

# VETRUN

Newsletter of the Wellington Association of Veteran Athletes

Volume 1 Issue 1

April 2002



**WELLINGTON CENTRE OF THE NEW ZEALAND ASSOCIATION OF VETERAN ATHLETES INC.**

**COMMITTEE MEMBERS 2001/2002**

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	Michael Clark	12B City View Grove, Lower Hutt 6009	5668755
	Vic Marks	6 Blucher Avenue Newtown, Wellington 6002	3899993
	John Palmer	122 Onslow Road, Khandallah, Wellington 6004	4792130
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VETS RECORDS:	Melanie Watson	17 Larsen Crescent Tawa, Wellington 6006	2327392

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**CLUB CO-ORDINATORS**

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H V HARRIERS:	Ian Blyth	3 Chilton Grove, Lower Hutt	9349350
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WELLINGTON VETS:	Colleena Blair	43 Elmslie Road, Pinehaven, Upper Hutt	5282992

COMMITTEE MEETINGS USUALLY 1<sup>ST</sup> MONDAY OF MONTH AT NEWTOWN PARK at 5:30pm.

CLUB REPRESENTATIVES AND MEMBERS ARE ALWAYS WELCOME

## **EDITORIAL**

Welcome to the first revamped newsletter for 2002. I must apologise for the lateness of this edition but with my involvement with the New Zealand Veteran Track and Field Championships held recently and my being on other Committees has meant that I was not able to give the newsletter the commitment and effort that it rightly deserves. I had an issue ready for publication just before the Championships but owing to a problem with the production of the address labels for the Wellington Centre, it meant that some of the information that related to the Championships was out of date and irrelevant. As I had to virtually start afresh, I thought that as it was a new year I would revamp the newsletter of the Association, firstly by increasing the size from A5 to an A4 format, and giving the publication a name. I hope these improvements meet with your approval and the new format makes it easier for you the readers.

The New Zealand Veteran Track and Field Championships held on March 15 to 18 appear, from the feed back received, a success. The Committee worked hard in organising what we hoped would be a well run weekend so that athletes would leave Wellington and remember it as one of the better, if not the best, that they had attended. The new Mondo track certainly proved popular as can be seen by the records set over the weekend. Perhaps a few more records could have been broken if it was not for the strong winds that were present over the Saturday and Sunday. The Committee is certainly grateful to Fred Goodall, our Officials Co-ordinator for his organisation of the officials for the weekend. The Committee is also very grateful to all those who gave up freely of their time to officiate and to ensure that the meeting was a success. I know that on the Sunday evening after I arrived home from the track I was absolutely exhausted – and that was only from officiating!!!

The Association would be pleased to hear from anyone who would be interested in becoming an official of the Wellington Centre. The Centre is always looking for new officials to help spread the workload around. Too often we rely on the same persons to front up weekend after weekend, meeting after meeting, to ensure that the meetings run smoothly. Officials are not just needed for the track but also through the winter season at the various interclub events throughout the region. If you are interested in becoming part of a friendly dedicated group, please contact Fred Goodall on telephone 389 1403 and see what is involved.

The next event on the calendar is the Veterans Classic Relay, to be held on Sunday 12 May 2002, at Trentham Memorial Park. Entry forms have been sent to the club co-ordinators and these should have been circulated within the clubs.

Membership for this time of the year is very encouraging; no doubt many veterans paid their subscription early to enable them to enter in the Championships. It is pleasing to see a number of new members joining and also a number of past members rejoining.

Finally, congratulations to Ellis Goodyear on being presented with the Wellington Centre NZAVA Sportsperson of the Year Award for his outstanding achievements at Brisbane last July. Jim Blair presented this award to Ellis during the lunch break on the second day of competition at the Wellington Veteran's Track and Field Championships.

John Palmer,  
Editor

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Cover photo:

Ellis Goodyear with the Wellington Centre NZAVA Sportsperson of the Year Trophy presented to him by Jim Blair at the recent Wellington Track & Field Championships.

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## **SPIKES ON NEW MONDO TRACK**

The maximum length of spikes to be used on the track for sprinters and distance runners is 6mm. Recommended are Pyramid, Conical or Tree spikes. Extra long grass spikes **MUST NOT** be used. Needle spikes are not suitable. 9mm spikes may be used on the Javelin and Jumps runways.

Spike checks will be carried out by WCC staff and Wellington Track & Field Committee members.

Your co-operation is asked to protect the new Mondo track.

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## **CHANGE OF ADDRESS**

If any member changes their address, it would be appreciated if they could notify the subscription secretary. This enables the Association to keep records that are accurate and up to date and ensures that you continue to receive your newsletter. It is also important that Club Co-Ordinators notify the Secretary of any change of address to enable the information to keep getting out to the clubs in the Centre.

## **MEMBERSHIP**

As at the April committee meeting our membership for the 2001-2002 financial year stands at 122. A warm welcome is extended to the following new members:

Geoff Henry (WHAC); Steve Lawton (WHAC); Leah Karu (Scottish); Mick Rice (Wn Vets); Vicky Humphries (WHAC) and Christine Jones (Scottish).

A warm welcome is also extended to the following members who have renewed their membership after a period away from the Association:

Ian Mitchell (Wn Vets); Betty and Chris Harp (Scottish); Paul Murphy (Trentham); Delphine Gore (Scottish); Bernie Portenski (Scottish); Jenny McDonald (Scottish); Barry Prosser (Olympic); Jeanette Chung (Kiwi) and Thomas Kerr (Wn Vets).

## **ARTICLES FOR NEWSLETTER**

If any member wishes to have an article included in the newsletter, please forward it to the Editor, 122 Onslow Road, Khandallah, or email it to [palmer.palace@xtra.co.nz](mailto:palmer.palace@xtra.co.nz).

## **DATE CHANGE - 2002 NZ ROAD RELAY CHAMPIONSHIPS**

It is with regret that Athletics New Zealand and Fielding Moa A & H Club wish to advise that the date for the 2002 National Road Relay in Fielding is now to be held on Saturday 28 September 2002. This change has been prompted by a large religious conference taking place in Palmerston North over a period of 10 days, which include the weekend of the relay and accommodation is at a premium.

## **CONGRATULATIONS**

To Bruce Perry on his recent promotion to "International Walking Judge". This is a well deserved promotion as Bruce has put a lot of time into athletics, officiating over many years, and has been the driving force in the Wellington Centre to ensure that we have enough trained judges to officiate at events.

## **NAME CHANGE**

At the recent AGM of the NZAVA, the remit put forward regarding the change of name from NZAVA to New Zealand Masters Athletics was carried. The Association is in the process of registering the new name with the Registrar of Incorporated Societies.

The Wellington Centre will approve the name change at our AGM to be held August/September.

## **NZAVA MEMBERSHIP**

When I was asked to write an article for this newsletter my first reaction was to write about the recent NZAVA National Track and Field Championships held in Wellington last month. However, as I was a member of the local organising committee any comments I made would probably appear to have come from my other role as President of NZAVA. In the end I decided to write about NZAVA membership and what it provides for our members.

The NZAVA annual subscription fee was increased to \$27.50 at the AGM of NZAVA held in conjunction with the recent championships. Previously the fee had been \$25 and in addition a further \$2 was charged to be a member of the Wellington Centre of NZAVA. Compared to many other sporting codes where fees of about \$200 for six months are charged our fee is probably the lowest by far of any sporting code. It also covers a twelve month period.

The most common question asked by veteran athletes is "what do I get for my subscription fee?" The first received is a personal copy every three months of our NZAVA magazine – VETLINE. This magazine gives each athlete full information on coming events, entry forms, results of events and often very useful information on the various veterans local, national and international scene. The cost of producing Vetline is probably more than the annual fee paid by each veteran athlete.

Next is the opportunity to compete at any "veterans alone" event at Wellington Centre and at any other Centre conducting such events. There is the opportunity to compete at Wellington Centre combined Road and Cross Country Championships and also the Wellington Veterans Centre Track and Field Championships.

In addition, veteran athletes are also able to compete at combined Athletics New Zealand/NZAVA National Road and Cross Country Championships and the NZAVA National Track and Field Championships.

Comment is also made by many veteran athletes who are also members of an Athletics New Zealand Club "why should I join the Veterans Association when I can do all the events I want to by being a member of an ANZ club". Yes, this is correct but only partly correct. Members of ANZ Clubs who are of veteran age may compete at the combined ANZ/NZAVA Championships but they cannot compete at "veteran alone" events and they cannot compete at Centre and National NZAVA Track and Field Championships.

At the higher level of International Competition, and this covers Oceania Veterans Championships, World Masters Athletic Championships (formerly WAVA), and World Masters Athletic (again formerly WAVA) Long Distance Championships ONLY athletes who are members of NZAVA can compete at any of the above Championships.

There really is a lot of value and opportunities in return for our small annual fee.

Finally, there is also this Newsletter available to our Wellington Veteran Athletes.

Jim Blair

## **NZ VETERAN TRACK & FIELD CHAMPIONSHIPS**

March 15-18, 2002 will be recorded as the dates the Wellington Veteran Athletes Association hosted the 28<sup>th</sup> NZ Veteran Track and Field Championships on the new Mondo surface at Newtown Park, Wellington.

When considering the event highlights most would point to the world records set on the new Mondo track, and there is no doubt these were highlights but I see the great spirit in which competition was conducted and the overall quality of performances to also be worthy highlights.

Anyone who has been involved in organising this championship in the past will be well aware of the monumental effort required to meet the exacting standards expected by most Veteran Athletes. The organising committee comprised eleven members, of which only three members had prior experience organising a national championship event. There was much to learn for the other eight members and a great deal to do for the entire committee.

I would like to take this opportunity to publicly acknowledge and sincerely thank the members of the organising committee for their role in making this event happen. I also need to acknowledge the assistance we received from others along the way, and particularly during the four days of the championships.

Comments received during the championships and written compliments received since the championships are a strong indicator that the Athletes consider this event to have been a great success.

A few of the positives were the new Mondo surface, the performance of the Officials, the track events running to time, the speed of the results, the quality of the polo shirts, the Saturday night function (particularly the quality of the food), the medals, the informal and efficient presentation of the medals and the program booklet.

As with all events of this nature there were a few opportunities for improvement identified – some of the field events ran over time, the saga of the missing result sheet and the inevitable challenges of the Wellington weather in mid March.

An experienced event organiser from outside Wellington said to me on the first night of competition that you are not judged on issues occurring, you are judged on how you deal with them. This turned out to be so true and I thank Jim Tobin for his words of wisdom.

The weather could have been much worse and tolerable conditions held out almost to the end. Only the Weight Pentathletes experienced one of our torrential downpours around midday on Monday 18<sup>th</sup> but even this did not dent their enthusiasm.

I am pleased to have been involved with the organisation of this event but sure am looking forward to the next few national championships when others will have this experience.

Kevin Watson  
President  
Wellington Centre  
NZAVA

## ATHLETICS

# WORLD RECORDS BEATEN

TWO world records were broken at the National Veteran Athletic Championships at Wellington's Newtown Stadium during the weekend.

The new mondo track brought fast times throughout the three day competition.

Bernie Portenski, of Wellington, shattered the world record in the women's over-50 5000m with her time of 17min 53.66s, beating the previous mark by 25s.

Gail Kirkman, of Fiordland, set a new world record in the same grade, clocking 2min 20.1s for 800m to beat the old mark by 1s.

Wellingtonians who broke championship and national records were: Vicky Humphries, W35 5000m with a time of 17.41.15; Jim Blair M70 high jump, 1.25m; and Laurence Voight, M40 weight throw, 12.10m.

More than 30 championship records fell during the event.

(Dominion 18 March 2002)

## RECORDS/BEST PERFORMANCES SET AT 28th NZAVA TRACK AND FIELD CHAMPS WELLINGTON 15-18 MARCH 2002

### WORLD RECORD

<u>800m</u>	W50-54	Gail Kirkman	2:20.01
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### WORLD AGE BEST

<u>800m</u>	W50	Gail Kirkman	2:20.01
<u>Weight Pentathlon</u>	W37	Christine McCahill	3818 pts
<u>5000m</u>	W52	Bernie Portenski	17:53.66

### NZMA NEW ZEALAND RECORDS

<u>400m</u>	W50	Gail Kirkman	60.83				
<u>800m</u>	W50	Gail Kirkman	2:20.01	<u>100m</u>	M70	John Macfarlane	14.54
<u>5000m</u>	W50	Bernie Portenski	17:53.66	<u>200m</u>	M70	John Macfarlane	30.58
<u>High Jump</u>	W50	Gail Kirkman	1.40=	M90	Frank Cox	73.79	
<u>Triple Jump</u>	W40	Lyn Osmer	10.09	<u>400m</u>	M80	Eric de Lautour	1:23.77
<u>Pole Vault</u>	W50	Joanne Anderson	2.00	M85	Syd Taylor	1:50.89	
<u>80m Hurdles</u>	W55	Lois Anderson	1.80	M90	Frank Cox	3:05.26	
W50	Gail Kirkman	13.63		<u>800m</u>	M90	Frank Cox	6:41.73
W55	Lois Anderson	15.74		<u>110 Hurdles</u>	M35	Stephen Te Whaiti	17.95
<u>Javelin</u>	W75	Audrey Williams	15.94	<u>High Jump</u>	M90	Frank Cox	0.71
<u>Weight Throw</u>	W35	Christine McCahill	16.67	<u>Triple Jump</u>	M70	John Macfarlane	8.63
W70	Colleen Bruner	10.19		<u>Discus</u>	M90	Frank Cox	7.22
<u>Hammer</u>	W35	Christine McCahill	45.43	<u>Hammer</u>	M90	Frank Cox	7.64
<u>Discus</u>	W75	Audrey Williams	14.06	<u>Weight Throw (9.08kg)</u>	M65	Laurie Devlin	17.09
<u>Pentathlon</u>	W55	Lois Anderson	3138 pts	<u>Pentathlon</u>	M35	Steve Te Whaiti	2953 pts
<u>300m Hurdles</u>	W50	Gail Kirkman	48.17	M70	John Macfarlane	3008 pts	
<u>2000m Steeplechase</u>	W35	Vicky Humphries	7:47.36	<u>3000m Track Walk</u>	M75	Peter Davis	19:42.5
				<u>10km Road Walk</u>	M75	Peter Davis	69:02.0

**Javelin**

M90 Frank Cox 6.65

**Long Jump**

M70 Charlie Deacon 3.95

M90 Frank Cox 1.30

**300m Hurdles**

M70 Allan Roberts 61.31

**Shot**

M90 Frank Cox 2.76

**NZMA CHAMPIONSHIP RECORDS****100m**

W30 Marissa Stephen 12.81

W50 Gail Kirkman 13.66

**200m**

W50 Gail Kirkman 27.72

**400m**

W30 Marissa Stephen 59.28

W50 Gail Kirkman 60.83

**800m**

W50 Gail Kirkman 2:20.01

**5000m**

W35 Vicky Humphries 17:41.15

W50 Bernie Portenski 17:53.66

**10,000m**

W50 Bernie Portenski 36:54.02

**10km Race Walk**

W45 Neroli Amyes 54:54.0

W60 Loloma Foster 65:28.0

**80m Hurdles**

W50 Gail Kirkman 13.63

W55 Lois Anderson 15.74

**High Jump**

W40 Lyn Osmers 1.51

W50 Gail Kirkman 1.40

W55 Lois Anderson 1.22

**Pole Vault**

W50 Joanne Andersen 2.00

W55 Lois Anderson 1.80

**Triple Jump**

W40 Lyn Osmers 10.09

**Discus**

W75 Audrey Williams 13.97

**Hammer**

W35 Christine McCahill 45.43

W70 Colleen Brunker 25.64

**Javelin**

W75 Audrey Williams 15.94

**Weight Throw**

W35 Christine McCahill 16.67

W70 Colleen Brunker 10.19

**Pentathlon**

W30 Nicky Buchanan 2081 pts

W50 Tui Ashe 2972 pts

W55 Lois Anderson 3138 pts

**Weight Pentathlon**

W35 Christine McCahill 3818 pts

**400m Hurdles**

W30 Marissa Stephen 66.98

**300m Hurdles**

W50 Gail Kirkman 48.17

**3000m Steeplechase**

W35 Vicky Humphries 7:47.36

**Long Jump**

W50 Gail Kirkman 4.64

**Shot**

W35 Christine McCahill 13.34

**100m**

M65 Bruce McPhail 13.42

M70 John Macfarlane 14.54

**200m**

M65 Bruce McPhail 27.78

M70 John Macfarlane 30.58

M90 Frank Cox 73.79

**400m**

M65 Bruce McPhail 66.06

M70 John Macfarlane 70.22

M80 Eric de Lautour 1:23.77

M85 Syd Taylor 1:50.89

M90 Frank Cox 3:05.26

**800m**

M70 John Downey 2:35.92

M90 Frank Cox 6:41.73

**10km Race Walk**

M75 Peter Davis 69:02.0

**110m Hurdles**

M35 Stephen Te Whaiti 17.95

M45 Earl Crowley 20.53

**High Jump**

M70 Jim Blair 1.26

M90 Frank Cox 0.71

**Triple Jump**

M70 John Macfarlane 8.63

M75 John Holland 6.33

**Discus**

M90 Frank Cox 7.22

**Hammer**

M90 Frank Cox 7.64

**Javelin**

M50 Cameron Murch 46.28

**Weight Throw**

M35 Mark Cumming 14.47

M40 Laurence Voight 12.10

M65 Laurie Devlin 17.09

**Pentathlon**

M35 Stephen Te Whaiti 2953 pts

M65 Ron Johnson 3314 pts

M70 John Macfarlane 3008 pts

**Pole Vault**

M70 Charlie Deacon 2.00

**3000m Track Walk**

M75 Peter Davis 19:42.5

**300m Hurdles**

M70 Allan Roberts 61.31

**Long Jump**

M70 Charlie Deacon 3.95

M90 Frank Cox 1.30

**Javelin**

M90 Frank Cox 6.65

**Shot**

M90 Frank Cox 2.76



**NZAVA Track and Field Championships 2002 - 15/03/02 to 18/03/02  
Newton Park Wellington New Zealand**

**Wellington Competitors Results**

Age	Pl	Name	Perf.	Wind	Age	Pl	Name	Perf.	Wind
<b>100m Dash:</b>					<b>10000m:</b>				
W45	1.	C Jones	15.41	(2.0)	M55	2.	R Sweetman	20:33.79	
W50	3.	V Gould	14.81	(-2.0)	M65	6.	J Hines	27:46.69	
W60	2.	J Hammond	16.67	(0.5)	M70	1.	E Goodyear	22:01.78	
M35	2.	M Macfarlane	12.22	(3.5)		2.	M Browne	25:16.07	
	3.	H Davies	12.49	(3.5)		4.	I Jacobson	28:53.76	
	4.	S McKeivitt	12.77	(3.5)	<b>3000m Race Walk:</b>				
M45	7.	K Watson	14.23	(2.2)	W40	1.	B Burke	47:20.50	
M50	4.	P Rodway	15.60	(-2.2)	W50	1.	B Portenski	36:54.02	
M75	1.	B Nicholson	16.91	(3.1)	M55	1.	R Sweetman	42:59.77	
	4.	N Rodley	21.64	(3.1)	M65	4.	J Hines	56:11.70	
<b>200m Dash:</b>					M70	1.	E Goodyear	44:37.27	
W45	1.	C Jones	32.69	(1.0)	<b>10k Race Walk:</b>				
W50	4.	V Gould	32.52	(1.0)	W35	2.	K Fraser	20:59.8	
W60	1.	J Hammond	34.34	(-1.7)	W40	1.	A de Lorenzo	16:05.7	
M35	2.	M Macfarlane	25.32	(-0.1)		3.	B Burke	19:09.0	
M45	4.	G Clareburt	29.34	(-0.1)	W50	1.	M Bray	24:15.4	
	6.	K Watson	30.79	(-0.1)	W55	2.	V Campkin	24:41.1	
M55	6.	M Clark	35.58	(1.1)	M50	2.	R Watson	16:49.5	
<b>400m Dash:</b>						4.	M Rice	20:21.7	
W35	2.	A Hare	1:08.91		M65	3.	B Read	22:22.0	
W45	1.	C Jones	1:13.37		M60	1.	M Burkinshaw	18:08.7	
M35	2.	M Macfarlane	55.20		<b>80m Hurdles:</b>				
	4.	S McKeivitt	56.41		W60	1.	J Hammond	18.86	(NW1)
M45	3.	G Blacklaws	1:01.57		M70	2.	J Blair	18.64	(2.2)
	4.	G Clareburt	1:03.43		<b>100m Hurdles:</b>				
M50	5.	P Rodway	1:13.10		M55	3.	F Campkin	22.19	(-3.6)
M70	3.	M Browne	1:28.60		<b>400m Hurdles:</b>				
M75	2.	B Nicholson	1:30.01		M55	2.	F Campkin	1:17.00	
<b>800m:</b>					<b>2000m Steeplechase:</b>				
W35	2.	R Stansfield	2:40.47		W35	1.	V Humphries	7:47.36	
W45	2.	C Jones	2:49.72		<b>3000m Steeplechase:</b>				
M45	2.	G Blacklaws	2:14.83		M50	2.	I Blyth	12:54.21	
M50	4.	I Blyth	2:26.64		M55	2.	F Campkin	12:32.88	
M55	5.	R Sweetman	2:58.06		<b>High Jump:</b>				
M70	2.	E Goodyear	2:55.60		W60	1.	J Hammond	1.08m.	
	3.	M Browne	3:14.39		M35	1.	M Macfarlane	1.65m.	
<b>1500m:</b>					M45	3.	K Watson	1.30m.	
W35	1.	A Hare	4:54.05		M50	3.	I Blyth	1.35m.	
	2.	V Humphries	4:58.66		M70	1.	J Blair	1.26m.	
	3.	R Stansfield	5:22.87		M75	1.	B Nicholson	0.96m.	
W45	1.	J McDonald	5:00.48			2.	N Rodley	0.83m.	
M40	3.	T Krieble	4:31.11		<b>Long Jump:</b>				
M45	3.	G Blacklaws	4:33.07		W50	2.	V Gould	3.72m.	(NW1)
M50	4.	I Blyth	5:02.86		W60	1.	J Hammond	3.38m.	(NW1)
	5.	P Rodway	5:34.64		M35	2.	M Macfarlane	5.19m.	(1.7)
M55	6.	R Sweetman	5:51.95		M45	4.	K Watson	3.66m.	(4.3)
	7.	M Clark	6:19.64		M75	1.	B Nicholson	2.89m.	(3.0)
M70	2.	E Goodyear	6:04.96		<b>Triple Jump:</b>				
	3.	M Browne	6:55.56		W40	2.	M Watson	6.50m.	(1.0)
	4.	I Jacobson	8:04.94		M45	2.	K Watson	7.68m.	(2.9)
<b>5000m:</b>					M75	2.	N Rodley	4.75m.	(1.8)
W35	1.	V Humphries	17:41.15		<b>Shot Put:</b>				
	2.	R Stansfield	19:42.42		W35	2.	K Fraser	7.83m.	
W50	1.	B Portenski	17:53.66						
M45	1.	V New	16:26.88						
	3.	C Harp	17:36.69						
M50	3.	P Rodway	20:34.28						
	4.	R Owen	20:48.40						

### Shot Put - continued

W50	8.	V Gould	7.44m.
M35	3.	M Macfarlane	8.84m.
M40	2.	L Voight	11.05m.
M55	4.	K Bade	8.49m.
M60	3.	F Goodall	8.53m.
M65	1.	R Harris	11.20m.
M75	2.	B Nicholson	6.77m.

### Discus Throw:

W35	2.	K Fraser	22.86m.
W40	1.	M Watson	18.00m.
M50	5.	R Watson	19.97m.
M55	1.	K Bade	30.03m.
M60	4.	F Goodall	28.60m.
M70	3.	J Blair	22.91m.
M75	3.	B Nicholson	18.19m.

### Hammer Throw:

W35	3.	K Fraser	14.86m.
W40	1.	M Watson	17.68m.
W50	6.	V Gould	21.46m.
M40	2.	L Voight	31.56m.
M55	4.	K Bade	24.50m.

### Javelin Throw:

M45	3.	K Watson	19.09m.
M55	3.	K Bade	20.83m.
M60	1.	F Goodall	35.75m.
	4.	M Burkinshaw	12.03m.
M70	2.	J Blair	31.29m.
M75	2.	B Nicholson	19.50m.

### Weight Throw:

M40	1.	L Voight	12.10m.
M55	4.	K Bade	9.02m.

### Outdoor Pentathlon:

W50	1.	J Hammond	3171pts.
M45	5.	K Watson	1475pts.
M55	1.	M Clark	1916pts.

### Weight Pentathlon:

M40	2.	L Voight	2274pts.
M55	3.	K Bade	2357pts.

## WORLD RECORDS

A quick glance at the world records/bests provides little evidence that the men versus women gap is significantly closer over the marathon than other championship distances. In fact, Ndereba's time compares far less favorably with the men's record than Florence Griffith-Joyner's 100m record stacks up against Maurice Greene's mark.

	Men	Women	Difference
100m	9.79	10.49	7.2%
200m	19.32	21.34	10.5%
400m	43.18	47.6	10.2%
800m	1:41.1	1:53.28	12.6%
1500m	3:26.0	3:50.46	11.9%
5000m	12:39.36	14:28.09	14.3%
10000m	26:22.7	29:31.78	11.9%
Marathon	2:05:42	2:18:47	10.4%

## KIDS WRITE THE DARNEST THINGS

If you know the Bible - even a little - you'll find this hilarious! It comes from a Catholic Elementary School. Kids were asked questions about the Old and New Testaments. The following statements about the bible were written by children. They have not been retouched or corrected (i.e., incorrect spelling has been left in).

1. In the first book of the bible, Guinnessis, God got tired of creating the world, so he took the Sabbath off.
2. Adam and Eve were created from an apple tree. Noah's wife was called Joan of Ark. Noah built an ark, which the animals come on to in pears.
3. Lot's wife was a pillar of salt by day, but a ball of fire by night.
4. The Jews were a proud people! and throughout history they had trouble with the unsympathetic Genitals.
5. Samson was a strongman who let himself be led astray by a Jezebel like Delilah.
6. Samson slayed the Philistines with the axe of the Apostles.
7. Moses led the Hebrews to the Red Sea, where they made unleavened bread which is bread without any ingredients.
8. The Egyptians were all drowned in the dessert. Afterwards, Moses went up on Mount Cyanide to get the ten amendments.
9. The first commandment was when Eve told Adam to eat the apple.
10. The seventh commandment is thou shalt not admit adultery.
11. Moses died before he ever reached Canada. Then Joshua led the Hebrews in the battle of Geritol.
12. The greatest miracle in the Bible is when Joshua told his son to stand still and he obeyed him.
13. David was a Hebrew king skilled at playing the liar. He fought with the Finklesteins, a race of people who lived in Biblical times.
14. Solomon, one of David's sons, had 300 wives and 700 porcupines.
15. When Mary heard that she was the mother of Jesus, she sang the Magna Carta.
16. When the three wise guys from the east side arrived, they found Jesus in the manager.
17. Jesus was born because Mary had an immaculate contraption.
18. St. John the blacksmith dumped water on his head.
19. Jesus enunciated the Golden Rule, which says to do one to others before they do one to you. He also explained, a man doth not live by sweat alone.
20. It was a miracle when Jesus rose from the dead and managed to get the tombstone off the entrance.
21. The people who followed the Lord were called the 12 decibels.
22. The epistles were the wives of the apostles.
23. One of the opossums was St. Matthew who was also a taximan.
24. St. Paul cavorted to Christianity. He preached holy acrimony, which is another name for marriage.
25. Christians have only one spouse. This is called monotony.



**RESULTS . . .****WELLINGTON VETERAN TRACK & FIELD CHAMPIONSHIPS  
10 & 24 February 2002 at Newtown Park****TRACK 10/2/02**

Place	V	Name	Club	HT	ET	Wind
<b>Event 1 100m W</b>						
1	W50	Veronica Gould	WHAC	15.10	0.00	+0.7
2	W60	Judy Hammond	Kapiti	16.00	0.00	

Place	V	Name	Club	HT	ET	Wind
<b>Event 2 100m M</b>						
1	M35	Hiko Davies	VU	12.60		+1.0
2	M50	Paul Rodway	Scot	15.30		
3	M75	Bill Nicholson	Wn Vet	17.40		
4	M75	Norm Rodley	Vic	22.00		

Place	V	Name	Club	HT	ET
<b>Event 3 2000m Steeplechase M</b>					
1	M70	John Downey	Wang	8.42.30	8.42.65

Place	V	Name	Club	HT	ET
<b>Event 4 3000m Steeplechase</b>					
1	M55	F. Campkin	WHAC	12.03.00	12.03.04**

Place	V	Name	Club	HT	ET	Wind
<b>Event 5 200m W</b>						
1	W50	Veronica Gould	WHAC	32.50	32.74	+1.0
2	W60	Judy Hammond	Kapiti	32.80	34.00	

Place	V	Name	Club	HT	ET	Wind
<b>Event 6 200m M</b>						
1	M35	Hiko Davies	VU	27.00	27.24	+0.7
2	M40	Thomas Kerr	Wn Vet	29.90	30.20	
3	M50	Barry Prosser	Oly	30.50	30.59	
4	M50	Paul Rodway	Scot	31.40	31.65	
5	M55	Michael Clark	R/Taka	32.60	32.75	

Place	V	Name	Club	HT	ET
<b>Event 7 5000m Walk</b>					
1	W40	A. de Lorenzo	Scot		27.08.10**
2	M60	M. Burkinshaw	Oly	32.07.90	32.08.16
3	W40	Brenda Burke	Scot	33.19.40	33.19.65
4	M60	Robert Bennett	Scot	37.47.30	37.47.08
5	M65	Brian Read	Kiwi	38.01.00	38.01.38
6	W50	Margaret Bray	Scot	41.18.70	41.19.02

Place	V	Name	Club	HT	ET
<b>Event 8 400m HURDLES M</b>					
1	M55	F. Campkin	WHAC	1.15.30**	

Place	V	Name	Club	HT	ET
<b>Event 9 1500m W</b>					
1	W35	Anne Hare	WHAC	4.56.40	4.56.61
2	W50	Bernie Portenski	Scot	5.00.50	5.00.58**
3	W35	Robyn Stansfield	Scot		5.22.94

Place	V	Name	Club	HT	ET
<b>Event 10 1500m M</b>					
1	M40	Todd Kreible	WHAC	4.31.10	4.31.27
2	M45	G. Blacklaws	Kiwi	4.31.30	4.31.36
3	M50	Barry Prosser	Oly	4.35.60	4.35.85
4	M50	Ian Blyth	VU	5.08.20	5.08.44
5	M50	Paul Rodway	Scot		5.30.56
6	M70	Ellis Goodyear	Capt		5.58.84
7	M55	Michael Clark	R/Taka		6.09.49
8	M70	Michael Browne	Scot		6.45.84

Place	V	Name	Club	HT	ET
<b>Event 11 400m M &amp; W</b>					
1	M45	Gary Clareburt	WHAC	1.03.90	1.03.93
2	W35	Anne Hare	WHAC	1.09.30	1.09.51

Place	V	Name	Club	HT	ET
<b>Event 12 5000m M &amp; W</b>					
1	M45	Vaughan New	VU	16.11.10	16.11.62
2	M45	Chris Harp	Scot	17.18.00	17.19.30
3	W50	Bernie Portenski	Scot	17.21.80	17.22.22**
4	W45	Jenny McDonald	Scot	17.43.40	
5	W35	Vicky Humphrey	WHAC	18.47.50	18.47.87
6	W35	Robyn Stansfield	Scot	20.03.90	20.04.15
7	M50	Richard Owen	Vic	20.11.00	20.11.06
8	M70	Ellis Goodyear	Capt	21.46.10	21.46.36
9	W40	Brenda Burke	Scot	22.49.20	22.49.59
10	M70	Michael Browne	Scot	26.41.30	26.41.81

**24/2/02**

Place	V	Name	Club	HT	ET
<b>Event 1 800m M &amp; W</b>					
1	M40	Todd Krieble	WHAC	2.20.70	2.20.77
2	M50	Ian Blyth	VU	2.27.50	2.27.61
3	W35	Anne Hare	WHAC	2.28.60	2.28.69**
4	M50	Paul Rodway	Scot	2.44.90	2.44.92
5	W35	Robyn Stansfield	Scot	2.49.30	2.49.44
6	M70	Ellis Goodyear	Capital	2.51.20	2.51.28**
7	M55	Michael Clark	R/Taka	3.01.60	3.01.73
8	M70	Michael Browne	Scot	3.18.10	3.18.19
9	M70	Ian Jacobson	Wn Vet	4.12.40	4.12.53

Place	V	Name	Club	HT	ET
<b>Event 2 Sprint Hurdles M &amp; W</b>					
1	W60	Judy Hammond	Kapiti	18.80	18.91
2	M55	Francis Campkin	WHAC	22.30	22.48

Place	V	Name	Club	HT	ET
<b>Event 3 1500m Track Walk M &amp; W</b>					
1	M60	Mike Burkinshaw	Oly	8.58.40	8.58.69**
2	W35	Kathryn Fraser	Scot	9.35.10	9.35.18**
3	W40	Brenda Burke	Scot	9.35.80	9.35.71**
4	M65	Brian Read	Kiwi	11.01.40	11.01.51
5	W50	Margaret Bray	Scot	11.37.80	11.37.84
6	W50	Val Campkin	Wn Vet	11.42.10	11.42.59
7	W65	Pam McKenzie	Field	12.00.50	12.00.62

**FIELD 10/2/02**

Place	V	Name	Club	Distance
<b>Event 1 SHOT PUT W</b>				
1=W35		Kathryn Fraser	Scottish	7.61
1=W50		Veronica Gould	WHAC	7.61
3 W60		Judy Hammond	Kapiti	6.76

Place	V	Name	Club	Distance
<b>Event 2 SHOT PUT M</b>				
1 M55		Phillip Cox	Wanganui	10.90
2 M40		Laurence Voight	Kiwi	10.86**
3 M65		Richard Harris	Wn Vets	10.81
4 M65		Laurie Devlin	H/Bay	10.64
5 M60		Fred Goodall	WHAC	8.38
6 M70		Jim Blair	Wn Vets	7.56
7 M75		Bill Nicholson	Wn Vets	6.72
8 M55		Peter Jack	Kiwi	6.10

Place	V	Name	Club	Distance
<b>Event 3 TRIPLE JUMP</b>				
1 M75		Norm Rodley	Victoria	4.69**

## FIELD RESULTS - continued

Place	V	Name	Club	Dist	Wind
<b>Event 4 DISCUS W</b>					
1	W35	Kathryn Fraser	Scottish	20.20	
<b>Event 5 DISCUS M</b>					
1	M65	Laurie Devlin	H/Bay	32.78	
2	M60	Fred Goodall	WHAC	31.52	
3	M70	Jim Blair	Wn Vets	28.30	
4	M55	Phillip Cox	Wanganui	27.19	
5	M55	Michael Clark	Rimutaka	20.12	
6	M75	Bill Nicholson	Wn Vets	19.53	
7	M55	Peter Jack	Kiwi	16.26	
<b>Event 6 WEIGHT THROW W</b>					
1	W50	Veronica Gould	WHAC	6.25	9.072kg
2	W35	Kathryn Fraser	Scottish	5.93	9.072kg
<b>Event 7 WEIGHT THROW M</b>					
1	M65	Laurie Devlin	H/Bay	16.77	9.072kg
2	M55	Phillip Cox	Wang	13.26	11.34kg
3	M40	Laurence Volght	Kiwi	12.27	15.86kg**
<b>Event 8 HIGH JUMP W</b>					
1	W60	Judy Hammond	Kapiti	1.06	
<b>Event 9 HIGH JUMP M</b>					
1	M50	Ian Blyth	MVH	1.27	
2	M70	Jim Blair	Wn Vets	1.24	
3	M75	Bill Nicholson	Wn Vets	0.94	
4	M75	Norm Rodley	Victoria	0.85	
<b>Event 10 HAMMER W</b>					
1	W50	Veronica Gould	WHAC	21.79**	
2	W35	Kathryn Fraser	Scottish	14.66	
<b>Event 11 HAMMER M</b>					
1	M65	Laurie Devlin	H/Bay	45.85	
2	M55	Phillip Cox	Wanganui	35.13	
3	M40	Laurence Volght	Kiwi	31.99	
4	M55	Peter Jack	Kiwi	14.48	
<b>Event 12 LONG JUMP W</b>					
1	W60	Judy Hammond	Kapiti	3.60	0.00
2	W50	Veronica Gould	WHAC	3.48	0.30
<b>Event 13 LONG JUMP M</b>					
1	M55	Michael Clark	Rimutaka	3.80	+0.3
2	M75	Bill Nicholson	Wn Vets	3.33	-0.8
3	M75	Norm Rodley	Victoria	2.10	+0.5
<b>Event 14 JAVELIN W</b>					
1	W60	Judy Hammond	Kapiti	14.51	
<b>Event 15 JAVELIN M</b>					
1	M60	Fred Goodall	WHAC	32.91	
2	M70	Jim Blair	Wn Vets	31.20	
3	M75	Bill Nicholson	Wn Vets	20.37	
4	M55	Michael Clark	Rimutaka	19.28	
5	M55	Peter Jack	Kiwi	17.21	
6	M60	M. Burkinshaw	Olympic	14.61	
<b>24/2/02</b>					
<b>Event 1 Pole Vault M</b>					
1	M75	Bill Nicholson	Wn Vets	1.06m	

<b>Event 2 OUTDOOR PENTATHLON</b>			
1	W50	Veronica Gould	WHAC 1925pts
1	W60	Judy Hammond	Kapiti 2939pts
<b>Event 3 WEIGHT PENTATHLON</b>			
1	W35	Kathryn Fraser	Scottish 1371pts
1	M35	Mark McFarlane	1993pts
1	M55	Michael Clark	Rimutaka 1828pts
1	M70	John Macfarlane	3027pts
1	M75	Bill Nicholson	Wn Vets 2115pts

\*\*Donates Wellington Record

## RESULTS

### City of Wellington Full & Half Marathon - 20 January 2002

#### Full Marathon:

M40-44	Peter Wrigley	3:34:31
M55-59	Stephen Tubbs	4:29:53

#### Half Marathon:

##### Women:

W35-39	Gabrielle O'Rourke	1:22:27
	Leah Karu	2:10:45
W40-44	Betty Harp	1:26:21
	Brenda Burke	1:48:03
W45-49	Jenny McDonald	1:28:41
	Christine Jones	1:42:20
	Kathy Young	1:43:15
W50-54	Delphine Gore	1:41:05
	Ann Bould	1:58:50
	Sue Hamlett	2:28:28

##### Men:

M40-44	Des Young	1:24:32
	Gordon Clarke	1:26:58
	Jim Kerr	1:26:59
M45-49	Chris Harp	1:21:57
	Mike Wimsborough	1:32:10
M50-54	Hank Leech	1:27:17
	Paul Rodway	1:40:26
	John Palmer	1:40:32
	Jasvant Duhabh	1:43:55
	Richard Owen	1:55:48
M55-59	Jeff Annan	1:31:55
	John Heap	1:33:02
	Barry Coupland	1:48:32
M70-74	Ellis Goodyear	1:37:18

#### Half Marathon Walk:

##### Men:

M45-49	Mike Lane	2:14:17
M75-79	Peter Tearle	2:34:17
	Bill Childs	3:03:00

##### Women:

W35-39	Kathryn Fraser	2:36:06
W40-44	A. de Lorenzo	2:09:06
W50-54	Mary Lynch	3:19:02
	Pauline Coupland	3:19:02

## COMING EVENTS

### 2002

#### April

27 Fletcher Challenge Forests Marathon Rotorua 10am

#### May

4 Nelson Half Marathon & 10km Walk Nelson

12 Veterans Classic Relay Trentham

18 Battle Hill Cross Country Races (Interclub) Pauatahanui

19 Huntly Half Marathon Huntly

#### June

2 Christchurch Full & Half Marathon Christchurch

2 Aurora Handicap Marathon Upper Hutt

8 Dorne Cup (Interclub) Trentham 11am

16 Harbour Capital Half Marathon Wellington

22 Vosseler Shield (Interclub) Mt Victoria

#### July

5-7 North Island Cross Country Champs Taupo

20 Wellington Cross Country Championships Waikanae

28 Veterans 8km Road Race Johnsonville 11am

#### Aug

17 Bays Relay (Interclub) Island Bay start

24 Wellington Centre & Veterans Road Champs CIT, Trentham

#### Sept

7 National Road Championships Napier

28 NZ Road Relay Championships Fielding

#### Oct

3-10 25<sup>th</sup> Round Rarotonga Road Race Rarotonga

6 Masterton Full & Half Marathon Masterton

5-13 World Masters Games Melbourne

#### Nov

3 Veterans 10km Road Race Lower Hutt 9.30am

22-24 North Island Track & Field Championships Palmerston North

### 2004

April Veterans Long Distance Championships Auckland

Oct OAVA Veterans Track & Field Champs Rarotonga

## UNIFORMS

WELLINGTON VETERANS SHORTS AND POLY/COTTON MESH SINGLETs CAN BE ORDERED THROUGH BRUCE PERRY - TELEPHONE 478 3641

## NEWTOWN PARK KEY

The key to Newtown Park is to be changed on 1 May, 2002 and new keys will be available for a cost of \$15 from the Wellington City Council Parks & Reserves Department.

Old keys MUST be returned.

## HISTORY OF VETERAN ATHLETICS

Have you bought your copy of "A History of New Zealand Veteran Athletics 1962-1999"? It's an excellent book. Every veteran athlete should have a copy. Cost \$20.

**NEW MEMBER/RENEWAL OF SUBSCRIPTION FORM - If you know anyone that is interested in joining or who has not renewed their subscription, please pass on this form to them.**

**SUBSCRIPTION FOR THE 2001/2002 YEAR**

(1st September 2001 to 31st August 2002) \$27 = \$25 NZAVA, \$2 WnAVA

**NAME(S):** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_  
\_\_\_\_\_

**BIRTH DATE(S):** \_\_\_\_\_

**CONTACT PHONE NO.** \_\_\_\_\_ **CLUB (if any)** \_\_\_\_\_

\$27 (\$54) Enclosed. Cheques made out to Wellington Association of Veteran Athletes – WnAVA

SEND TO: VERONICA GOULD, 95A ELLICE STREET, MT VICTORIA, WELLINGTON

**Please advise any change of address as soon as possible**



**WELLINGTON A.V.A.**  
**If unclaimed please return to:-**  
**122 Onslow Road, Khandallah, Wellington 6004**