers     |          | 73m 55.63s |  |              |          |

**Half Marathon (Best Performances)**

|     |                 |                     |            |  |              |           |
|-----|-----------------|---------------------|------------|--|--------------|-----------|
| W35 | Sarah Drought   | Wellington Harriers | 1h 13.41s  |  | Christchurch | 21-Apr-23 |
| M40 | no record       |                     |            |  |              |           |
| M45 | no record       |                     |            |  |              |           |
| M50 | no record       |                     |            |  |              |           |
| M55 | no record       |                     |            |  |              |           |
| M60 | no record       |                     |            |  |              |           |
| W65 | Betty Harp      | Scottish            | 1h 35m 45s |  | Wellington   | 28-Jun-26 |
| W70 | Michele Allison | Scottish            | 1h 48m 01s |  | Wellington   | 28-Jun-26 |
| M75 | no record       |                     |            |  |              |           |
| M80 | no record       |                     |            |  |              |           |
| M85 | no record       |                     |            |  |              |           |
| M90 | no record       |                     |            |  |              |           |

**Marathon (Best Performances)**

|     |                   |                     |            |  |              |           |
|-----|-------------------|---------------------|------------|--|--------------|-----------|
| W35 | Ingrid Cree       | Olympic             | 2h 50m 39s |  | Auckland     | 30-Oct-22 |
| W40 | Bernie Portenski  | Scottish            | 2h 34m 39s |  |              | 1992      |
| W45 | Bernie Portenski  | Scottish            | 2h 43m 38s |  |              |           |
| W50 | Catherine Bradock | Wellington Harriers | 3h 07m 43s |  | Wellington   | 23-Jun-24 |
| W55 | Betty Harp        | Scottish            | 3h 56m 19s |  | Christchurch | 2-Jun-19  |
| W60 | Bernie Portenski  | Scottish            | 3h 01m 30s |  |              | 2010      |
| W65 | Betty Harp        | Scottish            | 3h 45m 50s |  | Rotorua      | 3-May-25  |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event           | Grade | Name | Club | Result | Wind | Location | Date |
|-----------------|-------|------|------|--------|------|----------|------|
| <b>Steeples</b> |       |      |      |        |      |          |      |

**2000m SC**

|            |     |                   |                     |            |  |              |           |
|------------|-----|-------------------|---------------------|------------|--|--------------|-----------|
| 0.762m/30" | W35 | Vicki Humphries   | Wellington Harriers | 7m 47.36s  |  |              |           |
| 0.762m/30" | W40 | Michelle Van Looy | Olympic             | 8m 01.88s  |  | Masterton    | 21-Feb-15 |
| 0.762m/30" | W45 | J Stewart         |                     | 8m 10.5s   |  |              |           |
| 0.762m/30" | W50 | Katie Jenkins     | Olympic             | 7m 52.85s  |  | Newtown Park | 21-Mar-26 |
| 0.762m/30" | W55 | T Brown           |                     | 9m 29.8s   |  |              |           |
| 0.762m/30" | W60 | F McCracken       |                     | 11m 32.28s |  |              |           |
| 0.762m/30" | W65 | Michele Alluson   | Scottish            | 9m 18.61s  |  | Masterton    | 28-Nov-20 |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event          | Grade | Name | Club | Result | Wind | Location | Date |
|----------------|-------|------|------|--------|------|----------|------|
| <b>Hurdles</b> |       |      |      |        |      |          |      |

**Short Hurdles 80mH (8m between hurdles)**

|            |     |            |  |        |  |              |      |
|------------|-----|------------|--|--------|--|--------------|------|
| 0.762m/30" | W40 | Penny Hunt |  | 13.2s  |  | Christchurch | 1992 |
| 0.762m/30" | W45 | Penny Hunt |  | 13.50s |  | Auckland     | 1993 |

**80mH (7m between hurdles)**

|            |     |                  |                    |        |  |  |      |
|------------|-----|------------------|--------------------|--------|--|--|------|
| 0.762m/30" | W50 | <i>no record</i> |                    |        |  |  |      |
| 0.762m/30" | W55 | <i>no record</i> |                    |        |  |  |      |
| 0.686m/27" | W60 | Colleena Blair   | Wellington Masters | 16.64s |  |  |      |
| 0.686m/27" | W65 | Colleena Blair   | Wellington Masters | 17.35s |  |  | 1995 |
| 0.686m/27" | W70 | <i>no record</i> |                    |        |  |  |      |

**100mH**

|            |     |            |  |        |  |            |      |
|------------|-----|------------|--|--------|--|------------|------|
| 0.840m/33" | W35 | Penny Hunt |  | 15.40s |  | Wellington | 1984 |
|------------|-----|------------|--|--------|--|------------|------|

**Long Hurdles****200mH**

|            |     |                  |  |  |  |  |  |
|------------|-----|------------------|--|--|--|--|--|
| 0.686m/27" | W70 | <i>no record</i> |  |  |  |  |  |
|------------|-----|------------------|--|--|--|--|--|

**300mH**

|            |     |                  |        |        |  |  |      |
|------------|-----|------------------|--------|--------|--|--|------|
| 0.762m/30" | W50 | P Scholes        |        | 61.81s |  |  |      |
| 0.762m/30" | W55 | <i>no record</i> |        |        |  |  |      |
| 0.686m/27" | W60 | Judy Hammond     | Kapiti | 65.90s |  |  |      |
| 0.686m/27" | W65 | Judy Hammond     | Kapiti | 71.04s |  |  | 2004 |

**400mH**

|            |     |                  |  |        |  |            |           |
|------------|-----|------------------|--|--------|--|------------|-----------|
| 0.762m/30" | W35 | <i>no record</i> |  |        |  |            |           |
| 0.762m/30" | W40 | Andrea Williams  |  | 81:04s |  | Hawkes Bay | 29-Nov-14 |
| 0.762m/30" | W45 | <i>no record</i> |  |        |  |            |           |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event        | Grade | Name | Club | Result | Wind | Location | Date |
|--------------|-------|------|------|--------|------|----------|------|
| <b>Walks</b> |       |      |      |        |      |          |      |

**1500mW**

|     |                   |                    |            |  |              |           |
|-----|-------------------|--------------------|------------|--|--------------|-----------|
| W35 | Kathryn Fraser    | Scottish           | 9m 35.18s  |  |              |           |
| W40 | Brenda Burke      | Scottish           | 9m 35.71s  |  |              |           |
| W45 | K Blyth           |                    | 10m 05.05s |  |              |           |
| W50 | Robin McArthur    |                    | 8m 35.44s  |  | Newtown Park | 5-Feb-11  |
| W55 | Teri Grimmett     | Scottish           | 8m 35.64s  |  | Newtown Park | 2013      |
| W60 | Barbara Tucker    |                    | 9m 44.17s  |  | Newtown Park | 5-Feb-11  |
| W65 | Jacqueline Wilson | Wellington Masters | 8m 56.63s  |  | Newtown Park | 14-Feb-15 |
| W70 | Jacqueline Wilson | Wellington Masters | 8m 55.65s  |  | Auckland     | 26-Apr-17 |
| W75 | Jacqueline Wilson | Wellington Masters | 9m 52.44s  |  | Sydney       | 10-Mar-23 |
| W80 | Jacqueline Wilson | Trentham United    | 10m 21.95s |  | Inglewood    | 14-Mar-26 |

**3000mW**

|     |                   |                    |            |  |                  |           |
|-----|-------------------|--------------------|------------|--|------------------|-----------|
| W35 | Kristeene Parkes  | Scottish           | 20m 54.33s |  |                  |           |
| W40 | Arlene Wong-Tung  | Scottish           | 20m 30.49s |  | Palmerston North | 25-Nov-16 |
| W45 | Amelia De Lorenzo | Scottish           | 16m 40.13s |  | Newtown Park     | 28-Oct-06 |
| W50 | Robyn McArthur    |                    | 17m 26.89s |  | Newtown Park     | 23-Jan-12 |
| W55 | Teri Grimmett     | Scottish           | 17m 44.64s |  | Newtown Park     | 2013      |
| W60 | F McCracken       |                    | 19m 02.5s  |  |                  |           |
| W65 | Jacqueline Wilson | Wellington Masters | 18m 35.89s |  | Newton Park      | 15-Feb-15 |
| W70 | Jacqueline Wilson | Wellington Masters | 18m 27.80s |  | Dunedin          | 26-Jan-18 |
| W75 | Jacqueline Wilson | Wellington Masters | 19m 18.90s |  | Inglewood        | 26-Feb-21 |
| W80 | Jacqueline Wilson | Trentham United    | 21m 44.86s |  | Inglewood        | 13-Mar-26 |

**5000mW**

|     |                   |                    |            |  |                  |           |
|-----|-------------------|--------------------|------------|--|------------------|-----------|
| W35 | <i>no record</i>  |                    |            |  |                  |           |
| W40 | Amelia De Lorenzo | Scottish           | 27m 08.10s |  |                  |           |
| W45 | A Bowles          |                    | 33m 48.0s  |  |                  |           |
| W50 | Terri Grimmett    | Scottish           | 29m .54.22 |  | Melbourne        | 6-Apr-12  |
| W55 | Terri Grimmett    | Scottish           | 32m 40.71s |  | Palmerston North | 27-Nov-16 |
| W60 | Barbara Tucker    | Scottish           | 32m45.77   |  |                  |           |
| W65 | Sue Hoskin        | Scottish           | 31m 38.35s |  | Perth            | 26-Oct-16 |
| W70 | Jacqueline Wilson | Wellington Masters | 31m 43.15s |  | Perth            | 26-Oct-16 |
| W75 | Jacqueline Wilson | Wellington Masters | 31m 58.65s |  | Inglewood        | 28-Feb-21 |
| W80 | Jacqueline Wilson | Trentham United    | 37m 46.13s |  | Inglewood        | 15-Mar-26 |

**10000mW**

|     |                   |                            |             |  |                  |           |
|-----|-------------------|----------------------------|-------------|--|------------------|-----------|
| W35 | <i>no record</i>  |                            |             |  |                  |           |
| W40 | Arlene Wong-Tung  | Scottish                   | 1:11:59.95s |  | Newtown Park     | 3-Dec-16  |
| W45 | Arlene Wong-Tung  | Scottish                   | 1:11:45.45s |  | Newtown Park     | 9-Nov-19  |
| W50 | Terri Grimmett    | Scottish                   | 1.03.18.36s |  | Newtown Park     | 17-Mar-12 |
| W55 | Teri Grimmett     | Scottish                   | 1.02.56s    |  | Palmerston North | 8-Sep-13  |
| W60 | Noeleen Perry     | Wellington Marathon Clinic | 1.07m 34.1s |  |                  |           |
| W65 | Jacqueline Wilson | Wellington Masters         | 1.05.32s    |  | Newtown Park     | 21-Mar-15 |
| W70 | Jacqueline Wilson | Wellington Masters         | 1:05:07.75s |  | Newtown Park     | 3-Dec-16  |
| W75 | Daphne Jones      | Scottish                   | 1:15:02.85s |  | Newtown Park     | 9-Nov-19  |
| W80 | Daphne Jones      | Scottish                   | 1:23:48.36s |  | Newtown Park     | 13-Nov-21 |



## Wellington Women's Masters Records to 10 July 26

**Women**

| Event                  | Grade | Name | Club | Result | Wind | Location | Date |
|------------------------|-------|------|------|--------|------|----------|------|
| <b>Walks continued</b> |       |      |      |        |      |          |      |

**10km Road Walk (Best Performances)**

|     |                   |                            |            |  |                        |             |
|-----|-------------------|----------------------------|------------|--|------------------------|-------------|
| W35 | Melanie Watson    | Wellington Masters         | 75m 32s    |  |                        |             |
| W40 | Amelia De Lorenzo | Scottish                   | 57m 00s    |  |                        |             |
| W45 | Maryanne Palmer   | Scottish                   | 68m 22s    |  |                        |             |
| W50 | Robyn McArthur    | Scottish                   | 59m 24.36s |  |                        |             |
| W55 | Teri Grimmett     | Scottish                   | 61m 11s    |  |                        |             |
| W60 | Noeleen Perry     | Wellington Marathon Clinic | 67m 35s    |  |                        |             |
| W65 | Jacqueline Wilson | Wellington Masters         | 64m 11s    |  | Wellington             | 1 Sep 2012  |
|     | Sue Hoskin        | Scottish                   |            |  | Perth                  | 31 Oct 2016 |
| W70 | Jacqueline Wilson | Wellington Masters         | 62m 52s    |  | Korea                  | 31-Mar-17   |
| W75 | Jacqueline Wilson | Wellington Masters         | 67m 57s    |  | Twin Lakes, Wellington | 2-Oct-21    |
| W80 | Daphne Jones      | Scottish                   | 82m 47s    |  | Upper Hutt             | 25-Sep-22   |

**20km Road Walk (Best Performances)**

|     |                   |                    |             |  |                 |          |
|-----|-------------------|--------------------|-------------|--|-----------------|----------|
| W35 | <i>no record</i>  |                    |             |  |                 |          |
| W40 | <i>no record</i>  |                    |             |  |                 |          |
| W45 | <i>no record</i>  |                    |             |  |                 |          |
| W50 | Robyn McArthur    | Scottish           | 2hr 16m25s  |  | Trentham C.I.T. | 7-Mar-11 |
| W55 | Teri Grimmett     | Scottish           | 2hr 09m 54s |  |                 | 8-Sep-13 |
| W60 | <i>no record</i>  |                    |             |  |                 |          |
| W65 | Jacqueline Wilson | Wellington Masters | 2hr 18m44s  |  | Trentham C.I.T. | 7-Oct-13 |
| W70 | Jacqueline Wilson | Wellington Masters | 2hr 17m02s  |  | Perth           | 5-Nov-16 |
| W75 | Jacqueline Wilson | Wellington Masters | 2hr 25m37s  |  | Tampere         | 6-Jul-22 |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event        | Grade | Name | Club | Result | Wind | Location | Date |
|--------------|-------|------|------|--------|------|----------|------|
| <b>Jumps</b> |       |      |      |        |      |          |      |

**High Jump**

|     |                |                     |       |  |  |              |           |
|-----|----------------|---------------------|-------|--|--|--------------|-----------|
| W35 | P Workman      |                     | 1.32m |  |  |              |           |
| W40 | Sahar Lin      | Kiwi Athletic       | 1.40m |  |  | Newtown Park | 4-Nov-23  |
| W45 | G Dick         |                     | 1.13m |  |  |              |           |
| W50 | G Dick         |                     | 1.17m |  |  |              |           |
| W55 | Veronica Gould | Wellington Harriers | 1.15m |  |  | Newtown Park | 4-Feb-07  |
| W60 | Heather May    |                     | 1.17m |  |  |              |           |
| W65 | Judy Hammond   | Kapiti              | 1.10m |  |  |              |           |
| W70 | Judy Hammond   | Kapiti              | 1.08m |  |  | Newtown Park | 29-Mar-08 |
| W75 | Judy Hammond   | Wellington Masters  | 1.06m |  |  | Nelson       | 15-Jan-13 |
| W80 | Judy Hammond   | Wellington Masters  | 0.99m |  |  | Wanganui     | 18-Feb-18 |

**Long Jump**

|     |                 |                     |       |      |  |              |           |
|-----|-----------------|---------------------|-------|------|--|--------------|-----------|
| W35 | P Workman       |                     | 4.36m |      |  |              |           |
| W40 | Penny Hunt      |                     | 4.35m |      |  | Christchurch | 1992      |
| W45 | Penny Hunt      |                     | 4.44m |      |  |              |           |
| W50 | Petra Stoeveken | Kiwi Athletic       | 4.23m | 0.00 |  | Newtown Park | 24-Nov-18 |
| W55 | Veronica Gould  | Wellington Harriers | 4.15m |      |  |              |           |
| W60 | Colleena Blair  | Wellington Masters  | 3.79m |      |  |              |           |
| W65 | Veronica Gould  | Wellington Masters  | 3.57m |      |  | Newtown Park | 25-Feb-17 |
| W70 | Veronica Gould  | Wellington Masters  | 3.38m | 0.4  |  | Hastings     | 29-Feb-20 |
| W75 | Judy Hammond    | Wellington Masters  | 2.95m |      |  | Nelson       | 1-Dec-12  |
| W80 | Judy Hammond    | Wellington Masters  | 2.73m | 0.4  |  | Dunedin      | 22-Jan-18 |

**Triple Jump**

|     |                |                     |       |  |  |            |          |
|-----|----------------|---------------------|-------|--|--|------------|----------|
| W35 | P Workman      |                     | 9.32m |  |  |            |          |
| W40 | Lynne Plimmer  | Wellington Masters  | 8.13m |  |  | Inglewood  | 2-Mar-08 |
| W45 | Penny Hunt     |                     | 9.44m |  |  | Wellington | 1994     |
| W50 | P Scholes      |                     | 7.43m |  |  |            |          |
| W55 | Veronica Gould | Wellington Harriers | 8.27m |  |  |            |          |
| W60 | Colleena Blair | Wellington Masters  | 7.76m |  |  |            |          |
| W65 | Colleena Blair | Wellington Masters  | 7.30m |  |  |            |          |
| W70 | Colleena Blair | Wellington Masters  | 6.38m |  |  |            |          |
| W75 | Colleena Blair | Wellington Masters  | 5.08m |  |  |            |          |

**Pole Vault**

|  |                   |  |  |  |  |  |  |
|--|-------------------|--|--|--|--|--|--|
|  | <i>no records</i> |  |  |  |  |  |  |
|--|-------------------|--|--|--|--|--|--|

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event         | Grade | Name | Club | Result | Wind | Location | Date |
|---------------|-------|------|------|--------|------|----------|------|
| <b>Throws</b> |       |      |      |        |      |          |      |

**Discus**

|        |     |                  |                    |        |  |              |           |
|--------|-----|------------------|--------------------|--------|--|--------------|-----------|
| 1.0kg  | W35 | Nicole Macquet   | Wellington Masters | 37.31m |  | Newtown Park |           |
| 1.0kg  | W40 | Nicole Macquet   | Wellington Masters | 34.98m |  | Newtown Park | 19-Feb-17 |
| 1.0kg  | W45 | Michelle Scriven | Wellington Masters | 26.99m |  | Newton Park  | 15-Feb-15 |
| 1.0kg  | W50 | Michelle Scriven | Wellington Masters | 25.01m |  | Inglewood    | 27-Feb-21 |
| 1.0kg  | W55 | Colleena Blair   | Wellington Masters | 21.86m |  |              |           |
| 1.0kg  | W60 | Colleena Blair   | Wellington Masters | 22.20m |  |              |           |
| 1.0kg  | W65 | Heather May      |                    | 21.98m |  |              |           |
| 1.0kg  | W70 | Heather May      |                    | 20.30m |  |              | 1993      |
| 0.75kg | W75 | Colleena Blair   | Wellington Masters | 15.59m |  |              |           |
| 0.75kg | W80 | Colleena Blair   | Wellington Masters | 12.98m |  | Hastings     | 2011      |

**Hammer**

|       |     |                  |                     |        |  |              |           |
|-------|-----|------------------|---------------------|--------|--|--------------|-----------|
| 4.0kg | W35 | Nicole Macquet   | Wellington Masters  | 27.75m |  | Newtown Park | 20-Mar-13 |
| 4.0kg | W40 | Michelle Ward    | Wellington Masters  | 29.91m |  | Newtown Park | 2015      |
| 4.0kg | W45 | Michelle Scriven | Wellington Masters  | 28.38m |  | Nelson       | 4-Mar-17  |
| 3.0kg | W50 | Michelle Scriven | Wellington Masters  | 29.51m |  | Inglewood    | 27-Feb-21 |
| 3.0kg | W55 | Veronica Gould   | Wellington Harriers | 24.20m |  | Newtown Park | 4-Feb-07  |
| 3.0kg | W60 | Veronica Gould   | Wellington Masters  | 19.30m |  | Newtown Park | 1-Mar-13  |
| 3.0kg | W65 | Heather May      |                     | 28.60m |  |              |           |
| 3.0kg | W70 | Heather May      |                     | 27.30m |  |              | 1993      |
| 2.0kg | W75 | Heather May      |                     | 19.46m |  |              |           |
| 2.0kg | W80 | Colleena Blair   | Wellington Masters  | 13.65m |  | Newtown Park | 2011      |

**Javelin**

|      |     |                  |                    |        |  |              |           |
|------|-----|------------------|--------------------|--------|--|--------------|-----------|
| 600g | W35 | Kullike Puks     | Kiwi Athletic      | 29.61m |  | Newtown Park | 23-Nov-18 |
| 600g | W40 | Nicole Macquet   | Wellington Masters | 24.33m |  | Masterton    | 6-Feb-16  |
| 600g | W45 | E Teahan         |                    | 21.58m |  |              |           |
| 500g | W50 | Linda Rawlins    | Olympic            | 31.59m |  | Newtown Park | 3-Dec-22  |
| 500g | W55 | <i>no record</i> |                    |        |  |              |           |
| 500g | W60 | <i>no record</i> |                    |        |  |              |           |
| 500g | W65 | <i>no record</i> |                    |        |  |              |           |
| 500g | W70 | Beryl Rogers     | Kiwi Athletic      | 10.72m |  | Inglewood    | 26-Feb-21 |
| 400g | W75 | Colleena Blair   | Wellington Masters | 14.30m |  | Christchurch | 2006      |
| 400g | W80 | Judy Hammond     | Wellington Masters | 11.45m |  | Wanganui     | 18-Feb-18 |

**Shot Put**

|       |     |                  |                    |       |  |              |           |
|-------|-----|------------------|--------------------|-------|--|--------------|-----------|
| 4.0kg | W35 | Nicole Macquet   | Wellington Masters | 9.89m |  | Newtown Park | 2013      |
| 4.0kg | W40 | Nicole Macquet   | Wellington Masters | 9.62m |  | Newtown Park | 19-Feb-17 |
| 4.0kg | W45 | Michelle Scriven | Wellington Masters | 9.34m |  | Newton Park  | 15-Feb-15 |
| 3.0kg | W50 | Michelle Scriven | Wellington Masters | 9.21m |  | Inglewood    | 27-Feb-21 |
| 3.0kg | W55 | P Scholes        |                    | 8.51m |  |              |           |
| 3.0kg | W60 | Heather May      |                    | 8.38m |  |              |           |
| 3.0kg | W65 | Heather May      |                    | 8.27m |  |              |           |
| 3.0kg | W70 | Heather May      |                    | 7.27m |  |              |           |
| 2.0kg | W75 | Judy Hammond     | Wellington Masters | 6.66m |  | Newton Park  | 16-Mar-13 |
| 2.0kg | W80 | Judy Hammond     | Wellington Masters | 5.82m |  | Inglewood    | 26-Nov-17 |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event                   | Grade | Name | Club | Result | Wind | Location | Date |
|-------------------------|-------|------|------|--------|------|----------|------|
| <b>Throws continued</b> |       |      |      |        |      |          |      |

**Weight Throw**

|                |     |                  |                     |        |  |             |           |
|----------------|-----|------------------|---------------------|--------|--|-------------|-----------|
| 9.08kg / 20lb  | W35 | Nicole Macquet   | Wellington Masters  | 9.04m  |  | Newton Park | 2015      |
| 9.08kg / 20lb  | W40 | Michelle Ward    |                     | 10.70m |  | Auckland    | 2012      |
| 9.08kg / 20lb  | W45 | Michelle Scriven | Wellington Masters  | 10.18m |  | Nelson      | 3-Mar-17  |
| 7.26kg / 16lb  | W50 | Michelle Scriven | Wellington Masters  | 10.86m |  | Inglewood   | 26-Feb-21 |
| 7.26kg / 16lb  | W55 | Veronica Gould   | Wellington Harriers | 10.36m |  |             |           |
| 5.45kg / 12lb  | W60 | Colleena Blair   | Wellington Masters  | 9.46m  |  |             |           |
| 5.45kg / 12lb  | W65 | Colleena Blair   | Wellington Masters  | 9.62m  |  |             |           |
| 5.45kg / 12lb  | W70 | Colleena Blair   | Wellington Masters  | 10.03m |  |             | 2004      |
| 4.00kg / 8.8lb | W75 | Colleena Blair   | Wellington Masters  | 7.80m  |  | Tauranga    | 2009      |
| 4.00kg / 8.8lb | W80 | Colleena Blair   | Wellington Masters  | 8.43m  |  | Newton Park | 2011      |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event                  | Grade | Name | Club | Result | Wind | Location | Date |
|------------------------|-------|------|------|--------|------|----------|------|
| <b>Combined Events</b> |       |      |      |        |      |          |      |

**Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)**

|                                            |                      |                     |          |  |  |              |           |
|--------------------------------------------|----------------------|---------------------|----------|--|--|--------------|-----------|
| W35                                        | P Workman            |                     | 2038pts* |  |  |              |           |
| <i>individual event scores to be added</i> |                      |                     |          |  |  |              |           |
| W40                                        | Heidi-Jane Humphries | Masterton           | 1644pts  |  |  | Masterton    | 15-Jan-23 |
| (16.74s, 6.98m, 3.49m, 13.50m, 3:00.05)    |                      |                     |          |  |  |              |           |
| W45                                        | Petra Stoeveken      | Wellington Masters  | 2434pts  |  |  | Newtown Park | 28-Mar-15 |
| (14.01s, 4.28m, 6.47m, 10.22m, 2:58.78)    |                      |                     |          |  |  |              |           |
| W50                                        | Petra Stoeveken      | Wellington Masters  | 2660pts  |  |  | Otago        | 28-Feb-16 |
| (14.20s, 7.37m, 3.58m, 15.43m, 2:59.86)    |                      |                     |          |  |  |              |           |
| W55                                        | Veronica Gould       | Wellington Harriers | 2745pts  |  |  | Newtown Park | 26-Jan-08 |
| (14.1s, 3.93m, 7.84m, 13.08m, 3:36.7)      |                      |                     |          |  |  |              |           |
| W60                                        | <i>no record</i>     |                     |          |  |  |              |           |
| W65                                        | <i>no record</i>     |                     |          |  |  |              |           |
| W70                                        | <i>no record</i>     |                     |          |  |  |              |           |
| W75                                        | Judy Hammond         | Wellington Masters  | 3074pts  |  |  | Hamilton     | 23-Nov-12 |
| (18.41s, 6.48m, 2.93m, 12.64m, 4:40.08)    |                      |                     |          |  |  |              |           |
| W80                                        | Judy Hammond         | Wellington Masters  | 3104pts  |  |  | Inglewood    | 26-Nov-17 |
| (19.98s, 5.82m, 2.58m, 11.17m, 5:31.21)    |                      |                     |          |  |  |              |           |

**Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin, 800m)**

|                                                     |                  |                    |         |  |  |           |           |
|-----------------------------------------------------|------------------|--------------------|---------|--|--|-----------|-----------|
| W65                                                 | <i>no record</i> |                    |         |  |  |           |           |
| W65                                                 | <i>no record</i> |                    |         |  |  |           |           |
| W70                                                 | <i>no record</i> |                    |         |  |  |           |           |
| W75                                                 | Judy Hammond     | Wellington Masters | 3442pts |  |  | Rarotonga | 6-Oct-15  |
| (dnf, 0.99m, 6.10m, 42.07s, 2.60m, 11.65m, 4:52.56) |                  |                    |         |  |  |           |           |
| W80                                                 | Judy Hammond     | Wellington Masters | 4246pts |  |  | Dunedin   | 21-Jan-18 |
| (dnf, 0.97m, 5.77m, 43.48s, 2.53m, 11.42m, 5:07.55) |                  |                    |         |  |  |           |           |

**Throws Pentathlon (Hammer, Shot, Discus, Javelin, Weight)**

|                                            |                  |                     |          |  |  |                  |           |
|--------------------------------------------|------------------|---------------------|----------|--|--|------------------|-----------|
| W35                                        | Nicole Maquet    | Wellington Masters  | 2541pts  |  |  | Newtown Park     | 23-Feb-13 |
| (27.75, 9.89, 36.57, 24.29, 9.04)          |                  |                     |          |  |  |                  |           |
| W40                                        | Michelle Ward    | Wellington Masters  | 2198pts* |  |  | Newtown Park     | 2011      |
| <i>individual event scores to be added</i> |                  |                     |          |  |  |                  |           |
| W45                                        | Michelle Scriven | Wellington Masters  | 2486pts  |  |  | Newtown Park     | 4-Feb-18  |
| (23.24m, 8.29m, 25.66m, 20.84m, 9.06m)     |                  |                     |          |  |  |                  |           |
| W50                                        | Theresa Bartlett | Athletics Wairarapa | 2577pts  |  |  | Inglewood        | 28-Feb-21 |
| (25.38, 8.30, 22.42, 23.15, 8.99)          |                  |                     |          |  |  |                  |           |
| W55                                        | Veronica Gould   | Wellington Harriers | 2229pts  |  |  |                  | 3-Feb-08  |
| (22.48, 7.48, 15.00, 14.59, 8.37)          |                  |                     |          |  |  |                  |           |
| W60                                        | <i>no record</i> |                     |          |  |  |                  |           |
| W65                                        | <i>no record</i> |                     |          |  |  |                  |           |
| W70                                        | Veronica Gould   | Wellington Masters  | 2271pts  |  |  | Palmerston North | 13-Sep-20 |
| (17.83, 5.88, 9.15, 9.37, 7.57)            |                  |                     |          |  |  |                  |           |
| W75                                        | Colleena Blair   | Wellington Masters  | 2524pts  |  |  | Wanganui         | 2006      |
| (13.45, 5.58, 14.87, 12.68, 8.75)          |                  |                     |          |  |  |                  |           |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event                            | Grade | Name | Club | Result | Wind | Location | Date |
|----------------------------------|-------|------|------|--------|------|----------|------|
| <b>Combined Events continued</b> |       |      |      |        |      |          |      |

**Pentathlon (International Women: Short Hurdles, High, Shot, Long, 800m)**

|                                            |                  |                    |          |  |  |  |
|--------------------------------------------|------------------|--------------------|----------|--|--|--|
| W35                                        | S Ratapu         |                    | 1411pts* |  |  |  |
| <i>individual event scores to be added</i> |                  |                    |          |  |  |  |
| W40                                        | <i>no record</i> |                    |          |  |  |  |
| W45                                        | <i>no record</i> |                    |          |  |  |  |
| W50                                        | Colleena Blair   | Wellington Masters | 2117pts* |  |  |  |
| <i>individual event scores to be added</i> |                  |                    |          |  |  |  |
| W55                                        | F McCracken      |                    | 649pts*  |  |  |  |
| <i>individual event scores to be added</i> |                  |                    |          |  |  |  |
| W60                                        | Heather May      |                    | 2174pts* |  |  |  |
| <i>individual event scores to be added</i> |                  |                    |          |  |  |  |

\*points require recalculation with 2015 standards

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event                                        | Grade | Name | Club | Result | Wind | Location | Date |
|----------------------------------------------|-------|------|------|--------|------|----------|------|
| <b>Archived Records no longer maintained</b> |       |      |      |        |      |          |      |

*Retired implements or non-standard distances and W30*

|                         |     |                    |                     |            |  |             |           |
|-------------------------|-----|--------------------|---------------------|------------|--|-------------|-----------|
| <b>100m</b>             | W30 | Penny Hunt         |                     | 12.45s     |  |             |           |
| <b>200m</b>             | W30 | Penny Hunt         |                     | 25.61s     |  |             |           |
| <b>400m</b>             | W30 | Penny Hunt         |                     | 57.16s     |  |             |           |
| <b>800m</b>             | W30 | C Clegg            |                     | 2m 40.0s   |  |             |           |
| <b>1500m</b>            | W30 | Bowness            |                     | 5m 39.0s   |  |             |           |
| <b>3000m</b>            | W30 | Gabrielle O'Rourke | Wellington Harriers | 9m 38.74s  |  |             |           |
| <b>5000m</b>            | W30 | Gabrielle O'Rourke | Wellington Harriers | 16m 31.72s |  |             |           |
| <b>10000m</b>           | W30 | Gabrielle O'Rourke | Wellington Harriers | 34m 28.31s |  |             |           |
| <b>Marathon</b>         | W30 | Gabrielle O'Rourke | Wellington Harriers | 2h 38m 47s |  |             |           |
| <b>100mH</b>            | W30 | Penny Hunt         |                     | 16.60s     |  |             |           |
| <b>80mH (8m)</b>        | W50 | Colleena Blair     | Wellington Masters  | 16.45s     |  |             |           |
| <b>80mH (8m)</b>        | W55 | Colleena Blair     | Wellington Masters  | 17.46s     |  |             |           |
| <b>80mH (8m)</b>        | W60 | Colleena Blair     | Wellington Masters  | 17.10s     |  |             |           |
| <b>100mH</b>            | W50 | Colleena Blair     | Wellington Masters  | 21.30s     |  |             |           |
| <b>100mH</b>            | W60 | Colleena Blair     | Wellington Masters  | 22.30s     |  |             |           |
| <b>200mH</b>            | W40 | Penny Hunt         |                     | 31.00s     |  |             |           |
| <b>200mH</b>            | W50 | P Scholes          |                     | 41.70s     |  |             |           |
| <b>300mH</b>            | W40 | E Teahan           |                     | 88.30s     |  |             |           |
| <b>Long Jump</b>        | W30 | C Clegg            |                     | 4.95m      |  |             |           |
| <b>Triple Jump</b>      | W30 | B Doherty          |                     | 9.23m      |  |             |           |
| <b>Discus</b>           | W30 | Jeanette Chung     | Kiwi Athletic       | 28.42m     |  |             |           |
| <b>Hammer</b>           | W30 | Jeanette Chung     | Kiwi Athletic       | 21.82m     |  |             |           |
| <b>Javelin</b>          | W30 | Jeanette Chung     | Kiwi Athletic       | 26.34m     |  |             |           |
| <b>Shot Put</b>         | W30 | P Workman          |                     | 8.44m      |  |             |           |
| <b>Javelin (400g)</b>   | W60 | Colleena Blair     | Wellington Masters  | 25.40m     |  |             |           |
| <b>Javelin (400g)</b>   | W65 | Heather May        |                     | 23.74m     |  |             |           |
| <b>Javelin (400g)</b>   | W70 | Heather May        |                     | 21.84m     |  |             |           |
| <b>Javelin (pre-99)</b> | W50 | P Scholes          |                     | 23.50m     |  |             | 1990      |
| <b>Javelin (pre-99)</b> | W55 | Colleena Blair     | Wellington Masters  | 24.88m     |  |             |           |
| <b>Javelin (pre-99)</b> | W75 | Heather May        |                     | 15.72m     |  |             | 1998      |
| <b>Weight (15.88kg)</b> | W30 | Jeanette Chung     | Kiwi Athletic       | 8.69m      |  |             |           |
| <b>Weight (15.88kg)</b> | W35 | Michelle Ward      | Wellington Masters  | 9.57m      |  | Inglewood   | 20-Nov-10 |
| <b>Weight (15.88kg)</b> | W40 | Michelle Ward      | Wellington Masters  | 10.62      |  |             |           |
| <b>Weight (15.88kg)</b> | W45 | Michelle Scriven   | Wellington Masters  | 8.95m      |  | Newton Park | 27-Feb-15 |
| <b>Weight (15.88kg)</b> | W50 | Veronica Gould     | Wellington Harriers | 8.55m      |  |             |           |
| <b>Weight (7.26kg)</b>  | W65 | Heather May        |                     | 7.74m      |  |             |           |
| <b>Weight (7.26kg)</b>  | W70 | Heather May        |                     | 7.42m      |  |             |           |
| <b>Weight (5.44kg)</b>  | W75 | Colleena Blair     | Wellington Masters  | 9.40m      |  |             |           |

## Wellington Women's Masters Records to 10 July 26

**Women**

| Event                                                  | Grade | Name | Club | Result | Wind | Location | Date |
|--------------------------------------------------------|-------|------|------|--------|------|----------|------|
| <b>Archived Records no longer maintained continued</b> |       |      |      |        |      |          |      |

*Retired implements or non-standard distances and W30*

**Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)**

|     |                |               |          |  |  |  |  |
|-----|----------------|---------------|----------|--|--|--|--|
| W30 | Jeanette Chung | Kiwi Athletic | 1472pts* |  |  |  |  |
|-----|----------------|---------------|----------|--|--|--|--|

**Weight Pentathlon (Hammer, Shot, Discus, Javelin, Weight)**

|     |                |               |          |  |  |  |  |
|-----|----------------|---------------|----------|--|--|--|--|
| W30 | Jeanette Chung | Kiwi Athletic | 2015pts* |  |  |  |  |
|-----|----------------|---------------|----------|--|--|--|--|

**Pentathlon (NZ Women: 200m, Long, Shot, Javelin [pre-1999 model], 800m)**

|     |            |  |          |  |  |  |  |
|-----|------------|--|----------|--|--|--|--|
| W40 | Penny Hunt |  | 1921pts* |  |  |  |  |
| W50 | P Scholes  |  | 2792pts* |  |  |  |  |

**Pentathlon (NZ Women: 200m, Long, Shot, Javelin [old weight 4.0kg], 800m)**

|     |              |        |          |  |  |           |           |
|-----|--------------|--------|----------|--|--|-----------|-----------|
| W60 | Judy Hammond | Kapiti | 3275pts* |  |  |           |           |
| W65 | Judy Hammond | Kapiti | 3441pts* |  |  |           |           |
| W70 | Judy Hammond | Kapiti | 3482pts* |  |  | Inglewood | 25-Nov-07 |

**Weight Pentathlon (Hammer, Shot, Discus, Javelin [old weight 4.0kg or pre-1999 model], Weight)**

|     |                |                    |          |  |  |  |  |
|-----|----------------|--------------------|----------|--|--|--|--|
| W60 | Colleena Blair | Wellington Masters | 2619pts* |  |  |  |  |
| W65 | Heather May    |                    | 3099pts* |  |  |  |  |
| W70 | Heather May    |                    | 3659pts* |  |  |  |  |

**Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin [old weight 4.0kg], 800m)**

|     |                |        |          |  |  |            |           |
|-----|----------------|--------|----------|--|--|------------|-----------|
| W40 | Karen Armitage |        | 1959pts* |  |  |            |           |
| W50 | G Dick         |        | 2935pts* |  |  |            |           |
| W60 | Judy Hammond   | Kapiti | 4466pts* |  |  |            |           |
| W65 | Judy Hammond   | Kapiti | 4773pts* |  |  |            |           |
| W70 | Judy Hammond   | Kapiti | 4371pts* |  |  | Townsville | 29-Jul-08 |