

Women

Event	Grade	Name	Club	Result	Wind	Location	Date
Sprints							

60M

W35	Vanessa Story	Wellington Masters		8.6s		Nelson	01-Dec-12
W40	Vanessa Story	Wellington Masters		8.43s	-1.1	Otago	27-Feb-16
W45	Petra Stoeveken	Wellington Masters		8.82s		Newton Park	14-Feb-15
W50	Petra Stoeveken	Wellington Masters		8.76s	-1.4	Otago	27-Feb-16
W55	Liz Bentley	Wellington Masters		10.08s	1.6	Newtown Park	01-Feb-20
W60	Veronica Gould	Wellington Masters		9.4s		Newtown Park	09-Mar-13
W65	Veronica Gould	Wellington Masters		9.66s	0.9	Newton Park	24-Mar-18
W70	Veronica Gould	Wellington Masters		9.87s	1.6	Newtown Park	01-Feb-20
W75	Judy Hammond	Wellington Masters		11.01s		Hamilton	23-Nov-12
W80	Judy Hammond	Wellington Masters		11.86s	-0.3	Dunedin	22-Jan-18

100m

W35	Penny Hunt			12.70s		Wellington	1984
W40	Penny Hunt			13.20s		Christchurch	1992
W45	Penny Hunt			13.56s		Auckland	1993
W50	Petra Stoeveken	Wellington Masters		13.76s	-0.1	Dunedin	27-Feb-16
W55	Veronica Gould	WHAC		14.10s	-1.2	Newtown Park	26-Jan-08
W60	Colleena Blair	Wellington Masters		14.90s			
W65	Veronica Gould	Wellington Masters		15.20s		Newton Park	12-Oct-13
W70	Veronica Gould	Wellington Masters		16.08s	1.2	Newtown Park	25-Jan-20
W75	Judy Hammond	Wellington Masters		18.41s	-1.2	Hamilton	23-Nov-12
W80	Judy Hammond	Wellington Masters		19.98s		Inglewood	26-Nov-17

200m

W35	Penny Hunt			26.36s			
W40	Vanessa Story	Wellington Masters		27.21s	-0.3	Otago	28-Feb-16
W45	Penny Hunt			27.54s		Auckland	1993
W50	Petra Stoeveken	Kiwi Athletic		29.18s	-0.6	Newtown Park	15-Dec-18
W55	Veronica Gould	WHAC		30.26s			
W60	Judy Hammond	Kapiti		31.90s			
W65	Veronica Gould	Wellington Masters		33.09s		Newton Park	19-Feb-17
W70	Veronica Gould	Wellington Masters		34.73s	1.5	Newton Park	25-Jan-20
W75	Judy Hammond	Wellington Masters		41.53s		Darwin	10-Jun-17
W80	Judy Hammond	Wellington Masters		43.48s	1.8	Dunedin	20-Jan-18

400m

W35	Pam Graham	Scottish		64.87s			
W40	Vanessa Story	Wellington Masters		60.35s		Newtown Park	19-Nov-16
W45	Andrea Harris	Wairarapa		66.51s		Newtown Park	22-Oct-16
W50	Petra Stoeveken	Kiwi Athletic		69.15s		Newtown Park	23-Nov-18
W55	Judy Hammond	Kapiti		73.90s			
W60	Judy Hammond	Kapiti		74.30s			
W65	Judy Hammond	Kapiti		85.44s			
W70	Judy Hammond	Kapiti		88.51s		Inglewood	18-Feb-09
W75	Judy Hammond	Wellington Masters		97.02s		Whangarei	2013

Women

Event	Grade	Name	Club	Result	Wind	Location	Date
Middle Distance							
800m							
W35	Renaë Creser	Olympic		2m 26.56s			2011
W40	Anne Hare	Scottish		2m 17.06s		Newtown Park	18-Feb-06
W45	Anne Hare	Scottish		2m 23.72s			
W50	Jenny McDonald	Scottish		2m 31.04s		Newtown Park	23-Feb-08
W55	Liz Bentley	Scottish		2m 57.65s		Newtown Park	30-Mar-19
W60	Peggy Fletcher			2m 59.5s			
W65	Peggy Fletcher			3m 10.29s			1996
W70	Judy Hammond	Kapiti		3m 53.14s		Townsville	29-Jul-08
W75	Judy Hammond	Wellington Masters		4m 36.70s		Palmerston North	07-Oct-12
W80	Judy Hammond	Wellington Masters		5m 07.55s		Dunedin	21-Jan-18
1500m							
W35	Tina Faulkner	Scottish		4m 26.93s		AUT Millennium, Akl	19-Dec-17
W40	Anne Hare	Scottish		4m 35.74s		Christchurch	27-Jan-06
W45	Anne Hare			4m 48.69s			
W50	Bernie Portenski	Scottish		5m 00.58s			
W55	Jenny McDonald			5m 17.82s		Newtown Park	09-Mar-13
W60	Peggy Fletcher			5m 58.04s			
W65	Peggy Fletcher			6m 25.63s		Dunedin	1997
W70	Judy Hammond			8m 28.0s		Palmerston North	16-Oct-11
Mile							
W35	Tina Faulkner	Scottish		4m 53.41s		Timaru	06-Jan-18
W40	Renaë Creser	Kapiti		5m 36.92s		Newtown Park	19-Dec-15
W45	Anne Hare	Scottish		5m 38.34s			21-Dec-13
W50	Anne Hare	Scottish		5m 48.70s			21-Dec-14
W55	Helen Willis	Scottish		7m 02.98s		Newtown Park	14-Dec-19
3000m							
W35	Vicki Humphries	WHAC		10m 14.87s			
W40	Nyla Caroll			9m 53.94s			
W45	Gabrielle O'Rourke			10m 22.69s		Newtown Park	25-Jan-13
W50	Victoria Humphries			11m 01.68s		Masterton	06-Feb-16
W55	Bernie Portenski	Scottish		10m 38.7s			2005
W60	Bernie Portenski			11m 00.10s		Newtown Park	19-Feb-11

Women

Event	Grade	Name	Club	Result	Wind	Location	Date
Distance							

5000m

W35	Ngairé Drake			16m 47.63s			
W40	Nyla Carroll	Scottish		16m 45.74s		QEII, Christchurch	26-Mar-10
W45	Bernie Portenski	Scottish		17m 32.13s			
W50	Bernie Portenski	Scottish		17m 22.22s			
W55	Bernie Portenski	Scottish		17m 56.05s			
W60	Peggy Fletcher			21m 10.8s		Wanganui	1992
W65	Peggy Fletcher			23m 31.00s			
W70	Betty Meyers			33m 32.00s		Hamilton	1996

10000m

W35	Ngairé Drake			35m 11.3s			
W40	Bernie Portenski	Scottish		34m 48.95s			1993
W45	Bernie Portenski	Scottish		35m 35.5s			
W50	Bernie Portenski	Scottish		36m 34.24s			
W55	Bernie Portenski	Scottish		37m 22.37s			2006
W60	Bernie Portenski	Scottish		39m 04.23s			2010
W65	<i>no record</i>						
W70	Betty Meyers			73m 55.63s			

Marathon (Best Performances)

W35	Ingrid Cree	Olympic		2h 57m 5s		Christchurch	02-Jun-19
W40	Bernie Portenski	Scottish		2h 34m 39s			1992
W45	Bernie Portenski	Scottish		2h 43m 38s			
W50	Vickie Humphries	WHAC		3h 11m 42s		Rotorua	03-May-14
W55	Betty Harp	Scottish		3h 56m 19s		Christchurch	02-Jun-19
W60	Bernie Portenski	Scottish		3h 01m 30s			2010
W65	Judy Hammond	Kapiti		4h 57m 41s			

Women

Event	Grade	Name	Club	Result	Wind	Location	Date
Steeples							

2000m SC*0.762m/30"*

W35	Vicki Humphries	WHAC		7m 47.36s			
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0.762m/30"

W40	Michelle Van Looy	Olympic		8m 01.88s		Masterton	21-Feb-15
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0.762m/30"

W45	J Stewart			8m 10.5s			
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0.762m/30"

W50	Lyn Clark	Scottish		9m 25.61s		Newtown Park	24-Nov-18
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0.762m/30"

W55	T Brown			9m 29.8s			
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0.762m/30"

W60	F McCracken			11m 32.28s			
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0.762m/30"

W65	Jenny Mason	Wellington Masters		10m 38.29s		Newtown Park	03-Feb-18
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Women

Event	Grade	Name	Club	Result	Wind	Location	Date
Hurdles							

Short Hurdles**80mH (8m between hurdles)**

0.762m/30"	W40	Penny Hunt		13.2s		Christchurch	1992
0.762m/30"	W45	Penny Hunt		13.50s		Auckland	1993

80mH (7m between hurdles)

0.762m/30"	W50	<i>no record</i>					
0.762m/30"	W55	<i>no record</i>					
0.686m/27"	W60	Colleena Blair	Wellington Masters	16.64s			
0.686m/27"	W65	Colleena Blair	Wellington Masters	17.35s			1995
0.686m/27"	W70	<i>no record</i>					

100mH

0.840m/33"	W35	Penny Hunt		15.40s		Wellington	1984
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Long Hurdles**200mH**

0.686m/27"	W70	<i>no record</i>					
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300mH

0.762m/30"	W50	P Scholes		61.81s			
0.762m/30"	W55	<i>no record</i>					
0.686m/27"	W60	Judy Hammond	Kapiti	65.90s			
0.686m/27"	W65	Judy Hammond	Kapiti	71.04s			2004

400mH

0.762m/30"	W35	<i>no record</i>					
0.762m/30"	W40	Andrea Williams		81:04s		Hawkes Bay	29-Nov-14
0.762m/30"	W45	<i>no record</i>					

Women

Event	Grade	Name	Club	Result	Wind	Location	Date
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Walks

1500mW

W35	Kathryn Fraser	Scottish		9m 35.18s			
W40	Brenda Burke	Scottish		9m 35.71s			
W45	K Blyth			10m 05.05s			
W50	Robin McArthur			8m 35.44s		Newtown Park	05-Feb-11
W55	Teri Grimmer	Scottish		8m 35.64s		Newtown Park	2013
W60	Barbara Tucker			9m 44.17s		Newtown Park	05-Feb-11
W65	Jacqueline Wilson	Wellington Masters		8m 56.63s		Newtown Park	14-Feb-15
W70	Jacqueline Wilson	Wellington Masters		8m 55.65s		Auckland	26-Apr-17
W75	Daphne Jones	Scottish		10m 27.29s		Newtown Park	25-Feb-17

3000mW

W35	Kristeene Parkes	Scottish		20m 54.33s			
W40	Arlene Wong-Tung	Scottish		20m 30.49s		Palmerston North	25-Nov-16
W45	Amelia De Lorenzo	Scottish		16m 40.13s		Newtown Park	28-Oct-06
W50	Robyn McArthur			17m 26.89s		Newtown Park	23-Jan-12
W55	Teri Grimmer	Scottish		17m 44.64s		Newtown Park	2013
W60	F McCracken			19m 02.5s			
W65	Jacqueline Wilson	Wellington Masters		18m 35.89s		Newton Park	15-Feb-15
W70	Jacqueline Wilson	Wellington Masters		18m 27.80s		Dunedin	26-Jan-18
W75	Daphne Jones	Scottish		20m 33.59s		Palmerston North	25-Nov-16

5000mW

W35	<i>no record</i>						
W40	Amelia De Lorenzo	Scottish		27m 08.10s			
W45	A Bowles			33m 48.0s			
W50	Teri Grimmer	Scottish		29m.54.22		Melbourne	06-Apr-12
W55	Teri Grimmer	Scottish		32m 40.71s		Palmerston North	27-Nov-16
W60	Barbara Tucker	Scottish		32m45.77			
W65	Sue Hoskin	Scottish		31m 38.35s		Perth	26-Oct-16
W70	Jacqueline Wilson	Wellington Masters		31m 43.15s		Perth	26-Oct-16
W75	Daphne Jones	Scottish		35m 30.14s		Timaru	03-Mar-19

10000mW

W35	<i>no record</i>						
W40	Arlene Wong-Tung	Scottish		1:11:59.95		Newtown Park	03-Dec-16
W45	Arlene Wong-Tung	Scottish		1:11:45.55		Newtown Park	09-Nov-19
W50	Teri Grimmer	Scottish		1.03.18.36		Newtown Park	17-Mar-12
W55	Teri Grimmer	Scottish		1.02.56		Palmerston North	08-Sep-13
W60	Noeleen Perry	Wellington Marathon Clinic		1.07m 34.1s			
W65	Jacqueline Wilson	Wellington Masters		1.05.32s		Newtown Park	21-Mar-15
W70	Jacqueline Wilson	Wellington Masters		1:05:07.75		Newtown Park	03-Dec-16
W75	Daphne Jones	Scottish		1:15:02.85		Newtown Park	09-Nov-19

10km Road Walk (Best Performances)

W35	Melanie Watson	Wellington Masters		75m 32s			
W40	Amelia De Lorenzo	Scottish		57m 00s			
W45	Maryanne Palmer	Scottish		68m 22s			
W50	Robyn McArthur	Scottish		59m 24.36s			
W55	Teri Grimmer	Scottish		61m 11s			
W60	Noeleen Perry	Wellington Marathon Clinic		67m 35s			
W65	Jacqueline Wilson	Wellington Masters				Wellington	1 Sep 2012
W65	Sue Hoskin	Scottish		64m 11s		Perth	31 Oct 2016
W70	Jacqueline Wilson	Wellington Masters		62m 52s		Korea	31-Mar-17
W75	Daphne Jones	Scottish		73m 30s		Perth	30-Oct-16

20km Road Walk (Best Performances)

W35	<i>no record</i>						
W40	<i>no record</i>						
W45	<i>no record</i>						
W50	Robyn McArthur	Scottish		2hr 16m25s		Trentham C.I.T.	07-Mar-11
W55	Teri Grimmer	Scottish		2hr 09m 54s			08-Sep-13
W60	<i>no record</i>						
W65	Jacqueline Wilson	Wellington Masters		2hr 18m44s		Trentham C.I.T.	07-Oct-13
W70	Jacqueline Wilson	Wellington Masters		2hr 17m02s		Perth	05-Nov-16

Women

Event	Grade	Name	Club	Result	Wind	Location	Date
Jumps							

High Jump

W35	P Workman			1.32m			
W40	Michelle Laurenson	Kapiti		1.23m		Newtown Park	03-Feb-08
W45	G Dick			1.13m			
W50	G Dick			1.17m			
W55	Veronica Gould	WHAC		1.15m		Newtown Park	04-Feb-07
W60	Heather May			1.17m			
W65	Judy Hammond	Kapiti		1.10m			
W70	Judy Hammond	Kapiti		1.08m		Newtown Park	29-Mar-08
W75	Judy Hammond	Wellington Masters		1.06m		Nelson	15-Jan-13
W80	Judy Hammond	Wellington Masters		0.99m		Wanganui	18-Feb-18

Long Jump

W35	P Workman			4.36m			
W40	Penny Hunt			4.35m		Christchurch	1992
W45	Penny Hunt			4.44m			
W50	Petra Stoeveken	Kiwi Athletic		4.23m	0.00	Newtown Park	24-Nov-18
W55	Veronica Gould	WHAC		4.15m			
W60	Colleena Blair	Wellington Masters		3.79m			
W65	Veronica Gould	Wellington Masters		3.57m		Newtown Park	25-Feb-17
W70	Veronica Gould	Wellington Masters		3.36m	-0.1	Newtown Park	01-Feb-20
W75	Judy Hammond	Wellington Masters		2.95m		Nelson	01-Dec-12
W80	Judy Hammond	Wellington Masters		2.73m	0.4	Dunedin	22-Jan-18

Triple Jump

W35	P Workman			9.32m			
W40	Lynne Plimmer	Wellington Masters		8.13m		Inglewood	02-Mar-08
W45	Penny Hunt			9.44m		Wellington	1994
W50	P Scholes			7.43m			
W55	Veronica Gould	WHAC		8.27m			
W60	Colleena Blair	Wellington Masters		7.76m			
W65	Colleena Blair	Wellington Masters		7.30m			
W70	Colleena Blair	Wellington Masters		6.38m			
W75	Colleena Blair	Wellington Masters		5.08m			

Pole Vault

	no records						
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Women

Event	Grade	Name	Club	Result	Wind	Location	Date
Throws							

Discus

1.0kg	W35	Nicole Macquet	Wellington Masters	37.31m		Newtown Park	
1.0kg	W40	Nicole Macquet	Wellington Masters	34.98m		Newtown Park	19-Feb-17
1.0kg	W45	Michelle Scriven	Wellington Masters	26.99m		Newton Park	15-Feb-15
1.0kg	W50	Petra Stoeveken	Kiwi Athletic	20.37m		Newton Park	24-Nov-18
1.0kg	W55	Colleena Blair	Wellington Masters	21.86m			
1.0kg	W60	Colleena Blair	Wellington Masters	22.20m			
1.0kg	W65	Heather May		21.98m			
1.0kg	W70	Heather May		20.30m			1993
0.75kg	W75	Colleena Blair	Wellington Masters	15.59m			
0.75kg	W80	Colleena Blair	Wellington Masters	12.98m		Hastings	2011

Hammer

4.0kg	W35	Nicole Macquet	Wellington Masters	27.75m		Newtown Park	20-Mar-13
4.0kg	W40	Michelle Ward	Wellington Masters	29.91m		Newtown Park	2015
4.0kg	W45	Michelle Scriven	Wellington Masters	28.38m		Nelson	04-Mar-17
3.0kg	W50	Veronica Gould	WHAC	23.39m			
3.0kg	W55	Veronica Gould	WHAC	24.20m		Newtown Park	04-Feb-07
3.0kg	W60	Veronica Gould	Wellington Masters	19.30m		Newtown Park	01-Mar-13
3.0kg	W65	Heather May		28.60m			
3.0kg	W70	Heather May		27.30m			1993
2.0kg	W75	Heather May		19.46m			
2.0kg	W80	Colleena Blair	Wellington Masters	13.65m		Newtown Park	2011

Javelin

600g	W35	Kullike Puks	Kiwi Athletic	29.61m		Newtown Park	23-Nov-18
600g	W40	Nicole Macquet	Wellington Masters	24.33m		Masterton	06-Feb-16
600g	W45	E Teahan		21.58m			
500g	W50	Petra Stoeveken	Wellington Masters	16.83m		Newtown Park	2015
500g	W55	<i>no record</i>					
500g	W60	<i>no record</i>					
500g	W65	<i>no record</i>					
500g	W70	<i>no record</i>					
400g	W75	Colleena Blair	Wellington Masters	14.30m		Christchurch	2006
400g	W80	Judy Hammond	Wellington Masters	11.45m		Wanganui	18-Feb-18

Shot Put

4.0kg	W35	Nicole Macquet	Wellington Masters	9.89m		Newtown Park	2013
4.0kg	W40	Nicole Macquet	Wellington Masters	9.62m		Newtown Park	19-Feb-17
4.0kg	W45	Michelle Scriven	Wellington Masters	9.34m		Newton Park	15-Feb-15
3.0kg	W50	P Scholes		8.83m			
3.0kg	W55	P Scholes		8.51m			
3.0kg	W60	Heather May		8.38m			
3.0kg	W65	Heather May		8.27m			
3.0kg	W70	Heather May		7.27m			
2.0kg	W75	Judy Hammond	Wellington Masters	6.66m		Newton Park	16-Mar-13
2.0kg	W80	Judy Hammond	Wellington Masters	5.82m		Inglewood	26-Nov-17

Weight Throw

9.08kg / 20lb	W35	Nicole Macquet	Wellington Masters	9.04m		Newton Park	2015
9.08kg / 20lb	W40	Michelle Ward		10.70m		Auckland	2012
9.08kg / 20lb	W45	Michelle Scriven	Wellington Masters	10.18m		Nelson	03-Mar-17
7.26kg / 16lb	W50	Sharon Wray	Scottish	6.19m		Inglewood	24-Nov-17
7.26kg / 16lb	W55	Veronica Gould	WHAC	10.36m			
5.45kg / 12lb	W60	Colleena Blair	Wellington Masters	9.46m			
5.45kg / 12lb	W65	Colleena Blair	Wellington Masters	9.62m			
5.45kg / 12lb	W70	Colleena Blair	Wellington Masters	10.03m			2004
4.00kg / 8.8lb	W75	Colleena Blair	Wellington Masters	7.80m		Tauranga	2009
4.00kg / 8.8lb	W80	Colleena Blair	Wellington Masters	8.43m		Newton Park	2011

Women

Event	Grade	Name	Club	Result	Wind	Location	Date
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Combined Events

Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)

W35	P Workman			2038pts*			
<i>individual event scores to be added</i>							
W40	no record						
W45	Petra Stoeveken	Wellington Masters		2434pts		Newtown Park	28-Mar-15
<i>(14.01s, 4.28m, 6.47m, 10.22m, 2:58.78)</i>							
W50	Petra Stoeveken	Wellington Masters		2660pts		Otago	28-Feb-16
<i>(14.20s, 7.37m, 3.58m, 15.43m, 2:59.86)</i>							
W55	Veronica Gould	WHAC		2745pts		Newtown Park	26-Jan-08
<i>(14.1s, 3.93m, 7.84m, 13.08m, 3:36.7)</i>							
W60	no record						
W65	no record						
W70	no record						
W75	Judy Hammond	Wellington Masters		3074pts		Hamilton	23-Nov-12
<i>(18.41s, 6.48m, 2.93m, 12.64m, 4:40.08)</i>							
W80	Judy Hammond	Wellington Masters		3104pts		Inglewood	26-Nov-17
<i>(19.98s, 5.82m, 2.58m, 11.17m, 5:31.21)</i>							

Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin, 800m)

W65	no record						
W65	no record						
W70	no record						
W75	Judy Hammond	Wellington Masters		3442pts		Rarotonga	06-Oct-15
<i>(dnf, 0.99m, 6.10m, 42.07s, 2.60m, 11.65m, 4:52.56)</i>							
W80	Judy Hammond	Wellington Masters		4246pts		Dunedin	21-Jan-18
<i>(dnf, 0.97m, 5.77m, 43.48s, 2.53m, 11.42m, 5:07.55)</i>							

Weight Pentathlon (Hammer, Shot, Discus, Javelin, Weight)

W35	Nicole Maquet	Wellington Masters		2541pts		Newtown Park	23-Feb-13
<i>(27.75, 9.89, 36.57, 24.29, 9.04)</i>							
W40	Michelle Ward	Wellington Masters		2198pts*		Newtown Park	2011
<i>individual event scores to be added</i>							
W45	Michelle Scriven	Wellington Masters		2486pts		Newtown Park	04-Feb-18
<i>(23.24m, 8.29m, 25.66m, 20.84m, 9.06m)</i>							
W50	Sharon Wray	Scottish		1167pts		Inglewood	26-Nov-17
<i>(15.31, 4.76, 9.52, 9.84, 6.03)</i>							
W55	Veronica Gould	WHAC		2229pts			03-Feb-08
<i>(22.48, 7.48, 15.00, 14.59, 8.37)</i>							
W60	no record						
W65	no record						
W70	no record						
W75	Colleena Blair	Wellington Masters		2524pts		Wanganui	2006
<i>(13.45, 5.58, 14.87, 12.68, 8.75)</i>							

Pentathlon (International Women: Short Hurdles, High, Shot, Long, 800m)

W35	S Ratapu			1411pts*			
<i>individual event scores to be added</i>							
W40	no record						
W45	no record						
W50	Colleena Blair	Wellington Masters		2117pts*			
<i>individual event scores to be added</i>							
W55	F McCracken			649pts*			
<i>individual event scores to be added</i>							
W60	Heather May			2174pts*			
<i>individual event scores to be added</i>							

*points require recalculation with 2015 standards

Women

Event	Grade	Name	Club	Result	Wind	Location	Date
Archived Records no longer maintained							
<i>Retired implements or non-standard distances and W30</i>							
100m	W30	Penny Hunt		12.45s			
200m	W30	Penny Hunt		25.61s			
400m	W30	Penny Hunt		57.16s			
800m	W30	C Clegg		2m 40.0s			
1500m	W30	Bowness		5m 39.0s			
3000m	W30	Gabrielle O'Rourke	WHAC	9m 38.74s			
5000m	W30	Gabrielle O'Rourke	WHAC	16m 31.72s			
10000m	W30	Gabrielle O'Rourke	WHAC	34m 28.31s			
Marathon	W30	Gabrielle O'Rourke	WHAC	2h 38m 47s			
100mH	W30	Penny Hunt		16.60s			
80mH (8m)	W50	Colleena Blair	Wellington Masters	16.45s			
80mH (8m)	W55	Colleena Blair	Wellington Masters	17.46s			
80mH (8m)	W60	Colleena Blair	Wellington Masters	17.10s			
100mH	W50	Colleena Blair	Wellington Masters	21.30s			
100mH	W60	Colleena Blair	Wellington Masters	22.30s			
200mH	W40	Penny Hunt		31.00s			
200mH	W50	P Scholes		41.70s			
300mH	W40	E Techan		88.30s			
Long Jump	W30	C Clegg		4.95m			
Triple Jump	W30	B Doherty		9.23m			
Discus	W30	Jeanette Chung		28.42m			
Hammer	W30	Jeanette Chung		21.82m			
Javelin	W30	Jeanette Chung		26.34m			
Shot Put	W30	P Workman		8.44m			
Javelin (400g)	W60	Colleena Blair	Wellington Masters	25.40m			
Javelin (400g)	W65	Heather May		23.74m			
Javelin (400g)	W70	Heather May		21.84m			
Javelin (pre-99)	W50	P Scholes		23.50m			1990
Javelin (pre-99)	W55	Colleena Blair	Wellington Masters	24.88m			
Javelin (pre-99)	W75	Heather May		15.72m			1998
Weight (15.88kg)	W30	Jeanette Chung		8.69m			
Weight (15.88kg)	W35	Michelle Ward	Wellington Masters	9.57m		Inglewood	20-Nov-10
Weight (15.88kg)	W40	Michelle Ward	Wellington Masters	10.62			
Weight (15.88kg)	W45	Michelle Scriven	Wellington Masters	8.95m		Newton Park	27-Feb-15
Weight (15.88kg)	W50	Veronica Gould	WHAC	8.55m			
Weight (7.26kg)	W65	Heather May		7.74m			
Weight (7.26kg)	W70	Heather May		7.42m			
Weight (5.44kg)	W75	Colleena Blair	Wellington Masters	9.40m			

Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)

W30	Jeanette Chung		1472pts*			
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Weight Pentathlon (Hammer, Shot, Discus, Javelin, Weight)

W30	Jeanette Chung		2015pts*			
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Pentathlon (NZ Women: 200m, Long, Shot, Javelin [pre-1999 model], 800m)

W40	Penny Hunt		1921pts*			
W50	P Scholes		2792pts*			

Pentathlon (NZ Women: 200m, Long, Shot, Javelin [old weight 4.0kg], 800m)

W60	Judy Hammond	Kapiti	3275pts*			
W65	Judy Hammond	Kapiti	3441pts*			
W70	Judy Hammond	Kapiti	3482pts*		Inglewood	25-Nov-07

Weight Pentathlon (Hammer, Shot, Discus, Javelin [old weight 4.0kg or pre-1999 model], Weight)

W60	Colleena Blair	Wellington Masters	2619pts*			
W65	Heather May		3099pts*			
W70	Heather May		3659pts*			

Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin [old weight 4.0kg], 800m)

W40	Karen Armitage		1959pts*			
W50	G Dick		2935pts*			
W60	Judy Hammond	Kapiti	4466pts*			
W65	Judy Hammond	Kapiti	4773pts*			
W70	Judy Hammond	Kapiti	4371pts*		Townsville	29-Jul-08