

Wellington Masters 5km & 10km Road Run and Walk

Sunday 25th October 2014

Our new course using the Lower Hutt River stopbank paths seemed to be better received than the old course along the main road. One thing to consider is whether to run the north loop or the south loop first. This year the course was run north then south and we'd be interested in hearing if there are preferences to reverse the order?

The weather was pretty good, albeit a little breezy. Next year we will make water available at the start, finish and 10km half way areas.

Numbers were low this year with 21 entrants, no doubt due to the holiday weekend. We will endeavour to avoid long weekends in future, although our hand was forced this year due to the timing of the Oceania Masters Champs earlier this month keeping the race director and organisers out of the country until last week.

My thanks to Sharon Wray and Michelle Van Looy for marshalling the turn points, plus additional thanks to the former for organising the prizes and refreshments.

The merits prizes (wine!) this year went to Bill Twiss (first male runner), Tineke Hooft (first female runner), Sean Lake (first male walker) and Terri Grimmitt (first female walker). The age-grade prizes went to Jackie Wilson (highest walking age-grade percentage) and David Hood (*highest running age-grade percentage). *Bill Twiss had the highest percentage but having already been recognised, the award reverted to the next in line.

Run (10km)

Name	Club	Grade	Time	Age %	Finish	Grade Pl
Bill Twiss	Scottish	M45	38:20	76.45%	1	1
Warren Burke	Scottish	M45	41:26	70.73%	2	2
David Hood	Trentham	M55	41:56	76.13%	3	1
Peter Sparks	Hutt Valley	M60	47:16	72.04%	4	1
Richard Sweetman	Scottish	M65	49:17	71.83%	5	1
Tineke Hooft	Olympic	W50	49:43	72.38%	6	1
Karen Iremonger	none	W40	54:26	57.37%	7	1
Dougal Congalton	none	M70	56:03	64.49%	8	1
Jean Skilton	Olympic	W60	58:38	66.33%	9	1
Albert Van Veen	Hutt Valley	M65	59:47	59.82%	10	2
Ray Wallis	Aurora	M75	63:02	61.50%	11	1
Isobel Franklin	Hutt Valley	W40	63:32	50.19%	12	2
Christine Jones	Scottish	W60	63:37	61.96%	13	2
Loretta Desourdy	Scottish	W60	63:37	61.13%	14	3

Walk (10km)

Name	Club	Grade	Time	Age %	Finish	Grade Pl
Sean Lake	Scottish	M40	65:32	60.80%	1	1
Terri Grimmitt	Scottish	W55	66:18	75.36%	2	1
Jackie Wilson	Trentham	W65	67:48	86.63%	3	1
Daphne Jones	Scottish	W70	79:47	80.07%	4	1
Geoff Iremonger	none	M65	DNF	-	-	-

Walk (5km)

Name	Club	Grade	Time	Age %	Finish	Grade Pl
Maryanne Palmer	none	W60	38:54	65.05%	1	1
John Palmer	none	M65	38:55	62.83%	1	1