

VETRUN

Newsletter of the Wellington Masters Athletics Inc.

Volume 1 Issue 3

October 2002



**Outgoing President, Kevin Watson delivering his 2001-02 Presidents Report
at the Annual General Meeting held in September**

WELLINGTON MASTERS ATHLETICS INC.

COMMITTEE MEMBERS 2002/2003

PATRON:	Arthur May	24 Motuhara Road, Plimmerton, Porirua 6006	2339412
PRESIDENT: (Acting)	Peter Hanson	24 Park Avenue, Titahi Bay, Porirua 6006	2368074
VICE PRESIDENT:	Peter Hanson	24 Park Avenue, Titahi Bay, Porirua 6006	2368074
SECRETARY:	Geoff Guenole	PO Box 9764, 3C Hanson Street, Wellington 6031	3893947
TREASURER:	Dick Harris	11 Whitu Street, Khandallah, Wellington 6004	9715993
SUBSCRIPTIONS:	Veronica Gould	95A Ellice Street Mt Victoria, Wellington 6001	9736741
COMMITTEE:	Michael Clark	12B City View Grove, Lower Hutt 6009	5668755
	Vic Marks	6 Blucher Avenue Newtown, Wellington 6002	3899993
	Brian Watson	58 Bannister Avenue, Johnsonville	4786232
EDITOR:	John Palmer	122 Onslow Road, Khandallah, Wellington 6004	4792130
MASTERS RECORDS:	Melanie Watson	17 Larsen Crescent Tawa, Wellington 6006	2327392

CLUB CO-ORDINATORS

CAPITAL RUNNERS:	Ray Marten	68 Donald Street, Karori, Wellington	4768292
H V HARRIERS:	Ian Blyth	3 Chilton Grove, Lower Hutt	9349350
H V MARATHON:	Ray Venables	176 Stokes Valley Road, Lower Hutt	5638058
KAPITI:	John Hammond	148 Wellington Road, Paekakariki	04 2928030
KIWI:	Vic Marks	6 Blucher Avenue Newtown, Wellington	3899993
OLYMPIC:	Brian Watson	58 Bannister Avenue, Johnsonville	4786232
RIMUTAKA:	Mike Clark	12B City View Grove, Lower Hutt	5668755
TRENTHAM UNITED:	Diane Rogers	42 Elmslie Road, Pinehaven, Upper Hutt	5282316
SCOTTISH:	John Hines	Flat 88, Central Park Flats, 20 Naim St, Wellington	3843231
UNIVERSITY:	Colin Sasse	42 Naenae Road, Naenae, Lower Hutt	5679516
VALLEYS UNITED:	Don Brodie	30 Sunshine Crescent, Kelson, Lower Hutt	5650705
WAIRARAPA:	John Eccles	13 Keir Crescent, Masterton	06 3773479
WELLINGTON:	John Weatherley	8 Richmond Avenue, Karori, Wellington	4767223
WGTN MARATHON:	Bruce Perry	61A Clifford Road, Johnsonville, Wellington	4783641
WELLINGTON VETS:	Colleena Blair	43 Elmslie Road, Pinehaven, Upper Hutt	5282992

COMMITTEE MEETINGS USUALLY 1ST MONDAY OF MONTH AT NEWTOWN PARK at 5:30pm.

CLUB REPRESENTATIVES AND MEMBERS ARE ALWAYS WELCOME

EDITORIAL

The Annual General Meeting of the Wellington Association of Veteran Athletes was held on Monday 9th September 2002 at Newtown Park. As usual the attendance at AGM was poor with the start being delayed as we waited for enough members to arrive to give us the necessary number for a quorum.

The most significant change of the evening was the remit that changed our status from "Veterans" to "Masters". This remit was passed without too much discussion and we are now known as "Wellington Masters Athletics Inc." The other change of the evening was the raising of the subscription to \$30. This was necessary as the National body raised the subscription at the AGM held prior to the New Zealand Track and Field Championships that were held at Newtown Park in March this year.

The other major concern was that a large number of existing committee members stood down at the AGM and sadly the vacancies were not filled at the meeting. We have no President – Kevin Watson has stood down from this role after 4 years on the Committee, 3 of those as President. Peter Hanson has agreed to act as President until the role can be filled. The Secretary wishes to stand down and is also filling in until a replacement can be found. Colleena and Jim Blair have both, after years of service to the Committee, called it a day and Melanie Watson and John Palmer have also stood down from the Committee although John is still carrying on the role of Editor.

I would ask that members seriously consider putting themselves forward for the Committee, and the Club Co-ordinators make it known through their clubs that we are short-handed and really need more committee members for the "Masters" to survive through until the next AGM. The positive aspect to being a Committee member is that it should be a relatively quiet year, as there are no major Championship events happening in the Wellington Centre over the coming 12 months which normally involve a lot of organising.

Please support the remaining Committee members by volunteering your services.

The President's Report and Financial Statement for the 2001-2002 year are printed elsewhere in this Newsletter. Also included a renewal of subscription form, and an entry form for the Masters 10km at Lower Hutt.

John Palmer,
Editor

MARK THESE 2003 EVENTS ON YOUR CALENDAR

Masters Classic Relay - Sunday 11 May - Trentham Memorial Park

Masters 8km Road Race - Sunday 20 July - Johnsonville

Masters 10km Road Race - Sunday 2 November - Lower Hutt

Also worth supporting:

ANZAC Day Races, Carterton, 10km - April 25

SPIKES ON NEW MONDO TRACK

The maximum length of spikes to be used on the track for sprinters and distance runners is 6mm. Recommended are Pyramid, Conical or Tree spikes. Extra long grass spikes **MUST NOT** be used. Needle spikes are not suitable. 9mm spikes may be used on the Javelin and Jumps runways.

Spike checks will be carried out by WCC staff and Wellington Track & Field Committee members.

Your co-operation is asked to protect the new Mondo track.

CHANGE OF ADDRESS

If any member changes their address, it would be appreciated if they could notify the subscription secretary. This enables us to keep records that are accurate and up to date and ensures that you continue to receive your newsletter. It is also important that Club Co-Ordinators notify the Secretary of any change of address to enable the information to keep getting out to the clubs in the Centre.

MEMBERSHIP

At the time of going to print our paid up membership for the current year is 15. A warm welcome is extended to Ross Jackson who has renewed his membership with Masters Athletics.

Calling All Runners

For the last seven years, a Wellington resident has won a **FREE TRIP** to Japan to run in the Senshu International City Marathon to represent Wellington City and the Wellington Sakai Association.

For a chance to run in the February 2003 marathon you need to:

- be a Wellington City resident
- be over 18 years old
- be a regular runner, fit and in training, but not necessarily the best
- be able to run a marathon in winter conditions in under four hours
- be an ambassador for Wellington

Entry forms will soon be available from all the usual outlets.

If you wish to receive a copy of the entry form directly, then please send your name, address and a contact phone number to:

122 Onslow Road, Khandallah, Wellington 6004

Or email your details to: palmer.palace@extra.co.nz

For any further inquiries, please ring Maryanne Palmer
on 04 232 0362 (W) or 04 479 2130 (H).

Please note that if you contacted me last year or sent in an entry for February 2002, I have your details on my database and will send you an entry automatically.

Please detach and send to subscriptions secretary

WELLINGTON MASTERS ATHLETICS INC

SUBSCRIPTION FOR THE 2002/2003 YEAR
(1 September 2002 to 31 August 2003)

\$30 = \$27.50 NZMA, \$2.50 WMA

NAME(S): _____

ADDRESS: _____

BIRTH DATE(S): _____

CONTACT PHONE No. _____ CLUB (if any) _____

\$30 (\$60) Enclosed. Cheques made out to Wellington Masters Athletics - WMA

SEND TO: VERONICA GOULD, 95A ELLICE STREET, MT VICTORIA, WELLINGTON 6001

Please advise any change of address as soon as possible



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**THE WELLINGTON CENTRE OF THE NEW ZEALAND ASSOCIATION OF
VETERAN ATHLETES INC.**

PRESIDENTS REPORT - 2002 ANNUAL GENERAL MEETING

As we pause to reflect on the 2001/2002 season, I am pleased to present my third annual report.

The main highlight of the season for me has clearly been the successful holding of the NZ Veteran Track & Field Championships in March 2002. This was a huge exercise for your committee to manage which absorbed much time and effort just to get to the start line, let alone the running of the four day program. I wish to applaud your committee members for the outstanding manner in which these Championships were planned, administered and wrapped up.

Another highlight has been the replacement of the old track surface at Newtown Park with a new Mondo surface, particularly as the Mondo surface was ready for the National Championships.

During the season Wellington Centre Athletes have performed very well in a whole range of events on the Veterans' calendar - the Oceania Track & Field Championships in Geelong, the North Island Track & Field Championships in Pakuranga, the Wellington Centre Provincial Championships, the New Zealand Track & Field Championships in Wellington, and Provincial & National Road & Cross Country Championships to name a few.

The Veterans' Classic Relay in May and the Johnsonville 8km Road Race in July continue to figure on the local calendar and the Hutt Valley 10km Road Race in early November will return to the 2002 program.

As we have become accustomed to, the Wellington based Officials and Administrators continue to provide outstanding service to Wellington Athletes, none more so than during the National Track & Field Championships when they were stretched to the limit. I also need to acknowledge and thank those athletes who provided their time during the National Championships to assist with Officials duties.

This has been a testing year for your committee. You may recall that we did not obtain our full complement of committee members at last years Annual General Meeting. The vacant positions were never filled leaving us short handed in what was always going to be an extremely challenging period. We had no option but to cancel the 2001 Hutt Valley 10km Road Race as it simply was not doable to run this event while we were buried in the planning for the National Championships. I would like to offer my apologies to any members who felt aggrieved by this decision but I am compelled to say I would make the same decision again if faced with a similar situation.

Your committee members have in my opinion done an outstanding job in difficult circumstances. I acknowledge their contributions over the last year and thank them all for their willingness to get involved. Many athletes want to compete in events but few are prepared to get involved in the organisation and running of these events.

This meeting sees the standing down of two of our most knowledgeable, experienced and dedicated committee members. Colleena & Jim Blair leave us with a wonderful legacy of technical, procedural and practical advice, and their obvious passion for Athletics and Sport in general. They will be sorely missed. I am extremely thankful they did not make this decision twelve months ago. We all know Colleena & Jim as competitors, officials, administrators, organisers, negotiators and huge contributors to the Wellington Track & Field scene. I would like to add that they have also done a very good job of keeping me in line during my three years as your President. I, the committee and our members thank you both sincerely for everything you have done for Wellington Veteran Athletics.

After four years on this committee Melanie and I have also made a decision to stand down. We would both like to thank everyone concerned for initially voting us on to the committee, cutting us a little slack as we found our feet and allowing us to use our skills and experiences to contribute to the committee and its members.

I wish the incoming President, the incoming committee and the Wellington members well for the 2002/2003 season.

Kevin Watson
President,
Wellington Centre NZAVA
September 2002.

WELLINGTON CENTRE OF NEW ZEALAND ASSN OF VETERAN ATHLETES INC.

STATEMENT OF RECEIPTS & PAYMENTS FOR YEAR ENDED 31 JULY 2002

2001	<u>RECEIPTS</u>	2002
\$		\$
1,809.39	Bank Balance at 1/8/2001	2,177.36
13,336.72	Term Deposits at 1/8/2001	14,157.39
<u>15,146.11</u>		<u>16,334.75</u>
4,105.50	Subscriptions	3,703.00
31.92	Interest	38.51
820.67	Interest – Term deposits	744.78
1,305.20	Race Fees	341.80
36.00	Uniforms	-
80.00	Veterans History Books Sold	-
265.00	Track & Field Entries	255.00
-	Entries to National Champs etc	14,185.36
-	Sponsorship for National Champs	9,830.00
20.00	Catering Income	-
25.00	Donation	-
6,689.29		29,098.45
<u>21,835.40</u>		<u>45,433.20</u>
	<u>PAYMENTS</u>	
3,850.00	Subscriptions to NZAVA	3,175.00
715.75	Race Expenses	851.74
455.06	Telephone, Postage, Newsletter etc.	1,316.65
-	Advertising Velline	351.00
-	Levies to NZAVA	1,300.00
-	National Champs Expenses	14,092.12
-	Gear Purchased	68.10
-	Prizes for Track Records	1,000.00
-	T & F Champs Expenses	159.93
429.84	Catering	-
50.00	Travel Grant	-
<u>5,500.65</u>		<u>22,314.54</u>
<u>\$16,334.75</u>	<u>Total Funds at 31 July 2002</u>	<u>\$23,118.66</u>
	Being:	
2,177.36	Cheque Account	3,216.48
	National Bank Term Deposit – Due 08/09/02	5,000.00
7,591.46	National Bank Term Deposit – Due 26/08/02	8,005.58
6,565.93	National Bank Term Deposit – Due 26/08/02	6,896.59
<u>\$16,334.75</u>		<u>\$23,118.65</u>

Statement of Accounting Policies:

The above statement is prepared on the basis of Receipts and Payments through the Centres banking accounts. No provision is made for accruals or amounts due at the end of the period.

As the Centre is not GST registered the amounts in the Statement include GST.

Comments on British Middle Distance Woes

By Sebastian Coe

The greatest decathlete of all time still holds the European Championship record which he recorded in front of his main rival Jurgen Hingsen's home crowd in Stuttgart in 1986, in cold, rainy conditions. Gargantuan training sessions, an obsession for consistency and an insatiable desire to be the best kept him at the forefront of the decathlon for more than 10 years. Daley Thompson was also a student of his sport.

The late Ron Pickering, his friend and mentor, had one of the most comprehensive track and field libraries. In pride of place was a first-edition copy of a training manual written and signed by Harold Abraham's famous coach, Sam Mussabini, immortalised in the film *Chariots of Fire*. Alongside the books were yards of video footage of races and field events as far back as Paavo Nurmi's distance running feats in the 1920s.

Although for much of Thompson's career he was offered advice and guidance from coaches, he was ostensibly self-taught. If he wanted to know how to throw a discus he would pull from Pickering's shelf a video of Al Oerter, four-times Olympic champion, and he would do this, for all save the 1500 metres, in the other disciplines of the decathlon too.

It is now common practice in any field event for coach and athlete to utilise video analysis in training and competition. In the arena of a major championship, as a field eventer steps from the circle or run-up, they look to the big screen to study their technique in the replay.

A period of quiet contemplation in front of the television screen would not be time wasted for Britain's middle distance runners competing in these European Championships in Munich. They could, for instance, have watched Fermin Cacho Ruiz, from Spain, unexpectedly win his Olympic 1500m title in Barcelona in 1992. Up against Noureddine Morceli, the Algerian world champion and world record holder, Cacho kicked for home off a ludicrously slow pace. The women in their 1500m final reached the halfway point quicker than the men. Cacho had a kick. No gun-to-tape bravery for him, and when he struck it was conclusive.

The British 1500m contingent in Munich did not have a similar change of pace.

Question: Why after jogging for two laps in a time that would not have challenged schoolgirls and with athletes all around them who were capable of slinging in a last lap of close to 50 seconds, did they think that the race was going to unfold in any other way than it did?

Why did Anthony Whiteman, who has posted one of the fastest times in the field this year through fast, even-paced racing, think that at the funereal pace of Thursday night's final, and still fatally detached from the business end of the race, he could give athletes such as Frenchman Mehdi Baala, the eventual winner, and Reyes Estevez, of Spain, and Rui Silva, of Portugal, all renowned kickers, a two-second start as they kicked for home. It would have needed a last lap from him of about 49 seconds to get back on terms.

Whiteman is not without ability but neither he and his fellow British final struggler, John Mayoock, is without experience at this level. An athlete must evaluate their own strengths and weaknesses and be familiar with those of their rivals and run accordingly.

Mike East, although he won the Commonwealth title in Manchester, is less experienced. In this week's final we did not learn anything more about his potential to progress.

This weekend we should have had all three British women in the 1500m final. Kelly Holmes, a pre-race favourite, looked as though she had been to the well one too many times but at least has a Commonwealth Games gold medal and European bronze to show for this season's efforts. Helen Pattinson was eliminated in the heats and will be disappointed. She came into these championships with one of the fastest times in the world this year. Had she followed the natural pace making of Sureyya Ayhan in the race, she would have qualified easily. Again, Ayhan's tactic should not have come as a surprise.

Tomorrow there will be no Britons in any of the middle distance finals. These are the European Championships. There are no Africans and the standards have fallen. It is unacceptable that Britain will watch events unfold from the stands.

Some of our middle distance runners should spend the coming winter in front of the television with their coaches wearing out the rewind button on the video recorder or it will be groundhog day for them in Paris next at the World Championships.

WELLINGTON MASTERS ATHLETICS



SPORTSPERSON OF THE YEAR

It is again time to start thinking about nominations for the Sportsperson of the Year Award.

Award:

Known as the Sportsperson of the Year Award.

Period Covered:

From 1 January to 31 December.

How Nominated:

Nominations may be made by Clubs, Centre Committees, and individuals or by athletes themselves.

Criteria for Award:

Achieving a medal at the WAVA or (WMA) Championships or World Masters Games.

Achieving a World Record or a World Best Performance.

Achieving a New Zealand Record or New Zealand Best Performance.

Achieving 90% or higher performance on the Age Graded Tables.

Achieving a meritorious performance or performances.

Closing Date:

The 20th January following the year for consideration.

Selection:

This is to be made by the Committee of Wellington Masters Athletics.

Presentation Date:

Either on the second day of the Wellington Masters Athletics Track and Field Championships in February following the year of consideration or at a special presentation dinner.

Form of Award:

A trophy has been donated by Jim and Colleena Blair and was won this year by Ellis Goodyear.

WELLINGTON MASTERS ATHLETICS

10KM ROAD RACE AND WALK

SUNDAY 3 NOVEMBER 2002 at LOWER HUTT

STARTING TIMES: Walkers 9.30am – Runners 10.00am

START & FINISH: Ludlam Park, Lower Hutt

RACE HEADQUARTERS: Huia Indoor Swimming Pool – Lower Hutt

COURSE: The race starts in Ludlam Park, travels down Massey Avenue, turns left into Pohutukawa Street and continues along past the Waterloo Interchange into Oxford Street – turns at the junction with Guinness Street and retraces course back to start/finish in Ludlam Park.

SHOWERS: will be available at the pool – free of charge.

REFRESHMENTS: Tea and Coffee will be available after the race in a meeting room upstairs at the pool also used by Hutt Valley Marathon Clinic, which has kindly agreed to act as host for the race. Lunch will NOT be available. Tea and Coffee with light refreshments will be covered by your race entry fee.

PRIZEGIVING: Will take place in the meeting room at the Huia Pool.

ENTRIES: For this event entries (runners & walkers) will be received from both members and non-members of New Zealand Masters Athletics provided that they meet the minimum age requirements:

MEN:	Prevet -	35 years of age on 3/11/2002
	Veteran -	40 years of age on 3/11/2002
WOMEN:	Prevet -	30 years of age on 3/11/2002
	Veteran -	35 years of age on 3/11/2002

ENTRY FEES:

Non-member of WMA - \$10 - no late entry fee is payable.

Member of the WMA - \$ 5 - up to 30/10/2002 after which a fee of \$7 applies.

PLEASE CUT OFF ENTRY FORM

(Please Print Clearly)

SURNAME:

CHRISTIAN NAME:

ADDRESS:

MALE/FEMALE:

AGE AT 3/11/2002:

TELEPHONE: (home)

(business)

CLUB:

RUNNER OR WALKER:

ENTRY FEES: \$5 up to 30/10/2002 – Members of NZMA – Late entries accepted on day \$7.

\$10 – Non members of NZMA – no late entry fee applies.

\$30 – Annual Subscription for Wellington Masters Athletics. Covers period 1/9/2002 to 31/8/2003.

TOTAL AMOUNT ENCLOSED: ----- Cheques payable to Wellington Masters Athletics.

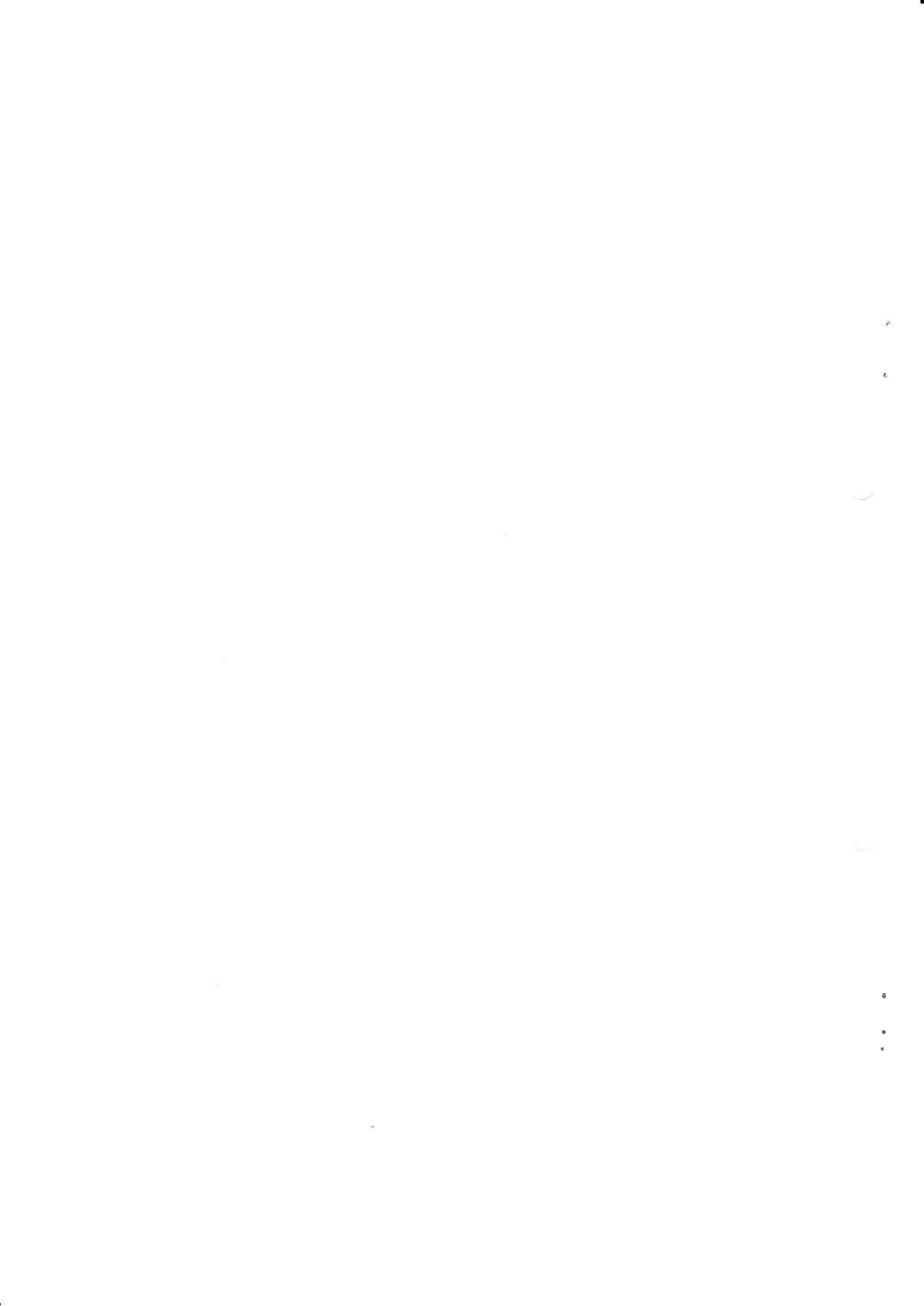
Post Entries to: Wellington Masters 10km Road Race

C/- John Palmer

122 Onslow Road

Khandallah

WELLINGTON 6004



RESULTS:

WELLINGTON VETERANS 8km ROAD RACE & WALK

8km Road Race:

PI	Name	Club	PI	Age Group	Time
1	Chris Speakman	Olympic	1 st	M40-44	30.47
2	Peter Wrigley	Scottish	2 nd	M40-44	33.11
3	Murray Corles	Valleys	3 rd	M40-44	33.53
4	Steve Plowman	Scottish	1 st	M45-49	34.18
5	Chris Ward	Olympic	1 st	M50-54	35.36
6	Kevin Jones	Kapiti	4 th	M40-44	35.42
7	Harry Ross	Trentham	1 st	M60-64	37.08
8	Ray Wallis	Carterton	2 nd	M60-64	37.13
9	Ellis Goodyear	Capital	1 st	M70-74	37.15
10	John Palmer	Scottish	2 nd	M50-54	37.35
11	Brian Watson	Olympic	3 rd	M60-64	38.01
12	Albert van Veen	Valleys	1 st	M55-59	40.19
13	John Hammond	Kapiti	4 th	M60-64	40.54
14	Diane Rogers	Trentham	1 st	W60-64	41.04
15	Brian McKeon	Kapiti	1 st	M65-69	41.44
16	Maryanne Palmer	Scottish	1 st	W45-49	41.45
17	Roy Rogers	Trentham	2 nd	M65-69	42.47
18	Peter Thomas	Trentham	2 nd	M70-74	43.07
19	Harold Alcock	Olympic	5 th	M60-64	46.37
20	Helen Rush	Olympic	1 st	W35-39	48.02
21	Lynn Broad	Olympic	1 st	W40-44	51.26
22	Norm Rodley	University	1 st	M75-79	67.26

6.4km Road Walk:

1	Brenda Burke	Scottish	1 st	W40-44	42.27
2	Robert Bennett	Scottish	1 st	M60-64	47.08
3	Kathryn Fraser	Scottish	1 st	W35-39	47.36
4	Gretchen Lush	Trentham	1 st	W50-54	51.52
5	Elizabeth Lane	WMC	1 st	W45-49	53.37
6	Margaret Bray	Scottish	2 nd	W50-54	56.17

Teams:

1st Scottish 32 points:

Wrigley, Plowman, J Palmer, M Palmer

2nd Olympic 37 points:

Speakman, Ward, Watson, Rush

3rd Trentham United 56 points:

Ross, D Rogers, T Rogers, Thomas

Jim Lockhart and Mariette Hewitson Memorial Baton:

Ellis Goodyear was awarded the Jim Lockhart and Mariette Hewitson Memorial Baton. The Baton is awarded to the person who beats or gets closest to an Age Group record.

RESULTS:**WELLINGTON VETERANS ROAD RUNNING and
WALKING CHAMPIONSHIPS****Held CIT, Trentham, 24 August 2002****10km Race Walk (Judged):**

Pl	Name	Club	Age Group	Time	Min/km
1	Amelia de Lorenzo	Scottish	W40-44	56:03	5:36
4	Murray Gowans	Scottish	M55-60	1:10:58	7:06
5	Mick Rice	Scottish	M50-54	1:12:57	7:18
7	Margaret Bray	Scottish	W50-54	1:26:03	8:36

10km Race Walk (Not Judged):

1	John Hines	Scottish	M65-69	1:07:38	6:46
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5km Veteran Women:

8	Brenda Burke	Scottish	W40-44	26:56	4:29
10	Diane Rogers	Valleys	W60-64	28:30	4:45

10km Veteran Men:

4	Peter Wrigley	Scottish	M40-44	35:05	3:31
9	Barry Prosser	Olympic	M50-54	35:57	3:36
15	Chris Harp	Scottish	M45-49	36:44	3:40
18	Gordon Blacklaws	Olympic	M45-49	37:38	3:46
27	Hank Leech	Valleys	M50-54	38:37	3:52
30	John Wood	Valleys	M60-64	39:14	3:55
34	John Heap	Scottish	M60-64	39:32	3:57
39	Murray Corles	Valleys	M40-44	39:51	3:59
44	Francis Campkin	WHAC	M55-59	40:24	4:02
45	Barry Everitt	WHAC	M65-69	40:28	4:03
46	Gary Clareburt	WHAC	M45-49	40:39	4:04
53	Richard Sweetman	Capital	M55-59	41:07	4:07
54	Trevor McDonald	WHAC	M45-49	41:22	4:08
56	Brian Cattermole	Scottish	M55-59	41:53	4:11
59	Colin Maclachlan	Scottish	M60-64	41:59	4:12
62	Ian Blyth	Valleys	M55-59	42:21	4:14
67	John Caughley	Carterton	M60-64	43:18	4:20
71	John Palmer	Scottish	M50-54	44:27	4:27
73	Paul Rodway	Scottish	M50-54	44:34	4:27
74	Harry Ross	Trentham	M60-64	44:52	4:29
80	John Barrance	WHAC	M55-59	46:02	4:36
82	Ken Ritchie	Olympic	M55-59	46:26	4:39
83	Don Brodie	Valleys	M60-64	46:30	4:39
88	Brian Watson	Olympic	M60-64	47:25	4:45
90	Brian McKeon	Kapiti	M65-69	48:04	4:48
91	Albert van Veen	Valleys	M55-59	48:06	4:49
95	Michael Clark	Valleys	M55-59	53:22	5:20
98	Ralph Tonks	Capital	M65-69	56:57	5:42

10km Senior Women:

1	Vickie Humphries	WHAC	W35-39	35:52	3:35
4	Bernie Portenski	Scottish	W50-54	36:45	3:41
8	Jenny McDonak	Scottish	W45-59	39:09	3:55

COMING EVENTS

2002

Oct

3-10	25 th Round Rarotonga Road Race	Rarotonga	
5-13	World Masters Games	Melbourne	
13	Melbourne Marathon	Melbourne	

Nov

3	Masters 10km Road Race	Lower Hutt	9.30am
3	Auckland Full & Half Marathon	Auckland	
16	Rimutaka Incline Run	Kaitoke	
24	Masterton Full & Half Marathon	Masterton	
22-24	North Island Track & Field Championships	Palmerston North	

2003

Jan

19	City of Wellington Full & Half Marathon	Kilbirnie	
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Feb

8	Buller Gorge Full & Half Marathon	Westport	8.30am
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Mar

8	Tararua Mountain Race	Kaitoke	
9	Hutt News 10km Fun Run	Lower Hutt	
16	Round the Vines 10km & Half Marathon	Martinborough	

April

6	Upper Hutt Half Marathon	Upper Hutt	
19	Shaw Baton Relay (Interclub)	Battle Hill	
25	ANZAC Day Races	Carterton	

May

11	Masters Classic Relay	Trentham	
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June

7	Dome Cup (Interclub)	Trentham	
15	Harbour Capital Half Marathon	Wellington City	

July

5	North Island Cross Country Champs	Taupo	
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2004

April	Masters Long Distance Championships	Auckland	
May	40 th Fletcher Challenge Forests Marathon	Rotorua	
Oct	OAVA Masters Track & Field Champs	Rarotonga	

UNIFORMS

WELLINGTON MASTERS SHORTS AND POLY/COTTON MESH SINGLET'S CAN BE ORDERED THROUGH BRUCE PERRY - TELEPHONE 478 3641

NEWTOWN PARK KEY

The key to Newtown Park was changed on 1 May, 2002 and new keys are now available for a cost of \$15 from the Wellington City Council Parks & Reserves Department.

Old keys MUST be returned.

HISTORY OF VETERAN ATHLETICS

Have you bought your copy of "A History of New Zealand Veteran Athletics 1962-1999"? It's an excellent book. Every veteran athlete should have a copy. Cost \$20.

COMING EVENTS

Date	Event	Location	Time
2002	12th Annual Running Road Race	Wellington	9:30am
Oct 1-10	World Masters Games	Wellington	
2-13	Wellington Marathon	Wellington	
13	Wellington Marathon	Wellington	
Nov 3	Wellington Marathon	Wellington	
3	Wellington Marathon	Wellington	
10	Wellington Marathon	Wellington	
24	Wellington Marathon	Wellington	
23-24	Wellington Marathon	Wellington	
2002	Wellington Marathon	Wellington	
Jan 10	Wellington Marathon	Wellington	
Feb 1	Wellington Marathon	Wellington	
Mar 1	Wellington Marathon	Wellington	
Apr 1	Wellington Marathon	Wellington	
May 1	Wellington Marathon	Wellington	
Jun 1	Wellington Marathon	Wellington	
Jul 1	Wellington Marathon	Wellington	
Aug 1	Wellington Marathon	Wellington	
Sep 1	Wellington Marathon	Wellington	
Oct 1	Wellington Marathon	Wellington	
Nov 1	Wellington Marathon	Wellington	
Dec 1	Wellington Marathon	Wellington	

122 Onslow Road, Khandallah, Wellington 6004

WELLINGTON MASTERS ATHLETICS
 If unclaimed please return to:-

NEWTON PARK KEY

The Newton Park was designed on 1 May 1988 and was the first of its kind in New Zealand. It was designed by the Wellington City Council Parks & Recreation Department. Old Newton Park is now a reserve.

HISTORY OF VETERAN ATHLETICS

This was the first of a series of New Zealand Veteran Athletics (NZVA) events. It was the first of a series of New Zealand Veteran Athletics (NZVA) events. It was the first of a series of New Zealand Veteran Athletics (NZVA) events.