

## Women

| Event          | Grade | Name            | Club               | Result | Wind | Location     | Date      |
|----------------|-------|-----------------|--------------------|--------|------|--------------|-----------|
| <b>Sprints</b> |       |                 |                    |        |      |              |           |
| <b>60M</b>     |       |                 |                    |        |      |              |           |
| W35            |       | Vanessa Story   | Wellington Masters | 8.6s   |      | Nelson       | 01-Dec-12 |
| W40            |       | Vanessa Story   | Wellington Masters | 8.43s  | -1.1 | Otago        | 27-Feb-16 |
| W45            |       | Petra Stoeveken | Wellington Masters | 8.82s  |      | Newton Park  | 14-Feb-15 |
| W50            |       | Petra Stoeveken | Wellington Masters | 8.76s  | -1.4 | Otago        | 27-Feb-16 |
| W55            |       | Liz Bentley     | Wellington Masters | 9.99s  | 0.8  | Hastings     | 29-Feb-20 |
| W60            |       | Veronica Gould  | Wellington Masters | 9.40s  |      | Newtown Park | 09-Mar-13 |
| W65            |       | Veronica Gould  | Wellington Masters | 9.66s  | 0.9  | Newton Park  | 24-Mar-18 |
| W70            |       | Veronica Gould  | Wellington Masters | 9.82s  | 0.8  | Hastings     | 29-Feb-20 |
| W75            |       | Judy Hammond    | Wellington Masters | 11.01s |      | Hamilton     | 23-Nov-12 |
| W80            |       | Judy Hammond    | Wellington Masters | 11.86s | -0.3 | Dunedin      | 22-Jan-18 |
| <b>100m</b>    |       |                 |                    |        |      |              |           |
| W35            |       | Penny Hunt      |                    | 12.70s |      | Wellington   | 1984      |
| W40            |       | Penny Hunt      |                    | 13.20s |      | Christchurch | 1992      |
| W45            |       | Penny Hunt      |                    | 13.56s |      | Auckland     | 1993      |
| W50            |       | Petra Stoeveken | Wellington Masters | 13.76s | -0.1 | Dunedin      | 27-Feb-16 |
| W55            |       | Veronica Gould  | WHAC               | 14.10s | -1.2 | Newtown Park | 26-Jan-08 |
| W60            |       | Colleena Blair  | Wellington Masters | 14.90s |      |              |           |
| W65            |       | Veronica Gould  | Wellington Masters | 15.20s |      | Newton Park  | 12-Oct-13 |
| W70            |       | Veronica Gould  | Wellington Masters | 16.08s | 1.2  | Newtown Park | 25-Jan-20 |
| W75            |       | Judy Hammond    | Wellington Masters | 18.41s | -1.2 | Hamilton     | 23-Nov-12 |
| W80            |       | Judy Hammond    | Wellington Masters | 19.98s |      | Inglewood    | 26-Nov-17 |
| <b>200m</b>    |       |                 |                    |        |      |              |           |
| W35            |       | Penny Hunt      |                    | 26.36s |      |              |           |
| W40            |       | Vanessa Story   | Wellington Masters | 27.21s | -0.3 | Otago        | 28-Feb-16 |
| W45            |       | Penny Hunt      |                    | 27.54s |      | Auckland     | 1993      |
| W50            |       | Petra Stoeveken | Kiwi Athletic      | 29.18s | -0.6 | Newtown Park | 15-Dec-18 |
| W55            |       | Veronica Gould  | WHAC               | 30.26s |      |              |           |
| W60            |       | Judy Hammond    | Kapiti             | 31.90s |      |              |           |
| W65            |       | Veronica Gould  | Wellington Masters | 33.09s |      | Newton Park  | 19-Feb-17 |
| W70            |       | Veronica Gould  | Wellington Masters | 34.73s | 1.5  | Newton Park  | 25-Jan-20 |
| W75            |       | Judy Hammond    | Wellington Masters | 41.53s |      | Darwin       | 10-Jun-17 |
| W80            |       | Judy Hammond    | Wellington Masters | 43.48s | 1.8  | Dunedin      | 20-Jan-18 |
| <b>400m</b>    |       |                 |                    |        |      |              |           |
| W35            |       | Pam Graham      | Scottish           | 64.87s |      |              |           |
| W40            |       | Vanessa Story   | Wellington Masters | 60.35s |      | Newtown Park | 19-Nov-16 |
| W45            |       | Vanessa Story   | Wellington Masters | 65.87s |      | Hastings     | 28-Feb-20 |
| W50            |       | Petra Stoeveken | Kiwi Athletic      | 69.15s |      | Newtown Park | 23-Nov-18 |
| W55            |       | Judy Hammond    | Kapiti             | 73.90s |      |              |           |
| W60            |       | Judy Hammond    | Kapiti             | 74.30s |      |              |           |
| W65            |       | Judy Hammond    | Kapiti             | 85.44s |      |              |           |
| W70            |       | Judy Hammond    | Kapiti             | 88.51s |      | Inglewood    | 18-Feb-09 |
| W75            |       | Judy Hammond    | Wellington Masters | 97.02s |      | Whangarei    | 2013      |

## Women

| Event                  | Grade | Name | Club | Result | Wind | Location | Date |
|------------------------|-------|------|------|--------|------|----------|------|
| <b>Middle Distance</b> |       |      |      |        |      |          |      |

## 800m

|     |                |                    |  |           |  |                  |           |
|-----|----------------|--------------------|--|-----------|--|------------------|-----------|
| W35 | Renae Creser   | Olympic            |  | 2m 26.56s |  |                  | 2011      |
| W40 | Anne Hare      | Scottish           |  | 2m 17.06s |  | Newtown Park     | 18-Feb-06 |
| W45 | Anne Hare      | Scottish           |  | 2m 23.72s |  | Palmerston North | 28-Nov-09 |
| W50 | Jenny McDonald | Scottish           |  | 2m 31.04s |  | Newtown Park     | 23-Feb-08 |
| W55 | Liz Bentley    | Scottish           |  | 2m 57.65s |  | Newtown Park     | 30-Mar-19 |
| W60 | Peggy Fletcher |                    |  | 2m 59.5s  |  |                  |           |
| W65 | Peggy Fletcher |                    |  | 3m 10.29s |  |                  | 1996      |
| W70 | Judy Hammond   | Kapiti             |  | 3m 53.14s |  | Townsville       | 29-Jul-08 |
| W75 | Judy Hammond   | Wellington Masters |  | 4m 36.70s |  | Palmerston North | 07-Oct-12 |
| W80 | Judy Hammond   | Wellington Masters |  | 5m 07.55s |  | Dunedin          | 21-Jan-18 |

## 1500m

|     |                  |          |  |           |  |                     |           |
|-----|------------------|----------|--|-----------|--|---------------------|-----------|
| W35 | Tina Faulkner    | Scottish |  | 4m 26.93s |  | AUT Millennium, Akl | 19-Dec-17 |
| W40 | Anne Hare        | Scottish |  | 4m 35.74s |  | Christchurch        | 27-Jan-06 |
| W45 | Anne Hare        | Scottish |  | 4m 48.69s |  | Newtown Park        | 24-Oct-09 |
| W50 | Bernie Portenski | Scottish |  | 5m 00.58s |  |                     |           |
| W55 | Jenny McDonald   |          |  | 5m 17.82s |  | Newtown Park        | 09-Mar-13 |
| W60 | Peggy Fletcher   |          |  | 5m 58.04s |  |                     |           |
| W65 | Peggy Fletcher   |          |  | 6m 25.63s |  | Dunedin             | 1997      |
| W70 | Judy Hammond     |          |  | 8m 28.0s  |  | Palmerston North    | 16-Oct-11 |

## Mile

|     |               |          |  |           |  |              |           |
|-----|---------------|----------|--|-----------|--|--------------|-----------|
| W35 | Tina Faulkner | Scottish |  | 4m 53.41s |  | Timaru       | 06-Jan-18 |
| W40 | Anne Hare     | Scottish |  | 4m 58.89s |  | Wanganui     | 11-Feb-06 |
| W45 | Anne Hare     | Scottish |  | 5m 38.34s |  | Newtown Park | 21-Dec-13 |
| W50 | Anne Hare     | Scottish |  | 5m 48.70s |  | Newtown Park | 21-Dec-14 |
| W55 | Helen Willis  | Scottish |  | 7m 02.98s |  | Newtown Park | 14-Dec-19 |

## 3000m

|     |                    |          |  |            |  |              |           |
|-----|--------------------|----------|--|------------|--|--------------|-----------|
| W35 | Vicki Humphries    | WHAC     |  | 10m 14.87s |  |              |           |
| W40 | Nyla Caroll        |          |  | 9m 53.94s  |  |              |           |
| W45 | Gabrielle O'Rourke |          |  | 10m 22.69s |  | Newtown Park | 25-Jan-13 |
| W50 | Victoria Humphries |          |  | 11m 01.68s |  | Masterton    | 06-Feb-16 |
| W55 | Bernie Portenski   | Scottish |  | 10m 38.7s  |  |              | 2005      |
| W60 | Bernie Portenski   |          |  | 11m 00.10s |  | Newtown Park | 19-Feb-11 |

## Women

| Event           | Grade | Name | Club | Result | Wind | Location | Date |
|-----------------|-------|------|------|--------|------|----------|------|
| <b>Distance</b> |       |      |      |        |      |          |      |

## 5000m

|     |                  |          |  |            |  |                    |           |
|-----|------------------|----------|--|------------|--|--------------------|-----------|
| W35 | Ngaire Drake     |          |  | 16m 47.63s |  |                    |           |
| W40 | Nyla Caroll      | Scottish |  | 16m 45.74s |  | QEII, Christchurch | 26-Mar-10 |
| W45 | Bernie Portenski | Scottish |  | 17m 32.13s |  |                    |           |
| W50 | Bernie Portenski | Scottish |  | 17m 22.22s |  |                    |           |
| W55 | Bernie Portenski | Scottish |  | 17m 56.05s |  |                    |           |
| W60 | Peggy Fletcher   |          |  | 21m 10.8s  |  | Wanganui           | 1992      |
| W65 | Peggy Fletcher   |          |  | 23m 31.00s |  |                    |           |
| W70 | Betty Meyers     |          |  | 33m 32.00s |  | Hamilton           | 1996      |

## 10000m

|     |                  |          |  |            |  |  |      |
|-----|------------------|----------|--|------------|--|--|------|
| W35 | Ngaire Drake     |          |  | 35m 11.3s  |  |  |      |
| W40 | Bernie Portenski | Scottish |  | 34m 48.95s |  |  | 1993 |
| W45 | Bernie Portenski | Scottish |  | 35m 35.5s  |  |  |      |
| W50 | Bernie Portenski | Scottish |  | 36m 34.24s |  |  |      |
| W55 | Bernie Portenski | Scottish |  | 37m 22.37s |  |  | 2006 |
| W60 | Bernie Portenski | Scottish |  | 39m 04.23s |  |  | 2010 |
| W65 | <i>no record</i> |          |  |            |  |  |      |
| W70 | Betty Meyers     |          |  | 73m 55.63s |  |  |      |

## Marathon (Best Performances)

|     |                  |          |  |            |  |              |           |
|-----|------------------|----------|--|------------|--|--------------|-----------|
| W35 | Ingrid Cree      | Olympic  |  | 2h 57m 5s  |  | Christchurch | 02-Jun-19 |
| W40 | Bernie Portenski | Scottish |  | 2h 34m 39s |  |              | 1992      |
| W45 | Bernie Portenski | Scottish |  | 2h 43m 38s |  |              |           |
| W50 | Vickie Humphries | WHAC     |  | 3h 11m 42s |  | Rotorua      | 03-May-14 |
| W55 | Betty Harp       | Scottish |  | 3h 56m 19s |  | Christchurch | 02-Jun-19 |
| W60 | Bernie Portenski | Scottish |  | 3h 01m 30s |  |              | 2010      |
| W65 | Judy Hammond     | Kapiti   |  | 4h 57m 41s |  |              |           |

**Women**

| <b>Event</b>   | <b>Grade</b> | <b>Name</b> | <b>Club</b> | <b>Result</b> | <b>Wind</b> | <b>Location</b> | <b>Date</b> |
|----------------|--------------|-------------|-------------|---------------|-------------|-----------------|-------------|
| <b>Steeple</b> |              |             |             |               |             |                 |             |

**2000m SC***0.762m/30"*

|     |                 |      |  |           |  |  |  |
|-----|-----------------|------|--|-----------|--|--|--|
| W35 | Vicki Humphries | WHAC |  | 7m 47.36s |  |  |  |
|-----|-----------------|------|--|-----------|--|--|--|

*0.762m/30"*

|     |                   |         |  |           |  |           |           |
|-----|-------------------|---------|--|-----------|--|-----------|-----------|
| W40 | Michelle Van Looy | Olympic |  | 8m 01.88s |  | Masterton | 21-Feb-15 |
|-----|-------------------|---------|--|-----------|--|-----------|-----------|

*0.762m/30"*

|     |           |  |  |          |  |  |  |
|-----|-----------|--|--|----------|--|--|--|
| W45 | J Stewart |  |  | 8m 10.5s |  |  |  |
|-----|-----------|--|--|----------|--|--|--|

*0.762m/30"*

|     |           |          |  |           |  |              |           |
|-----|-----------|----------|--|-----------|--|--------------|-----------|
| W50 | Lyn Clark | Scottish |  | 9m 25.61s |  | Newtown Park | 24-Nov-18 |
|-----|-----------|----------|--|-----------|--|--------------|-----------|

*0.762m/30"*

|     |         |  |  |          |  |  |  |
|-----|---------|--|--|----------|--|--|--|
| W55 | T Brown |  |  | 9m 29.8s |  |  |  |
|-----|---------|--|--|----------|--|--|--|

*0.762m/30"*

|     |             |  |  |            |  |  |  |
|-----|-------------|--|--|------------|--|--|--|
| W60 | F McCracken |  |  | 11m 32.28s |  |  |  |
|-----|-------------|--|--|------------|--|--|--|

*0.762m/30"*

|     |             |                    |  |            |  |              |           |
|-----|-------------|--------------------|--|------------|--|--------------|-----------|
| W65 | Jenny Mason | Wellington Masters |  | 10m 38.29s |  | Newtown Park | 03-Feb-18 |
|-----|-------------|--------------------|--|------------|--|--------------|-----------|

## Women

| Event          | Grade | Name | Club | Result | Wind | Location | Date |
|----------------|-------|------|------|--------|------|----------|------|
| <b>Hurdles</b> |       |      |      |        |      |          |      |

**Short Hurdles****80mH (8m between hurdles)**

|            |     |            |  |        |  |              |      |
|------------|-----|------------|--|--------|--|--------------|------|
| 0.762m/30" | W40 | Penny Hunt |  | 13.2s  |  | Christchurch | 1992 |
| 0.762m/30" | W45 | Penny Hunt |  | 13.50s |  | Auckland     | 1993 |

**80mH (7m between hurdles)**

|            |     |                  |                    |        |  |  |      |
|------------|-----|------------------|--------------------|--------|--|--|------|
| 0.762m/30" | W50 | <i>no record</i> |                    |        |  |  |      |
| 0.762m/30" | W55 | <i>no record</i> |                    |        |  |  |      |
| 0.686m/27" | W60 | Colleena Blair   | Wellington Masters | 16.64s |  |  |      |
| 0.686m/27" | W65 | Colleena Blair   | Wellington Masters | 17.35s |  |  | 1995 |
| 0.686m/27" | W70 | <i>no record</i> |                    |        |  |  |      |

**100mH**

|            |     |            |  |        |  |            |      |
|------------|-----|------------|--|--------|--|------------|------|
| 0.840m/33" | W35 | Penny Hunt |  | 15.40s |  | Wellington | 1984 |
|------------|-----|------------|--|--------|--|------------|------|

**Long Hurdles****200mH**

|            |     |                  |  |  |  |  |  |
|------------|-----|------------------|--|--|--|--|--|
| 0.686m/27" | W70 | <i>no record</i> |  |  |  |  |  |
|------------|-----|------------------|--|--|--|--|--|

**300mH**

|            |     |                  |        |        |  |  |      |
|------------|-----|------------------|--------|--------|--|--|------|
| 0.762m/30" | W50 | P Scholes        |        | 61.81s |  |  |      |
| 0.762m/30" | W55 | <i>no record</i> |        |        |  |  |      |
| 0.686m/27" | W60 | Judy Hammond     | Kapiti | 65.90s |  |  |      |
| 0.686m/27" | W65 | Judy Hammond     | Kapiti | 71.04s |  |  | 2004 |

**400mH**

|            |     |                  |  |        |  |            |           |
|------------|-----|------------------|--|--------|--|------------|-----------|
| 0.762m/30" | W35 | <i>no record</i> |  |        |  |            |           |
| 0.762m/30" | W40 | Andrea Williams  |  | 81:04s |  | Hawkes Bay | 29-Nov-14 |
| 0.762m/30" | W45 | <i>no record</i> |  |        |  |            |           |

## Women

| Event        | Grade | Name | Club | Result | Wind | Location | Date |
|--------------|-------|------|------|--------|------|----------|------|
| <b>Walks</b> |       |      |      |        |      |          |      |

## 1500mW

|     |  |                   |                    |            |  |              |           |
|-----|--|-------------------|--------------------|------------|--|--------------|-----------|
| W35 |  | Kathryn Fraser    | Scottish           | 9m 35.18s  |  |              |           |
| W40 |  | Brenda Burke      | Scottish           | 9m 35.71s  |  |              |           |
| W45 |  | K Blyth           |                    | 10m 05.05s |  |              |           |
| W50 |  | Robin McArthur    |                    | 8m 35.44s  |  | Newtown Park | 05-Feb-11 |
| W55 |  | Teri Grimmer      | Scottish           | 8m 35.64s  |  | Newtown Park | 2013      |
| W60 |  | Barbara Tucker    |                    | 9m 44.17s  |  | Newtown Park | 05-Feb-11 |
| W65 |  | Jacqueline Wilson | Wellington Masters | 8m 56.63s  |  | Newtown Park | 14-Feb-15 |
| W70 |  | Jacqueline Wilson | Wellington Masters | 8m 55.65s  |  | Auckland     | 26-Apr-17 |
| W75 |  | Daphne Jones      | Scottish           | 10m 27.29s |  | Newtown Park | 25-Feb-17 |

## 3000mW

|     |  |                   |                    |            |  |                  |           |
|-----|--|-------------------|--------------------|------------|--|------------------|-----------|
| W35 |  | Kristeene Parkes  | Scottish           | 20m 54.33s |  |                  |           |
| W40 |  | Arlene Wong-Tung  | Scottish           | 20m 30.49s |  | Palmerston North | 25-Nov-16 |
| W45 |  | Amelia De Lorenzo | Scottish           | 16m 40.13s |  | Newtown Park     | 28-Oct-06 |
| W50 |  | Robyn McArthur    |                    | 17m 26.89s |  | Newtown Park     | 23-Jan-12 |
| W55 |  | Teri Grimmer      | Scottish           | 17m 44.64s |  | Newtown Park     | 2013      |
| W60 |  | F McCracken       |                    | 19m 02.5s  |  |                  |           |
| W65 |  | Jacqueline Wilson | Wellington Masters | 18m 35.89s |  | Newton Park      | 15-Feb-15 |
| W70 |  | Jacqueline Wilson | Wellington Masters | 18m 27.80s |  | Dunedin          | 26-Jan-18 |
| W75 |  | Daphne Jones      | Scottish           | 20m 33.59s |  | Palmerston North | 25-Nov-16 |

## 5000mW

|     |  |                   |                    |            |  |                  |           |
|-----|--|-------------------|--------------------|------------|--|------------------|-----------|
| W35 |  | <i>no record</i>  |                    |            |  |                  |           |
| W40 |  | Amelia De Lorenzo | Scottish           | 27m 08.10s |  |                  |           |
| W45 |  | A Bowles          |                    | 33m 48.0s  |  |                  |           |
| W50 |  | Terri Grimmer     | Scottish           | 29m.54.22  |  | Melbourne        | 06-Apr-12 |
| W55 |  | Terri Grimmer     | Scottish           | 32m 40.71s |  | Palmerston North | 27-Nov-16 |
| W60 |  | Barbara Tucker    | Scottish           | 32m45.77   |  |                  |           |
| W65 |  | Sue Hoskin        | Scottish           | 31m 38.35s |  | Perth            | 26-Oct-16 |
| W70 |  | Jacqueline Wilson | Wellington Masters | 31m 43.15s |  | Perth            | 26-Oct-16 |
| W75 |  | Daphne Jones      | Scottish           | 35m 30.14s |  | Timaru           | 03-Mar-19 |

## 10000mW

|     |  |                   |                            |             |  |                  |           |
|-----|--|-------------------|----------------------------|-------------|--|------------------|-----------|
| W35 |  | <i>no record</i>  |                            |             |  |                  |           |
| W40 |  | Arlene Wong-Tung  | Scottish                   | 1:11:59.95  |  | Newtown Park     | 03-Dec-16 |
| W45 |  | Arlene Wong-Tung  | Scottish                   | 1:11:45.55  |  | Newtown Park     | 09-Nov-19 |
| W50 |  | Terri Grimmer     | Scottish                   | 1.03.18.36  |  | Newtown Park     | 17-Mar-12 |
| W55 |  | Teri Grimmer      | Scottish                   | 1.02.56     |  | Palmerston North | 08-Sep-13 |
| W60 |  | Noeleen Perry     | Wellington Marathon Clinic | 1.07m 34.1s |  |                  |           |
| W65 |  | Jacqueline Wilson | Wellington Masters         | 1.05.32s    |  | Newtown Park     | 21-Mar-15 |
| W70 |  | Jacqueline Wilson | Wellington Masters         | 1:05:07.75  |  | Newtown Park     | 03-Dec-16 |
| W75 |  | Daphne Jones      | Scottish                   | 1:15:02.85  |  | Newtown Park     | 09-Nov-19 |

## 10km Road Walk (Best Performances)

|     |  |                   |                            |            |  |            |             |
|-----|--|-------------------|----------------------------|------------|--|------------|-------------|
| W35 |  | Melanie Watson    | Wellington Masters         | 75m 32s    |  |            |             |
| W40 |  | Amelia De Lorenzo | Scottish                   | 57m 00s    |  |            |             |
| W45 |  | Maryanne Palmer   | Scottish                   | 68m 22s    |  |            |             |
| W50 |  | Robyn McArthur    | Scottish                   | 59m 24.36s |  |            |             |
| W55 |  | Teri Grimmer      | Scottish                   | 61m 11s    |  |            |             |
| W60 |  | Noeleen Perry     | Wellington Marathon Clinic | 67m 35s    |  |            |             |
| W65 |  | Jacqueline Wilson | Wellington Masters         |            |  | Wellington | 1 Sep 2012  |
|     |  | Sue Hoskin        | Scottish                   | 64m 11s    |  | Perth      | 31 Oct 2016 |
| W70 |  | Jacqueline Wilson | Wellington Masters         | 62m 52s    |  | Korea      | 31-Mar-17   |
| W75 |  | Daphne Jones      | Scottish                   | 73m 30s    |  | Perth      | 30-Oct-16   |

## 20km Road Walk (Best Performances)

|     |  |                  |  |  |  |  |  |
|-----|--|------------------|--|--|--|--|--|
| W35 |  | <i>no record</i> |  |  |  |  |  |
| W40 |  | <i>no record</i> |  |  |  |  |  |
| W45 |  | <i>no record</i> |  |  |  |  |  |

**Women**

| <b>Event</b> | <b>Grade</b> | <b>Name</b>       | <b>Club</b>        | <b>Result</b> | <b>Wind</b> | <b>Location</b> | <b>Date</b> |
|--------------|--------------|-------------------|--------------------|---------------|-------------|-----------------|-------------|
|              | W50          | Robyn McArthur    | Scottish           | 2hr 16m25s    |             | Trentham C.I.T. | 07-Mar-11   |
|              | W55          | Teri Grimmett     | Scottish           | 2hr 09m 54s   |             |                 | 08-Sep-13   |
|              | W60          | <i>no record</i>  |                    |               |             |                 |             |
|              | W65          | Jacqueline Wilson | Wellington Masters | 2hr 18m44s    |             | Trentham C.I.T. | 07-Oct-13   |
|              | W70          | Jacqueline Wilson | Wellington Masters | 2hr 17m02s    |             | Perth           | 05-Nov-16   |

**Women**

| Event        | Grade | Name | Club | Result | Wind | Location | Date |
|--------------|-------|------|------|--------|------|----------|------|
| <b>Jumps</b> |       |      |      |        |      |          |      |

**High Jump**

|     |                    |                    |  |       |  |              |           |
|-----|--------------------|--------------------|--|-------|--|--------------|-----------|
| W35 | P Workman          |                    |  | 1.32m |  |              |           |
| W40 | Michelle Laurenson | Kapiti             |  | 1.23m |  | Newtown Park | 03-Feb-08 |
| W45 | G Dick             |                    |  | 1.13m |  |              |           |
| W50 | G Dick             |                    |  | 1.17m |  |              |           |
| W55 | Veronica Gould     | WHAC               |  | 1.15m |  | Newtown Park | 04-Feb-07 |
| W60 | Heather May        |                    |  | 1.17m |  |              |           |
| W65 | Judy Hammond       | Kapiti             |  | 1.10m |  |              |           |
| W70 | Judy Hammond       | Kapiti             |  | 1.08m |  | Newtown Park | 29-Mar-08 |
| W75 | Judy Hammond       | Wellington Masters |  | 1.06m |  | Nelson       | 15-Jan-13 |
| W80 | Judy Hammond       | Wellington Masters |  | 0.99m |  | Wanganui     | 18-Feb-18 |

**Long Jump**

|     |                 |                    |  |       |      |              |           |
|-----|-----------------|--------------------|--|-------|------|--------------|-----------|
| W35 | P Workman       |                    |  | 4.36m |      |              |           |
| W40 | Penny Hunt      |                    |  | 4.35m |      | Christchurch | 1992      |
| W45 | Penny Hunt      |                    |  | 4.44m |      |              |           |
| W50 | Petra Stoeveken | Kiwi Athletic      |  | 4.23m | 0.00 | Newtown Park | 24-Nov-18 |
| W55 | Veronica Gould  | WHAC               |  | 4.15m |      |              |           |
| W60 | Colleena Blair  | Wellington Masters |  | 3.79m |      |              |           |
| W65 | Veronica Gould  | Wellington Masters |  | 3.57m |      | Newtown Park | 25-Feb-17 |
| W70 | Veronica Gould  | Wellington Masters |  | 3.38m | 0.4  | Hastings     | 29-Feb-20 |
| W75 | Judy Hammond    | Wellington Masters |  | 2.95m |      | Nelson       | 01-Dec-12 |
| W80 | Judy Hammond    | Wellington Masters |  | 2.73m | 0.4  | Dunedin      | 22-Jan-18 |

**Triple Jump**

|     |                |                    |  |       |  |            |           |
|-----|----------------|--------------------|--|-------|--|------------|-----------|
| W35 | P Workman      |                    |  | 9.32m |  |            |           |
| W40 | Lynne Plimmer  | Wellington Masters |  | 8.13m |  | Inglewood  | 02-Mar-08 |
| W45 | Penny Hunt     |                    |  | 9.44m |  | Wellington | 1994      |
| W50 | P Scholes      |                    |  | 7.43m |  |            |           |
| W55 | Veronica Gould | WHAC               |  | 8.27m |  |            |           |
| W60 | Colleena Blair | Wellington Masters |  | 7.76m |  |            |           |
| W65 | Colleena Blair | Wellington Masters |  | 7.30m |  |            |           |
| W70 | Colleena Blair | Wellington Masters |  | 6.38m |  |            |           |
| W75 | Colleena Blair | Wellington Masters |  | 5.08m |  |            |           |

**Pole Vault**

|  |            |  |  |  |  |  |  |
|--|------------|--|--|--|--|--|--|
|  | no records |  |  |  |  |  |  |
|--|------------|--|--|--|--|--|--|



## Women

| Event         | Grade | Name | Club | Result | Wind | Location | Date |
|---------------|-------|------|------|--------|------|----------|------|
| <b>Throws</b> |       |      |      |        |      |          |      |

## Discus

|        |     |                  |                    |        |  |              |           |
|--------|-----|------------------|--------------------|--------|--|--------------|-----------|
| 1.0kg  | W35 | Nicole Macquet   | Wellington Masters | 37.31m |  | Newtown Park |           |
| 1.0kg  | W40 | Nicole Macquet   | Wellington Masters | 34.98m |  | Newtown Park | 19-Feb-17 |
| 1.0kg  | W45 | Michelle Scriven | Wellington Masters | 26.99m |  | Newton Park  | 15-Feb-15 |
| 1.0kg  | W50 | Petra Stoeveken  | Kiwi Athletic      | 20.37m |  | Newton Park  | 24-Nov-18 |
| 1.0kg  | W55 | Colleena Blair   | Wellington Masters | 21.86m |  |              |           |
| 1.0kg  | W60 | Colleena Blair   | Wellington Masters | 22.20m |  |              |           |
| 1.0kg  | W65 | Heather May      |                    | 21.98m |  |              |           |
| 1.0kg  | W70 | Heather May      |                    | 20.30m |  |              | 1993      |
| 0.75kg | W75 | Colleena Blair   | Wellington Masters | 15.59m |  |              |           |
| 0.75kg | W80 | Colleena Blair   | Wellington Masters | 12.98m |  | Hastings     | 2011      |

## Hammer

|       |     |                  |                    |        |  |              |           |
|-------|-----|------------------|--------------------|--------|--|--------------|-----------|
| 4.0kg | W35 | Nicole Macquet   | Wellington Masters | 27.75m |  | Newtown Park | 20-Mar-13 |
| 4.0kg | W40 | Michelle Ward    | Wellington Masters | 29.91m |  | Newtown Park | 2015      |
| 4.0kg | W45 | Michelle Scriven | Wellington Masters | 28.38m |  | Nelson       | 04-Mar-17 |
| 3.0kg | W50 | Veronica Gould   | WHAC               | 23.39m |  |              |           |
| 3.0kg | W55 | Veronica Gould   | WHAC               | 24.20m |  | Newtown Park | 04-Feb-07 |
| 3.0kg | W60 | Veronica Gould   | Wellington Masters | 19.30m |  | Newtown Park | 01-Mar-13 |
| 3.0kg | W65 | Heather May      |                    | 28.60m |  |              |           |
| 3.0kg | W70 | Heather May      |                    | 27.30m |  |              | 1993      |
| 2.0kg | W75 | Heather May      |                    | 19.46m |  |              |           |
| 2.0kg | W80 | Colleena Blair   | Wellington Masters | 13.65m |  | Newtown Park | 2011      |

## Javelin

|      |     |                  |                     |        |  |              |           |
|------|-----|------------------|---------------------|--------|--|--------------|-----------|
| 600g | W35 | Kullike Puks     | Kiwi Athletic       | 29.61m |  | Newtown Park | 23-Nov-18 |
| 600g | W40 | Nicole Macquet   | Wellington Masters  | 24.33m |  | Masterton    | 06-Feb-16 |
| 600g | W45 | E Teahan         |                     | 21.58m |  |              |           |
| 500g | W50 | Theresa Bartlett | Athletics Wairarapa | 26.49m |  | Hastings     | 14-Mar-20 |
| 500g | W55 | <i>no record</i> |                     |        |  |              |           |
| 500g | W60 | <i>no record</i> |                     |        |  |              |           |
| 500g | W65 | <i>no record</i> |                     |        |  |              |           |
| 500g | W70 | <i>no record</i> |                     |        |  |              |           |
| 400g | W75 | Colleena Blair   | Wellington Masters  | 14.30m |  | Christchurch | 2006      |
| 400g | W80 | Judy Hammond     | Wellington Masters  | 11.45m |  | Wanganui     | 18-Feb-18 |

## Shot Put

|       |     |                  |                    |       |  |              |           |
|-------|-----|------------------|--------------------|-------|--|--------------|-----------|
| 4.0kg | W35 | Nicole Macquet   | Wellington Masters | 9.89m |  | Newtown Park | 2013      |
| 4.0kg | W40 | Nicole Macquet   | Wellington Masters | 9.62m |  | Newtown Park | 19-Feb-17 |
| 4.0kg | W45 | Michelle Scriven | Wellington Masters | 9.34m |  | Newton Park  | 15-Feb-15 |
| 3.0kg | W50 | P Scholes        |                    | 8.83m |  |              |           |
| 3.0kg | W55 | P Scholes        |                    | 8.51m |  |              |           |
| 3.0kg | W60 | Heather May      |                    | 8.38m |  |              |           |
| 3.0kg | W65 | Heather May      |                    | 8.27m |  |              |           |
| 3.0kg | W70 | Heather May      |                    | 7.27m |  |              |           |
| 2.0kg | W75 | Judy Hammond     | Wellington Masters | 6.66m |  | Newton Park  | 16-Mar-13 |
| 2.0kg | W80 | Judy Hammond     | Wellington Masters | 5.82m |  | Inglewood    | 26-Nov-17 |

## Weight Throw

|                |     |                  |                     |        |  |             |           |
|----------------|-----|------------------|---------------------|--------|--|-------------|-----------|
| 9.08kg / 20lb  | W35 | Nicole Macquet   | Wellington Masters  | 9.04m  |  | Newton Park | 2015      |
| 9.08kg / 20lb  | W40 | Michelle Ward    |                     | 10.70m |  | Auckland    | 2012      |
| 9.08kg / 20lb  | W45 | Michelle Scriven | Wellington Masters  | 10.18m |  | Nelson      | 03-Mar-17 |
| 7.26kg / 16lb  | W50 | Theresa Bartlett | Athletics Wairarapa | 7.97m  |  | Hastings    | 28-Feb-20 |
| 7.26kg / 16lb  | W55 | Veronica Gould   | WHAC                | 10.36m |  |             |           |
| 5.45kg / 12lb  | W60 | Colleena Blair   | Wellington Masters  | 9.46m  |  |             |           |
| 5.45kg / 12lb  | W65 | Colleena Blair   | Wellington Masters  | 9.62m  |  |             |           |
| 5.45kg / 12lb  | W70 | Colleena Blair   | Wellington Masters  | 10.03m |  |             | 2004      |
| 4.00kg / 8.8lb | W75 | Colleena Blair   | Wellington Masters  | 7.80m  |  | Tauranga    | 2009      |

**Women**

| <b>Event</b>          | <b>Grade</b> | <b>Name</b>    | <b>Club</b>        | <b>Result</b> | <b>Wind</b> | <b>Location</b> | <b>Date</b> |
|-----------------------|--------------|----------------|--------------------|---------------|-------------|-----------------|-------------|
| <i>4.00kg / 8.8lb</i> | W80          | Colleena Blair | Wellington Masters | 8.43m         |             | Newton Park     | 2011        |

## Women

| Event                  | Grade | Name | Club | Result | Wind | Location | Date |
|------------------------|-------|------|------|--------|------|----------|------|
| <b>Combined Events</b> |       |      |      |        |      |          |      |

## Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)

|  |                      |                    |  |          |  |              |           |
|--|----------------------|--------------------|--|----------|--|--------------|-----------|
| W35  | P Workman            |                    |  | 2038pts* |  |              |           |
| <i>individual event scores to be added</i> |                      |                    |  |          |  |              |           |
| W40  | Heidi-Jane Humphries | Masterton          |  | 1405 pts |  | Hastings     | 01-Mar-20 |
| (17.32s, 6.69m, 3.19m, 10.63m, 3:02.45)    |                      |                    |  |          |  |              |           |
| W45  | Petra Stoeveken      | Wellington Masters |  | 2434pts  |  | Newtown Park | 28-Mar-15 |
| (14.01s, 4.28m, 6.47m, 10.22m, 2:58.78)    |                      |                    |  |          |  |              |           |
| W50  | Petra Stoeveken      | Wellington Masters |  | 2660pts  |  | Otago        | 28-Feb-16 |
| (14.20s, 7.37m, 3.58m, 15.43m, 2:59.86)    |                      |                    |  |          |  |              |           |
| W55  | Veronica Gould       | WHAC               |  | 2745pts  |  | Newtown Park | 26-Jan-08 |
| (14.1s, 3.93m, 7.84m, 13.08m, 3:36.7)      |                      |                    |  |          |  |              |           |
| W60  | <i>no record</i>     |                    |  |          |  |              |           |
| W65  | <i>no record</i>     |                    |  |          |  |              |           |
| W70  | <i>no record</i>     |                    |  |          |  |              |           |
| W75  | Judy Hammond         | Wellington Masters |  | 3074pts  |  | Hamilton     | 23-Nov-12 |
| (18.41s, 6.48m, 2.93m, 12.64m, 4:40.08)    |                      |                    |  |          |  |              |           |
| W80  | Judy Hammond         | Wellington Masters |  | 3104pts  |  | Inglewood    | 26-Nov-17 |
| (19.98s, 5.82m, 2.58m, 11.17m, 5:31.21)    |                      |                    |  |          |  |              |           |

## Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin, 800m)

|   |                  |                    |  |         |  |           |           |
|---|------------------|--------------------|--|---------|--|-----------|-----------|
| W65   | <i>no record</i> |                    |  |         |  |           |           |
| W65   | <i>no record</i> |                    |  |         |  |           |           |
| W70   | <i>no record</i> |                    |  |         |  |           |           |
| W75   | Judy Hammond     | Wellington Masters |  | 3442pts |  | Rarotonga | 06-Oct-15 |
| (dnf, 0.99m, 6.10m, 42.07s, 2.60m, 11.65m, 4:52.56) |                  |                    |  |         |  |           |           |
| W80   | Judy Hammond     | Wellington Masters |  | 4246pts |  | Dunedin   | 21-Jan-18 |
| (dnf, 0.97m, 5.77m, 43.48s, 2.53m, 11.42m, 5:07.55) |                  |                    |  |         |  |           |           |

## Weight Pentathlon (Hammer, Shot, Discus, Javelin, Weight)

|  |                  |                     |  |          |  |              |           |
|--|------------------|---------------------|--|----------|--|--------------|-----------|
| W35  | Nicole Maquet    | Wellington Masters  |  | 2541pts  |  | Newtown Park | 23-Feb-13 |
| (27.75, 9.89, 36.57, 24.29, 9.04)          |                  |                     |  |          |  |              |           |
| W40  | Michelle Ward    | Wellington Masters  |  | 2198pts* |  | Newtown Park | 2011      |
| <i>individual event scores to be added</i> |                  |                     |  |          |  |              |           |
| W45  | Michelle Scriven | Wellington Masters  |  | 2486pts  |  | Newtown Park | 04-Feb-18 |
| (23.24m, 8.29m, 25.66m, 20.84m, 9.06m)     |                  |                     |  |          |  |              |           |
| W50  | Theresa Bartlett | Athletics Wairarapa |  | 2507pts  |  | Hastings     | 01-Mar-20 |
| (22.07, 9.13, 23.94, 23.40, 7.74)          |                  |                     |  |          |  |              |           |
| W55  | Veronica Gould   | WHAC                |  | 2229pts  |  |              | 03-Feb-08 |
| (22.48, 7.48, 15.00, 14.59, 8.37)          |                  |                     |  |          |  |              |           |
| W60  | <i>no record</i> |                     |  |          |  |              |           |
| W65  | <i>no record</i> |                     |  |          |  |              |           |
| W70  | <i>no record</i> |                     |  |          |  |              |           |
| W75  | Colleena Blair   | Wellington Masters  |  | 2524pts  |  | Wanganui     | 2006      |
| (13.45, 5.58, 14.87, 12.68, 8.75)          |                  |                     |  |          |  |              |           |

## Pentathlon (International Women: Short Hurdles, High, Shot, Long, 800m)

|  |                  |                    |  |          |  |  |  |
|--|------------------|--------------------|--|----------|--|--|--|
| W35  | S Ratapu         |                    |  | 1411pts* |  |  |  |
| <i>individual event scores to be added</i> |                  |                    |  |          |  |  |  |
| W40  | <i>no record</i> |                    |  |          |  |  |  |
| W45  | <i>no record</i> |                    |  |          |  |  |  |
| W50  | Colleena Blair   | Wellington Masters |  | 2117pts* |  |  |  |
| <i>individual event scores to be added</i> |                  |                    |  |          |  |  |  |
| W55  | F McCracken      |                    |  | 649pts*  |  |  |  |
| <i>individual event scores to be added</i> |                  |                    |  |          |  |  |  |
| W60  | Heather May      |                    |  | 2174pts* |  |  |  |
| <i>individual event scores to be added</i> |                  |                    |  |          |  |  |  |

\*points require recalculation with 2015 standards

**Women**

| <b>Event</b> | <b>Grade</b> | <b>Name</b> | <b>Club</b> | <b>Result</b> | <b>Wind</b> | <b>Location</b> | <b>Date</b> |
|--------------|--------------|-------------|-------------|---------------|-------------|-----------------|-------------|
|--------------|--------------|-------------|-------------|---------------|-------------|-----------------|-------------|

## Women

| Event   | Grade | Name               | Club               | Result     | Wind | Location    | Date      |
|---|-------|--------------------|--------------------|------------|------|-------------|-----------|
| <b>Archived Records no longer maintained</b>                |       |                    |                    |            |      |             |           |
| <i>Retired implements or non-standard distances and W30</i> |       |                    |                    |            |      |             |           |
| 100m  | W30   | Penny Hunt         |                    | 12.45s     |      |             |           |
| 200m  | W30   | Penny Hunt         |                    | 25.61s     |      |             |           |
| 400m  | W30   | Penny Hunt         |                    | 57.16s     |      |             |           |
| 800m  | W30   | C Clegg            |                    | 2m 40.0s   |      |             |           |
| 1500m   | W30   | Bowness            |                    | 5m 39.0s   |      |             |           |
| 3000m   | W30   | Gabrielle O'Rourke | WHAC               | 9m 38.74s  |      |             |           |
| 5000m   | W30   | Gabrielle O'Rourke | WHAC               | 16m 31.72s |      |             |           |
| 10000m  | W30   | Gabrielle O'Rourke | WHAC               | 34m 28.31s |      |             |           |
| Marathon  | W30   | Gabrielle O'Rourke | WHAC               | 2h 38m 47s |      |             |           |
| 100mH   | W30   | Penny Hunt         |                    | 16.60s     |      |             |           |
| 80mH (8m)   | W50   | Colleena Blair     | Wellington Masters | 16.45s     |      |             |           |
| 80mH (8m)   | W55   | Colleena Blair     | Wellington Masters | 17.46s     |      |             |           |
| 80mH (8m)   | W60   | Colleena Blair     | Wellington Masters | 17.10s     |      |             |           |
| 100mH   | W50   | Colleena Blair     | Wellington Masters | 21.30s     |      |             |           |
| 100mH   | W60   | Colleena Blair     | Wellington Masters | 22.30s     |      |             |           |
| 200mH   | W40   | Penny Hunt         |                    | 31.00s     |      |             |           |
| 200mH   | W50   | P Scholes          |                    | 41.70s     |      |             |           |
| 300mH   | W40   | E Teahan           |                    | 88.30s     |      |             |           |
| Long Jump   | W30   | C Clegg            |                    | 4.95m      |      |             |           |
| Triple Jump   | W30   | B Doherty          |                    | 9.23m      |      |             |           |
| Discus  | W30   | Jeanette Chung     |                    | 28.42m     |      |             |           |
| Hammer  | W30   | Jeanette Chung     |                    | 21.82m     |      |             |           |
| Javelin   | W30   | Jeanette Chung     |                    | 26.34m     |      |             |           |
| Shot Put  | W30   | P Workman          |                    | 8.44m      |      |             |           |
| Javelin (400g)  | W60   | Colleena Blair     | Wellington Masters | 25.40m     |      |             |           |
| Javelin (400g)  | W65   | Heather May        |                    | 23.74m     |      |             |           |
| Javelin (400g)  | W70   | Heather May        |                    | 21.84m     |      |             |           |
| Javelin (pre-99)  | W50   | P Scholes          |                    | 23.50m     |      |             | 1990      |
| Javelin (pre-99)  | W55   | Colleena Blair     | Wellington Masters | 24.88m     |      |             |           |
| Javelin (pre-99)  | W75   | Heather May        |                    | 15.72m     |      |             | 1998      |
| Weight (15.88kg)  | W30   | Jeanette Chung     |                    | 8.69m      |      |             |           |
| Weight (15.88kg)  | W35   | Michelle Ward      | Wellington Masters | 9.57m      |      | Inglewood   | 20-Nov-10 |
| Weight (15.88kg)  | W40   | Michelle Ward      | Wellington Masters | 10.62      |      |             |           |
| Weight (15.88kg)  | W45   | Michelle Scriven   | Wellington Masters | 8.95m      |      | Newton Park | 27-Feb-15 |
| Weight (15.88kg)  | W50   | Veronica Gould     | WHAC               | 8.55m      |      |             |           |
| Weight (7.26kg)   | W65   | Heather May        |                    | 7.74m      |      |             |           |
| Weight (7.26kg)   | W70   | Heather May        |                    | 7.42m      |      |             |           |
| Weight (5.44kg)   | W75   | Colleena Blair     | Wellington Masters | 9.40m      |      |             |           |

## Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)

|     |                |  |          |  |  |  |
|-----|----------------|--|----------|--|--|--|
| W30 | Jeanette Chung |  | 1472pts* |  |  |  |
|-----|----------------|--|----------|--|--|--|

## Weight Pentathlon (Hammer, Shot, Discus, Javelin, Weight)

|     |                |  |          |  |  |  |
|-----|----------------|--|----------|--|--|--|
| W30 | Jeanette Chung |  | 2015pts* |  |  |  |
|-----|----------------|--|----------|--|--|--|

## Pentathlon (NZ Women: 200m, Long, Shot, Javelin [pre-1999 model], 800m)

|     |            |  |          |  |  |  |
|-----|------------|--|----------|--|--|--|
| W40 | Penny Hunt |  | 1921pts* |  |  |  |
| W50 | P Scholes  |  | 2792pts* |  |  |  |

## Pentathlon (NZ Women: 200m, Long, Shot, Javelin [old weight 4.0kg], 800m)

|     |              |        |          |  |           |           |
|-----|--------------|--------|----------|--|-----------|-----------|
| W60 | Judy Hammond | Kapiti | 3275pts* |  |           |           |
| W65 | Judy Hammond | Kapiti | 3441pts* |  |           |           |
| W70 | Judy Hammond | Kapiti | 3482pts* |  | Inglewood | 25-Nov-07 |

## Weight Pentathlon (Hammer, Shot, Discus, Javelin [old weight 4.0kg or pre-1999 model], Weight)

|     |                |                    |          |  |  |  |
|-----|----------------|--------------------|----------|--|--|--|
| W60 | Colleena Blair | Wellington Masters | 2619pts* |  |  |  |
| W65 | Heather May    |                    | 3099pts* |  |  |  |
| W70 | Heather May    |                    | 3659pts* |  |  |  |

## Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin [old weight 4.0kg], 800m)

|     |                |  |          |  |  |  |
|-----|----------------|--|----------|--|--|--|
| W40 | Karen Armitage |  | 1959pts* |  |  |  |
| W50 | G Dick         |  | 2935pts* |  |  |  |

**Women**

| <b>Event</b> | <b>Grade</b> | <b>Name</b>  | <b>Club</b> | <b>Result</b> | <b>Wind</b> | <b>Location</b> | <b>Date</b> |
|--------------|--------------|--------------|-------------|---------------|-------------|-----------------|-------------|
|              | W60          | Judy Hammond | Kapiti      | 4466pts*      |             |                 |             |
|              | W65          | Judy Hammond | Kapiti      | 4773pts*      |             |                 |             |
|              | W70          | Judy Hammond | Kapiti      | 4371pts*      |             | Townsville      | 29-Jul-08   |