

Wellington Association of Veteran Athletes

Newsletter

July/August 2001

THE WELLINGTON CENTRE OF THE NEW ZEALAND ASSOCIATION OF VETERAN ATHLETES INC.

NOTICE OF ANNUAL GENERAL MEETING

The Annual General Meeting of the Wellington Centre of the New Zealand Association of Veteran Athletes Inc. will be held on Monday 3rd September 2001 at the Wellington Scottish Harriers Clubrooms, Prince of Wales Park, Newtown, commencing at 7.30pm. The AGM will be followed by a light supper.

Any member wishing to move any resolution at the AGM must give written notice to the Secretary not less than one month (31 days) before the date of the meeting.

Nominations for the position of President, Vice President, Secretary and Treasurer are required to be forwarded to the Secretary before the AGM. All nominations for these positions must be in writing and shall include the names and signatures of both the proposer and the seconder, along with the name of the candidate.

Nominations for other committee members can either be forwarded to the Secretary in writing before the AGM or received from the floor at the meeting.

Geoff Guenole, Secretary
PO Box 9764,
Wellington.

WELLINGTON CENTRE OF THE NEW ZEALAND ASSOCIATION OF VETERAN ATHLETES INC.**COMMITTEE MEMBERS 2000/2001**

PATRON:	Arthur May	24 Motuhara Rd., Pimnerton, Porirua 6006	2339412
PRESIDENT:	Kevin Watson	17 Larsen Cres. Tawa, Wellington 6006	2327392
VICE PRESIDENT:	Peter Hanson	24 Park Ave., Titahi Bay, Porirua 6006	2368074
SECRETARY:	Geoff Guenole	PO Box 9764, 3C Hanson St., Wellington 6031	3893947
TREASURER:	Dick Harris	11 Whitu St., Khandallah, Wellington 6004	9715993
SUBSCRIPTIONS:	Colleena Blair	43 Elmslie Rd, Pinhaven, Upper Hutt 6007	5282992
COMMITTEE:	Jim Blair	43 Elmslie Rd., Pinhaven, Upper Hutt 6007	5282992
	Michael Clark	12B City View Grove, Lower Hutt 6009	5668755
	Veronica Gould	95A Ellice St, Mt Victoria, Wellington 6001	9736741
	Vic Marks	6 Blucher Ave, Newtown, Wellington 6002	3899993
	John Palmer	122 Onslow Rd., Khandallah, Wellington 6004	4792130
	Barbara Tucker	4 Sorrento Way, Silverstream, Upper Hutt	5284435
	Melanie Watson	17 Larsen Cres., Tawa, Wellington 6006	2327392
EDITOR:	John Palmer	122 Onslow Rd., Khandallah, Wellington 6004	4792130
VETS RECORDS:	Melanie Watson	17 Larsen Cres., Tawa 6006	2327392

CLUB CONTACTS

CAPITAL RUNNERS:	Ray Marten	68 Donald St., Karori, Wellington	4768292
H V HARRIERS:	Ian Blyth	3 Chilton Grove, Lower Hutt	9349350
H V MARATHON CLINIC:	Ray Venables	176 Stokes Valley Rd, Lower Hutt	5638058
	Pat Scholes	St Pats College, Private Bag 906, Upper Hutt	
KAPITI:	John Hammond	148 Wellington Rd., Paekakariki	04 2928030
KIWI:	Vic Marks	6 Blucher Ave., Newtown, Wellington	3899993
OLYMPIC:	Brian Watson	58 Bannister Ave, Johnsonville	4786232
RIMUTAKA:	Mike Clark	12B City View Grove, Lower Hutt	5668755
TRENTHAM UNITED:	Diane Rogers	42 Elmslie Road, Pinhaven, Upper Hutt	5282316
SCOTTISH:	John Hines	Flat 88, Central Park Flats, 20 Nairn St, Wellington	3843231
	Noeleen Perry	63 Clifford Rd, Johnsonville,	4783641
UNIVERSITY:	Colin Sasse	42 Naenae Rd., Naenae, Lower Hutt	5679516
VALLEYS UNITED:	Don Brodie	30 Sunshine Cres., Kelson, Lower Hutt	5650705
WAIRARAPA:	John Eccles	13 Keir Crescent, Masterton	06 3773479
WELLINGTON:	John Weatherley	8 Richmond Ave., Karori, Wellington	4767223
WELLINGTON M.C.:	Bruce Perry	63 Clifford Rd, Johnsonville, Wellington	4783641
WELLINGTON VETS:	Colleena Blair	43 Elmslie Rd, Pinhaven, Upper Hutt	5282992

COMMITTEE MEETINGS USUALLY 1ST MONDAY OF THE MONTH AT NEWTOWN PARK at 5:30pm.

CLUB REPRESENTATIVES AND MEMBERS ARE ALWAYS WELCOME

EDITORIAL

Well, already we are nearly at the end of July and it is hard to imagine where the first part of this year has gone. The Veteran's Classic Relay was held on Sunday 13 May at Trentham Memorial Park in fine conditions with 23 teams taking part – the same number of teams took part in 2000. The next event for veterans is the 8km Road Race and Race Walk at Johnsonville on Sunday 19 August. But for some Wellington Veterans, the highlight must be the WAVA Track and Field Championships at Brisbane, Australia, where although we are only getting a small amount of coverage on television, the results are getting through one way or another. Members of the New Zealand team competing at Brisbane are footing it with the best veteran athletes in the world and are producing some excellent results. Congratulations to the Wellington athletes John Eccles, Colleen Blair, Judy Hammond and Richard Harris who won medals at Brisbane. I have only published the results for the Wellington athlete's competing at Brisbane in this issue, as I know that a full list of results will be published in the next issue of Vetline.

Another big event coming up for veterans will be the NZAVA Track and Field Championships to be held at Newtown Park from 15th to 18th March 2002 and hosted by the Wellington Association. Planning is well under way but the committee is going to need a lot of assistance if these championships are to be a success. If you are not planning to take part, or are planning only to enter one or two events, we would be grateful for your support, even if it is only for part of a day. If you could assist by just holding the end of a tape measure or retrieving the shot or discus from the field – that would be of tremendous help. We need people to assist in a variety of roles and any assistance that you can offer will be greatly appreciated. If you are able to assist in any way, please contact our President Kevin Watson, telephone 232 7392 and offer your services. Let us show the rest of New Zealand that Wellington can host a well run Championship, so that athletes will leave Wellington, remembering them for a long time.

Finally the AGM will be held on Monday 3rd September, 2001 commencing at 7.30pm at Wellington Scottish Harrier Clubrooms. All members are encouraged to attend.

John Palmer, Editor.

LETTER TO THE EDITOR

I have been a member of Wellington Veterans for a few years and enjoy the two events I enter, the Veteran's Classic Relay held at Trentham and the Lower Hutt 10km. Being a harrier member I do not participate in track events and have no interest in doing so.

However, I am concerned at the way the \$27 membership fee is spent. I think it is time more than the \$2 per member is spent locally. My main objection is paying \$25 to the NZAVA and most of that money going on Vetline. As a National publication it has immense detail of local Associations that are of no interest whatsoever to me. I notice from the 2000 accounts of the NZAVA:

- There are just over 900 financial members.
- The cost of Vetline was \$16,000 net.
- 47% of the expenditure went on Vetline.
- Nearly 65% of the NZAVA's total income goes on Vetline.

I would like to see Vetline re-vamped to be less expensive and more relevant. At the same time subscriptions should drop to a figure like \$15, with at least a third of that going to the local Association. Without these changes, in the long-term the NZAVA will have financial problems and less members.

Yours sincerely,

Ken Howell

CHANGE OF ADDRESS

If any member changes their address, it would be appreciated if they could notify the subscription secretary of their new address. This enables the Association to keep records accurate and up to date and ensures that you continue to receive your newsletter.

COMING EVENTS

The next event on the Veteran's calendar is the 8km Road Race and Race Walk to be held on Sunday 19th August 2001. Race headquarters are at the Olympic Harrier clubrooms, Alex Moore Park, Bannister Avenue, Johnsonville commencing at 10.45am for walkers and 11am for runners. An entry form is enclosed with this newsletter.

The AGM for the Wellington Association of Veteran's Athletes will be held on Monday, 3rd September 2001 at the Wellington Scottish Harrier clubrooms, Prince of Wales Park, Mt Cook, commencing at 7.30pm. Everyone is welcome and encouraged to attend.

The NZAVA Track & Field Championships are to be held on March 15th - 18th 2002 at Newtown Park, Wellington. The Wellington Association will be the host for these Championships and the committee will be calling on members to assist with the running of this event. Planning is already under way and the committee will keep members informed of progress as the event draws nearer.

MEMBERSHIP

As at July 2001, our membership is 160. This is a slight decrease compared with July last year when our membership was 178. A very warm welcome is extended to new members Gordon Clarke; Patricia Keenan; Steve Graves; Gordon Walker; Amelia De Lorenzo and Paul Forster and to returning members Dennis Smith; Ian Ewing and John Heap.

ARTICLES FOR NEWSLETTER

If any member wishes to have an article included in the newsletter, please forward it to the Editor, 122 Onslow Road, Khandallah, or email it to palmer.palace@xtra.co.nz.

SENSHU INTERNATIONAL CITY MARATHON

For the past six years, a Wellington resident has won a **Free Trip** to Japan to run in the Senshu International City Marathon to represent Wellington City and the Wellington Sakai Association.

For the chance to run in the February 2002 marathon you need to:

- start training now
- be a Wellington City resident
- be over 18 years old
- be a regular runner, fit and in training, but not necessarily the best
- be able to run a marathon in winter conditions in under four hours
- be an ambassador for Wellington

Entry forms will be available from all the usual outlets when they become available later in 2001. If you wish to receive a copy of the entry form directly, fill in the enclosed form and post or email to the addresses listed.

STOP PRESS STOP PRESS STOP PRESS

**Results from the 14th WAVA Track & Field Championships
held at Brisbane, 4 - 14th July - Wellington results only**

Pl	Name	Perf.	Pl	Name	Perf.
2000m Steeplechase			5,000m		
M75-79			M45-49		
2	John Eccles	9:59	48	Gary Weston-Webb	19:21
10,000m			50	Mike Winsborough	19:23
M40-44			M65-69		
10	Paul Forster	33:25	50	John Hines	25:50
M45-49			M70-74		
31	Gary Weston-Webb	40:35	8	Ellis Goodyear	21:41
32	Richard Owen	40:35	20	Michael Browne	24:54
M65-69			M75-79		
37	John Hines	53:43	11	John Eccles	25:36
300m Hurdles			5,000m		
W60-64			W35-39		
4	Judy Hammond	66:01	9	Robyn Stansfield	20:24
8km Cross Country			Javelin		
W35-39			W70-74		
6	Robyn Stansfield	36:07	5	Colleena Blair	17.26m
M40-44			Discus		
7	Paul Forster	28:01	W70-74		
M45-49			16	Colleena Blair	15.36m
57	Gary Weston-Webb	35:45	Decathlon		
59	Mike Winsborough	36:01	M75-79		
M50-54			7	Bill Nicholson	2643pts
35	Ian Blyth	33:52	Heptathlon		
M60-64			W60-64		
65	John Hammond	41:53	3	Judy Hammond	4462pts
M65-69			W70-74		
62	John Hines	47:20	3	Colleena Blair	2878pts
M70-74			Shot Put		
5	Ellis Goodyear	37:44	M65-69		
M75-79			3	Richard Harris	12.55m
6	John Eccles	44:11			

Robyn Stansfield was also in the New Zealand Team that won a Silver Medal W35-39 grade in the Cross Country. The other members were Linda Reynolds (Waikato/Bay Of Plenty) and Pamela Miller (Auckland).

RESULTS

16th WELLINGTON VETERANS CLASSIC RELAY

16th May 2001

TEAM RESULTS: 300 Plus

<u>Place</u>	<u>Team</u>	<u>Lap</u>	<u>Time</u>	<u>Lap</u>	<u>Time</u>
1	VALLEYS D	1) C METCALF	18:46	2) E LINTON	21:44
		3) D MOORE	21:01	4) A Van VEEN	19:08
		5) D BRODIE	16:33	TOTAL TIME:	1:37:12

		2	SCOTTISH E	1) P RODWAY	16:46
3) A STEVENS	20:37			4) M BROWNE	20:17
5) P POHL	18:23			TOTAL TIME:	1:37:31

3	TRENTHAM A			1) R ROGERS	19:13
		3) D ROGERS	19:33	4) E WILSON	22:33
		5) P THOMAS	20:31	TOTAL TIME:	1:40:45

TEAM RESULTS: Women

<u>Place</u>	<u>Team</u>	<u>Lap</u>	<u>Time</u>	<u>Lap</u>	<u>Time</u>
1	SCOTTISH C	1) B HODGE	17:37	2) L DESOURDY	19:39
		3) B BURKE	19:55	4) P GRAHAM	18:04
		5) B TUCKER	22:17	TOTAL TIME:	1:37:32

TEAM RESULTS: Mixed

<u>Place</u>	<u>Team</u>	<u>Lap</u>	<u>Time</u>	<u>Lap</u>	<u>Time</u>
1	VICTORIA	1) C SASSE	17:55	2) A MOLLER	21:35
		3) P KEENAN	21:06	4) G RASHBROOKE	16:47
		5) R OWEN	21:06	TOTAL TIME:	1:38:29

		2	OLYMPIC B	1) T McCLURG	16:37
3) H ALCOCK	18:48			4) L BROAD	25:48
5) J THAM	24:53			TOTAL TIME:	1:43:52

TEAM RESULTS: Men

<u>Place</u>	<u>Team</u>	<u>Lap</u>	<u>Time</u>	<u>Lap</u>	<u>Time</u>
1	WELLINGTON A	1) T KRIEBLE	13:49	2) G WESTON-WEBB	16:19
		3) R JACKSON	14:58	4) G CLARKE	14:25
		5) G BLACKLAWS	13:36	TOTAL TIME:	1:13:07

		2	SCOTTISH A	1) S HENDERSON	14:21
3) A SHIELDS	16:05			4) P HENDERSON	15:19
5) P WRIGLEY	14:47			TOTAL TIME:	1:16:39

3	VALLEYS A			1) T MADSEN	13:56
		3) T MARTIN	16:34	4) S ROBERTSON	15:39
		5) M CORLES	16:00	TOTAL TIME:	1:17:06

		4	OLYMPIC A	1) M RODDEN	14:49
3) K WHITE	15:33			4) D LOCKE	16:08
5) M O'KANE	15:39			TOTAL TIME:	1:17:47

Place	Team	Lap	Time	Lap	Time
5	WELLINGTON B	1) G CLAREBURT	15:58	2) T DAWBIN	16:09
		3) I EWING	17:08	4) T MacDONALD	15:44
		5) M WINSBOROUGH	15:25	TOTAL TIME:	1:20:24

6	TRENTHAM B	1) T MURPHY	16:10	2) J JACOBSEN	16:06
		3) K McNATTY	17:44	4) M McKONE	19:08
		5) B GAVIN	18:45	TOTAL TIME:	1:27:53

7	SCOTTISH B	1) R LAKE	18:36	2) H DOIG	18:40
		3) A WILLIAMS	16:50	4) R LAKE	18:52
		5) H DOIG	17:48	TOTAL TIME:	1:30:46

8	VALLEYS B	1) J SMEITH	16:55	2) C FAYEN	18:40
		3) P SWAIN	19:42	4) M McPHERSON	22:30
		5) M CLARK	19:58	TOTAL TIME:	1:37:45

TEAM RESULTS: 250 Plus

Place	Team	Lap	Time	Lap	Time
1	VALLEYS C	1) M LYSKEY	15:04	2) R STEPHENS	17:00
		3) O ROWSE	16:23	4) I BLYTH	15:46
		5) J HOUGHTON	14:27	TOTAL TIME:	1:18:40

2	SCOTTISH D	1) B CATTERMOLE	16:06	2) J HEAP	16:05
		3) K HOWELL	16:56	4) R STEPHENS	15:28
		5) R WATSON	16:14	TOTAL TIME:	1:20:49

3	OLYMPIC C	1) P JEROMSON	13:57	2) G DICK	15:06
		3) R ARCHIBALD	17:22	4) K RITCHIE	16:58
		5) B WATSON	17:38	TOTAL TIME:	1:21:01

4	WTGN MAR CLINIC	1) T GREIG	19:30	2) J DULLABH	18:56
		3) B COUPLAND	18:25	4) J GALLGHER	20:11
		5) G NORMAN	19:51	TOTAL TIME:	1:36:53

TEAM RESULTS: WALKERS

Place	Team	Lap	Time	Lap	Time
1	SCOTTISH F	1) R WATSON	22:59	2) B TUCKER	25:28
		3) A de LORENZO	23:45	TOTAL TIME:	1:12:12

2	HUTT HARRIERS	1) R McGREGOR	27:38	2) K BLYTH	27:58
		3) S GRAVES	26:47	TOTAL TIME:	1:22:23

3	SCOTTISH G	1) P TEARLE	28:26	2) J HINES	27:07
		3) M GOWANS	28:21	TOTAL TIME:	1:23:54

4	TRENTHAM C	1) C TAYLOR	27:32	2) L DAWSON	32:36
		3) M DAWSON	28:49	TOTAL TIME:	1:28:57

5	SCOTTISH H	1) M PALMER	27:34	2) J TURNER	31:08
		3) M BRAY	32:19	TOTAL TIME:	1:31:01

RESULTS - continued

TARANAKI RACE WALKING ANNUAL OPEN WALKS

Saturday 16th June at New Plymouth - wet and windy

10km Women

40-45

Amelia de Lorenzo 57:00

45-50

Maryanne Palmer 68:22

50-55

Barbara Tucker 64:29

15km Men

40-49

Mike Lane 94:00

15th HARBOUR CAPITAL HALF MARATHON

Sunday 17 June 2001 - fine with light winds at start but weather deteriorated as the race progressed

Women:

40-44

Bev Hodge 1:35:25

Brenda Burke 1:46:46

50-54

Bernie Portenski 1:24:09

Paul Graham 1:43:59

Men:

40-44

Vaughan New 1:18:48

Des Young 1:19:22

Todd Kriebel 1:19:30

Murray Corles 1:31:46

Kevin Watson 1:48:14

45-49

Dave Colquhoun 1:23:54

Ian Ewing 1:45:37

55-59

Delphine Gore 1:37:22

Kathy Roe 2:07:27

60-64

Diane Rogers 1:47:18

50-54

Hank Leech 1:25:53

Paul Rodway 1:36:48

John Palmer 1:37:09

55-59

Jeff Annan 1:26:03

John Heap 1:29:20

Ken Ritchie 1:35:34

60-64

Barry Coupland 1:45:32

John Hammond 1:49:20

Gordon Walker 2:14:56

Walkers:

Men:

Peter Tearle 2:37:56

Brian Read 2:46:36

Women:

Audrey Childs 3:27:56

Psst.... Heard the one about?

Two accountancy students were walking across campus when one said, "Where did you get such a great bike?"

The second accountant replied, "Well, I was walking along yesterday, minding my own business, when a beautiful woman rode up on this bike. She threw the bike to the ground, took off all her clothes and said, "Take what you want".

The first accountant nodded approvingly and said "Good choice, the clothes probably wouldn't have fit".

WELLINGTON CENTRE – NZAVA

SPORTSPERSON OF THE YEAR

With the year passing by so quickly it is time to start thinking about nominations for the Sportsperson of the Year Award.

The criteria is as follows:

Award:

To be known as the Sportsperson of the Year Award.

Period Covered:

From 1 January to 31 December.

How Nominated:

Nominations may be made by Clubs, Centre Committees, and individuals or by athletes themselves.

Criteria for Award:

Achieving a medal at the WAVA Championships or World Masters Games.
Achieving a World Record or a World Best Performance.
Achieving a New Zealand Record on New Zealand Best Performance.
Achieving 90% or higher performance on the Age Graded Tables.
Achieving a meritorious performance or performances.

Closing Date:

The 20th January following the year for consideration.

Selection:

This is to be made by the Committee of the Wellington Centre – NZAVA.

Presentation Date:

Either on the second day of the Wellington Veteran's Track & Field Championships in February following the year for consideration or at a special presentation evening or dinner.

Form of Award:

A trophy has been donated by Jim and Colleen Blair and was won last year by Judy Hammond.

ATHLETICS OFFICIAL'S DEVELOPMENT PROGRAMME

On Wednesday 11th July 2001 at Sport Wellington Region Coaching Centre, Adelaide Road, Newtown an Introduction and Refresher Seminar on Cross Country and Road Races including Walking was held. The attendance was extremely pleasing with over 25 in attendance. The seminar was meant to run for 2 hours but with the topics to be covered and the question time at the conclusion, the seminar ran over by about 20 minutes. Topics covered were:

- Conducting a Cross Country Race – *John Riseborough*
- Marking out a Course – *Ray Wallis*
- Measuring a Course – *Ray Wallis*
- Conducting a Road Race (including Walking) – *Bruce Perry*
- Duties of Officials & Safety Aspects (including Referee) – *Ray Wallis*
- Cross Country & Road Committee & Centre Requirements – *Peter Ellis*.

It was also pleasing to see a number of younger persons in attendance. With a large number of our present officials fast approaching "maturity" it is hoped that some of the younger ones in attendance will eventually take the first step to becoming an Official with the Centre. In my opinion, more of these types of refresher courses are needed to keep athletes and officials up with the changes. I did attend the first Officials Seminar held some time ago, and while there was the promise of follow up courses, it was a long while before the next one took place.

John Palmer.

SIGNS OF WEAR IN A VETERAN ATHLETE

"OLD" is when – your sweetie says, "Lets go upstairs and make love" and you answer, "Pick one, I can't do both!"

"OLD" is when – your friends compliment you on your new alligator shoes and you're barefoot.

"OLD" is when – a sexy babe catches your fancy and your pacemaker opens the garage door.

"OLD" is when – going bra-less pulls all the wrinkles out of your face.

"OLD" is when – you don't care where your spouse goes, just as long as you don't have to go along.

"OLD" is when – you are cautioned to slow down by the doctor instead of by the police.

"OLD" is when – 'getting a little action' means I don't have to take any fibre today.

"OLD" is when – 'getting lucky' means you find your car in the parking lot.

"OLD" is when – an 'all-righter' means not getting up to pee.

PONDER ON THESE

Never be afraid to try something new. Remember, amateurs built the Ark; professionals built the Titanic.

Love is grand, divorce is several grand.

COMING EVENTS

2001

Aug

5	Manawatu Half Marathon	Palmerston Nth	
11	NZ Cross Country Championships	Carterton	
19	Palmerston North Half Marathon	Palmerston Nth	
19	Veteran's 8km Road Race	Johnsonville	11.00am
25	Wellington Road Championships	Clif, Trentham	

Sept

1	Abel Tasman Coastal Classic (32km)		
3	Wellington Assn Veteran Athletes AGM		7.30pm
23	Queens Head 5km, 10km, & Half Marathon	Petone	

Oct

6	NZ Road Relay Championships	Akaroa	
7	Masterton Full & Half Marathon	Masterton	
14	Levin 10km & Half Marathon	Levin	
28	BMW Auckland Full & Half Marathon	Auckland	6.30am

Nov

4?	Veteran's 10km Road Race	Lower Hutt	
10	Rimutaka Incline Run	Upper Hutt	
11	Napier Half Marathon (includes half mara champs)	Napier	

2002

Jan

12-19	11th Oceania Veterans Championships	Geelong, Australia	
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Mar

15-18	NZAVA Track & Field Championships	Newtown Park	
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UNIFORMS

**WELLINGTON VETERANS SHORTS AND POLY/COTTON MESH SINGLETS
CAN BE ORDERED THROUGH BRUCE PERRY - TELEPHONE 478 3641**

NEWTOWN PARK KEY

The key to Newtown Park was changed on April 1, 2000 and new keys are available for a cost of \$15 from the Wellington City Council Parks & Reserves Department. Old keys must be returned.

HISTORY OF VETERAN ATHLETICS

Have you bought your copy of "A History of New Zealand Veteran Athletics 1962-1999"? It's an excellent book. Every veteran athlete should have a copy. Cost \$20.

ATHLETIC OFFICIAL'S DEVELOPMENT COMING EVENTS

The following is a list of the coming events for the Athletic Official's Development Program. These events are designed to provide you with the necessary skills and knowledge to become a successful athletic official. The events are listed in chronological order and are open to all members of the program.

- 1. Introduction to the Program - This event will provide you with an overview of the program and its goals.
- 2. Fundamentals of Officiating - This event will cover the basic rules and regulations of the sport and the role of the official.
- 3. Practical Officiating - This event will provide you with hands-on experience officiating a game.
- 4. Advanced Officiating - This event will cover more advanced rules and regulations and the role of the official.
- 5. Referee's Course - This event will provide you with the necessary skills and knowledge to become a referee.

For more information on these events, please contact the program coordinator at [phone number].

WELLINGTON A.V.A.

WELLINGTON A.V.A. is a leading provider of athletic officiating courses and programs. We offer a variety of courses for athletes, coaches, and officials. Our courses are designed to provide you with the necessary skills and knowledge to become a successful athlete, coach, or official.

Our courses include:

- Introduction to the Program
- Fundamentals of Officiating
- Practical Officiating
- Advanced Officiating
- Referee's Course

For more information on these courses, please contact us at [phone number].

HISTORY OF VETERAN ATHLETICS

The history of veteran athletics is a rich and varied one. It dates back to the early days of organized sports, when veterans of the military and other organizations formed teams to compete against each other. Over the years, these teams have grown in number and in the level of competition. Today, there are many organizations that provide athletic opportunities for veterans, and these organizations continue to play an important role in the lives of many veterans.