

RESULTS

Wellington Masters 5km & 10km Road Run and Walk

Lower Hutt – Sunday 16th October 2016

The weather was reasonably good, albeit a cheeky northerly to contend with on the way back from the Seaview end of the course.

The numbers were low this year with 24 entrants (slightly up on 2015 when only 21 took part) – the committee thought that the numbers would have been up with the amalgamation of Masters and ANZ now in place.

Many thanks to Mandy Simpson and Michelle Van Looy for marshalling the turn-round points, plus additional thanks to "Master Chef" Michael Wray who produced a delicious array of sumptuous goodies to have at the morning tea.

The merits prizes (wine!) this year went to Andrew Kerr (first male runner*), and Liz Eade (our only female runner), Sean Lake (first male walker) and Terri Grimmett (first female walker). The age-grade prizes went to Jackie Wilson (highest walking age-grade percentage) and Don McGowan (highest running age-grade percentage). *Gareth McCash was the first runner home but as he has not yet attained the age of 35, the merit prize went to the next Master aged runner home (Andrew).

Many thanks also to those competitors who continually turn up and support our events.

Run (10km)

Name	Club	Grade	Time	Age %	Finish	Grade Pl
Gareth McCash	Olympic	M30	38:24	70.01%	1	1
Andrew Kerr	Scottish	M40	40:00	71.50%	2	1
Mark Anderson	Olympic	M45	41:38	71.54%	3	1
Karl van Polanen	HVH	M55	44:32	71.03%	4	1
Richard Martin	Olympic	M50	44:48	67.63%	5	1
Liz Eade	Olympic	W35	45:58	66.46%	6	1
Don McGowan	Wainuiomata	M65	48:00	72.33%	7	1
Richard Sweetman	Scottish	M65	52:53	67.63%	8	2
Dougal Congalton	WHAC	M70	56:04	65.22%	9	1
Albert van Veen	HVH	M70	59:09	61.12%	10	2
John Palmer	Scottish	M65	61:41	57.90%	11	3
Ray Wallis	Aurora	M75	67:34	58.39%	12	1
John Hammond	Kapiti	M75	73:11	54.93%	13	2
Peter Hanson	Olympic	M75	77:45	53.91%	14	3

Walk (10km)

Name	Club	Grade	Time	Age %	Finish	Grade Pl
Sean Lake	Scottish	M40	64:50	61.95%	1	1
Terri Grimmett	Scottish	W55	65:47	77.76%	2	1
Jackie Wilson	Trentham	W70	66:18	90.02%	3	1
Ian Morton	Scottish	M60	70:07	65.70%	4	1
Joseph Antcliff	Trentham	M50	73:31	57.36%	5	1
Maryanne Palmer	Scottish	W60	76:38	69.94%	6	1
John Hines	Scottish	M80	79:57	74.25%	7	1
Daphne Jones	Scottish	W75	83:25	78.00%	8	1
Peter Tearle	Scottish	M90	101.05	70.88%	9	1

Run (5km)

Name	Club	Grade	Time	Age %	Finish	Grade Pl
Barbara Morrison	Olympic	W65	30:34	66.30%	1	1