

## Women

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Sprints</b>							
<b>60M</b>							
W35		Vanessa Story	Wellington Masters	8.6s		Nelson	01-Dec-12
W40		Vanessa Story	Wellington Masters	8.43s	-1.1	Otago	27-Feb-16
W45		Petra Stoeveken	Wellington Masters	8.82s		Newton Park	14-Feb-15
W50		Petra Stoeveken	Wellington Masters	8.76s	-1.4	Otago	27-Feb-16
W55		Liz Bentley	Wellington Masters	10.32s	1.1	Newtown Park	24-Nov-18
W60		Veronica Gould	Wellington Masters	9.4s		Newtown Park	09-Mar-13
W65		Veronica Gould	Wellington Masters	9.66s	0.9	Newton Park	24-Mar-18
W70		Judy Hammond	Kapiti	10.99s		Newtown Park	17-Mar-12
W75		Judy Hammond	Wellington Masters	11.01s		Hamilton	23-Nov-12
W80		Judy Hammond	Wellington Masters	11.86s	-0.3	Dunedin	22-Jan-18
<b>100m</b>							
W35		Penny Hunt		12.70s		Wellington	1984
W40		Penny Hunt		13.20s		Christchurch	1992
W45		Penny Hunt		13.56s		Auckland	1993
W50		Petra Stoeveken	Wellington Masters	13.76s	-0.1	Dunedin	27-Feb-16
W55		Veronica Gould	WHAC	14.10s	-1.2	Newtown Park	26-Jan-08
W60		Colleena Blair	Wellington Masters	14.90s			
W65		Veronica Gould	Wellington Masters	15.20s		Newton Park	12-Oct-13
W70		Judy Hammond	Kapiti	16.88s	1	Newtown Park	06-Dec-08
W75		Judy Hammond	Wellington Masters	18.41s	-1.2	Hamilton	23-Nov-12
W80		Judy Hammond	Wellington Masters	19.98s		Inglewood	26-Nov-17
<b>200m</b>							
W35		Penny Hunt		26.36s			
W40		Vanessa Story	Wellington Masters	27.21s	-0.3	Otago	28-Feb-16
W45		Penny Hunt		27.54s		Auckland	1993
W50		Petra Stoeveken	Kiwi Athletic	29.18s	-0.6	Newtown Park	15-Dec-18
W55		Veronica Gould	WHAC	30.26s			
W60		Judy Hammond	Kapiti	31.90s			
W65		Veronica Gould	WHAC	33.09s		Newton Park	19-Feb-17
W70		Judy Hammond	Kapiti	35.59s		Inglewood	23-Nov-07
W75		Judy Hammond	Wellington Masters	41.53s		Darwin	10-Jun-17
W80		Judy Hammond	Wellington Masters	43.48s	1.8	Dunedin	20-Jan-18
<b>400m</b>							
W35		Pam Graham	Scottish	64.87s			
W40		Vanessa Story	Wellington Masters	60.35s		Newtown Park	19-Nov-16
W45		Andrea Harris	Wairarapa	66.51s		Newtown Park	22-Oct-16
W50		Petra Stoeveken	Kiwi Athletic	69.15s		Newtown Park	23-Nov-18
W55		Judy Hammond	Kapiti	73.90s			
W60		Judy Hammond	Kapiti	74.30s			
W65		Judy Hammond	Kapiti	85.44s			
W70		Judy Hammond	Kapiti	88.51s		Inglewood	18-Feb-09
W75		Judy Hammond	Wellington Masters	97.02s		Whangarei	2013

**Women**

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Middle Distance</b>							

**800m**

W35	Renaë Creser	Olympic		2m 26.56s			2011
W40	Anne Hare	Scottish		2m 17.06s		Newtown Park	18-Feb-06
W45	Anne Hare	Scottish		2m 23.72s			
W50	Jenny McDonald	Scottish		2m 31.04s		Newtown Park	23-Feb-08
W55	Liz Bentley	Scottish		2m 57.65s		Newtown Park	30-Mar-19
W60	Peggy Fletcher			2m 59.5s			
W65	Peggy Fletcher			3m 10.29s			1996
W70	Judy Hammond	Kapiti		3m 53.14s		Townsville	29-Jul-08
W75	Judy Hammond	Wellington Masters		4m 36.70s		Palmerston North	07-Oct-12
W80	Judy Hammond	Wellington Masters		5m 07.55s		Dunedin	21-Jan-18

**1500m**

W35	Tina Faulkner	Scottish		4m 26.93s		AUT Millennium, Akl	19-Dec-17
W40	Anne Hare	Scottish		4m 35.74s		Christchurch	27-Jan-06
W45	Anne Hare			4m 48.69s			
W50	Bernie Portenski	Scottish		5m 00.58s			
W55	Jenny McDonald			5m 17.82s		Newtown Park	09-Mar-13
W60	Peggy Fletcher			5m 58.04s			
W65	Peggy Fletcher			6m 25.63s		Dunedin	1997
W70	Judy Hammond			8m 28.0s		Palmerston North	16-Oct-11

**Mile**

W35	Tina Faulkner	Scottish		4m 53.41s		Timaru	06-Jan-18
W40	Renaë Creser	Kapiti		5m 36.92s		Newtown Park	19-Dec-15
W45	Anne Hare	Scottish		5m 38.34s			21-Dec-13
W50	Anne Hare	Scottish		5m 48.70s			21-Dec-14

**3000m**

W35	Vicki Humphries	WHAC		10m 14.87s			
W40	Nyla Caroll			9m 53.94s			
W45	Gabrielle O'Rourke			10m 22.69s		Newtown Park	25-Jan-13
W50	Victoria Humphries			11m 01.68s		Masterton	06-Feb-16
W55	Bernie Portenski	Scottish		10m 38.7s			2005
W60	Bernie Portenski			11m 00.10s		Newtown Park	19-Feb-11

**Women**

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Distance</b>							

**5000m**

W35		Ngaire Drake		16m 47.63s			
W40		Nyla Caroll	Scottish	16m 45.74s		QEII, Christchurch	26-Mar-10
W45		Bernie Portenski	Scottish	17m 32.13s			
W50		Bernie Portenski	Scottish	17m 22.22s			
W55		Bernie Portenski	Scottish	17m 56.05s			
W60		Peggy Fletcher		21m 10.8s		Wanganui	1992
W65		Peggy Fletcher		23m 31.00s			
W70		Betty Meyers		33m 32.00s		Hamilton	1996

**10000m**

W35		Ngaire Drake		35m 11.3s			
W40		Bernie Portenski	Scottish	34m 48.95s			1993
W45		Bernie Portenski	Scottish	35m 35.5s			
W50		Bernie Portenski	Scottish	36m 34.24s			
W55		Bernie Portenski	Scottish	37m 22.37s			2006
W60		Bernie Portenski	Scottish	39m 04.23s			2010
W65		<i>no record</i>					
W70		Betty Meyers		73m 55.63s			

**Marathon (Best Performances)**

W35		Ingrid Cree	Olympic	2h 57m 5s		Christchurch	02-Jun-19
W40		Bernie Portenski	Scottish	2h 34m 39s			1992
W45		Bernie Portenski	Scottish	2h 43m 38s			
W50		Vickie Humphries	WHAC	3h 11m 42s		Rotorua	03-May-14
W55		Betty Harp	Scottish	3h 56m 19s		Christchurch	02-Jun-19
W60		Bernie Portenski	Scottish	3h 01m 30s			2010
W65		Judy Hammond	Kapiti	4h 57m 41s			

**Women**

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Steeple</b>							

**2000m SC***0.762m/30"*

W35	Vicki Humphries	WHAC		7m 47.36s			
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*0.762m/30"*

W40	Michelle Van Looy	Olympic		8m 01.88s		Masterton	21-Feb-15
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*0.762m/30"*

W45	J Stewart			8m 10.5s			
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*0.762m/30"*

W50	Lyn Clark	Scottish		9m 25.61s		Newtown Park	24-Nov-18
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*0.762m/30"*

W55	T Brown			9m 29.8s			
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*0.762m/30"*

W60	F McCracken			11m 32.28s			
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*0.762m/30"*

W65	Jenny Mason	Wellington Masters		10m 38.29s		Newtown Park	03-Feb-18
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**Women**

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Hurdles</b>							

**Short Hurdles****80mH (8m between hurdles)**

0.762m/30"	W40	Penny Hunt		13.2s		Christchurch	1992
0.762m/30"	W45	Penny Hunt		13.50s		Auckland	1993

**80mH (7m between hurdles)**

0.762m/30"	W50	<i>no record</i>					
0.762m/30"	W55	<i>no record</i>					
0.686m/27"	W60	Colleena Blair	Wellington Masters	16.64s			
0.686m/27"	W65	Colleena Blair	Wellington Masters	17.35s			1995
0.686m/27"	W70	<i>no record</i>					

**100mH**

0.840m/33"	W35	Penny Hunt		15.40s		Wellington	1984
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**Long Hurdles****200mH**

0.686m/27"	W70	<i>no record</i>					
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**300mH**

0.762m/30"	W50	P Scholes		61.81s			
0.762m/30"	W55	<i>no record</i>					
0.686m/27"	W60	Judy Hammond	Kapiti	65.90s			
0.686m/27"	W65	Judy Hammond	Kapiti	71.04s			2004

**400mH**

0.762m/30"	W35	<i>no record</i>					
0.762m/30"	W40	Andrea Williams		81:04s		Hawkes Bay	29-Nov-14
0.762m/30"	W45	<i>no record</i>					

## Women

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Walks</b>							

## 1500mW

W35		Kathryn Fraser	Scottish	9m 35.18s			
W40		Brenda Burke	Scottish	9m 35.71s			
W45		K Blyth		10m 05.05s			
W50		Robin McArthur		8m 35.44s		Newtown Park	05-Feb-11
W55		Teri Grimmer	Scottish	8m 35.64s		Newtown Park	2013
W60		Barbara Tucker		9m 44.17s		Newtown Park	05-Feb-11
W65		Jacqueline Wilson	Wellington Masters	8m 56.63s		Newtown Park	14-Feb-15
W70		Jacqueline Wilson	Wellington Masters	8m 55.65s		Auckland	26-Apr-17
W75		Daphne Jones	Scottish	10m 27.29s		Newtown Park	25-Feb-17

## 3000mW

W35		Kristeene Parkes	Scottish	20m 54.33s			
W40		Arlene Wong-Tung	Scottish	20m 30.49s		Palmerston North	25-Nov-16
W45		Amelia De Lorenzo	Scottish	16m 40.13s		Newtown Park	28-Oct-06
W50		Robyn McArthur		17m 26.89s		Newtown Park	23-Jan-12
W55		Teri Grimmer	Scottish	17m 44.64s		Newtown Park	2013
W60		F McCracken		19m 02.5s			
W65		Jacqueline Wilson	Wellington Masters	18m 35.89s		Newtown Park	15-Feb-15
W70		Jacqueline Wilson	Wellington Masters	18m 27.80s		Dunedin	26-Jan-18
W75		Daphne Jones	Scottish	20m 33.59s		Palmerston North	25-Nov-16

## 5000mW

W35		<i>no record</i>					
W40		Amelia De Lorenzo	Scottish	27m 08.10s			
W45		A Bowles		33m 48.0s			
W50		Teri Grimmer	Scottish	29m.54.22		Melbourne	06-Apr-12
W55		Teri Grimmer	Scottish	32m 40.71s		Palmerston North	27-Nov-16
W60		Barbara Tucker	Scottish	32m45.77			
W65		Sue Hoskin	Scottish	31m 38.35s		Perth	26-Oct-16
W70		Jacqueline Wilson	Wellington Masters	31m 43.15s		Perth	26-Oct-16
W75		Daphne Jones	Scottish	35m 30.14s		Timaru	03-Mar-19

## 10000mW

W35		<i>no record</i>					
W40		Arlene Wong-Tung	Scottish	1:11:59.95		Newtown Park	03-Dec-16
W45		<i>no record</i>					
W50		Teri Grimmer	Scottish	1.03.18.36		Newtown Park	17-Mar-12
W55		Teri Grimmer	Scottish	1.02.56		Palmerston North	08-Sep-13
W60		Noeleen Perry	Wellington Marathon Clinic	1.07m 34.1s			
W65		Jacqueline Wilson	Wellington Masters	1.05.32s		Newtown Park	21-Mar-15
W70		Jacqueline Wilson	Wellington Masters	1:05:07.75		Newtown Park	03-Dec-16
W75		Daphne Jones	Scottish	1:15:43.93		Newtown Park	03-Dec-16

## 10km Road Walk (Best Performances)

W35		Melanie Watson	Wellington Masters	75m 32s			
W40		Amelia De Lorenzo	Scottish	57m 00s			
W45		Maryanne Palmer	Scottish	68m 22s			
W50		Robyn McArthur	Scottish	59m 24.36s			
W55		Teri Grimmer	Scottish	61m 11s			
W60		Noeleen Perry	Wellington Marathon Clinic	67m 35s			
W65		Jacqueline Wilson	Wellington Masters			Wellington	1 Sep 2012
W65		Sue Hoskin	Scottish	64m 11s		Perth	31 Oct 2016
W70		Jacqueline Wilson	Wellington Masters	62m 52s		Korea	31-Mar-17
W75		Daphne Jones	Scottish	73m 30s		Perth	30-Oct-16

## 20km Road Walk (Best Performances)

W35		<i>no record</i>					
W40		<i>no record</i>					
W45		<i>no record</i>					

**Women**

<b>Event</b>	<b>Grade</b>	<b>Name</b>	<b>Club</b>	<b>Result</b>	<b>Wind</b>	<b>Location</b>	<b>Date</b>
	W50	Robyn McArthur	Scottish	2hr 16m25s		Trentham C.I.T.	07-Mar-11
	W55	Teri Grimmett	Scottish	2hr 09m 54s			08-Sep-13
	W60	<i>no record</i>					
	W65	Jacqueline Wilson	Wellington Masters	2hr 18m44s		Trentham C.I.T.	07-Oct-13
	W70	Jacqueline Wilson	Wellington Masters	2hr 17m02s		Perth	05-Nov-16

**Women**

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Jumps</b>							

**High Jump**

W35		P Workman		1.32m			
W40		Michelle Laurenson	Kapiti	1.23m		Newtown Park	03-Feb-08
W45		G Dick		1.13m			
W50		G Dick		1.17m			
W55		Veronica Gould	WHAC	1.15m		Newtown Park	04-Feb-07
W60		Heather May		1.17m			
W65		Judy Hammond	Kapiti	1.10m			
W70		Judy Hammond	Kapiti	1.08m		Newtown Park	29-Mar-08
W75		Judy Hammond	Wellington Masters	1.06m		Nelson	15-Jan-13
W80		Judy Hammond	Wellington Masters	0.99m		Wanganui	18-Feb-18

**Long Jump**

W35		P Workman		4.36m			
W40		Penny Hunt		4.35m		Christchurch	1992
W45		Penny Hunt		4.44m			
W50		Petra Stoeveken	Kiwi Athletic	4.23m	0.00	Newtown Park	24-Nov-18
W55		Veronica Gould	WHAC	4.15m			
W60		Colleena Blair	Wellington Masters	3.79m			
W65		Veronica Gould	WHAC	3.57m		Newtown Park	25-Feb-17
W70		Judy Hammond	Kapiti	3.22m		Townsville	30-Jul-08
W75		Judy Hammond	Wellington Masters	2.95m		Nelson	01-Dec-12
W80		Judy Hammond	Wellington Masters	2.73m	0.4	Dunedin	22-Jan-18

**Triple Jump**

W35		P Workman		9.32m			
W40		Lynne Plimmer	Wellington Masters	8.13m		Inglewood	02-Mar-08
W45		Penny Hunt		9.44m		Wellington	1994
W50		P Scholes		7.43m			
W55		Veronica Gould	WHAC	8.27m			
W60		Colleena Blair	Wellington Masters	7.76m			
W65		Colleena Blair	Wellington Masters	7.30m			
W70		Colleena Blair	Wellington Masters	6.38m			
W75		Colleena Blair	Wellington Masters	5.08m			

**Pole Vault**

		<i>no records</i>					
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## Women

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Throws</b>							

## Discus

1.0kg	W35	Nicole Macquet	Wellington Masters	37.31m		Newtown Park	
1.0kg	W40	Nicole Macquet	Wellington Masters	34.98m		Newtown Park	19-Feb-17
1.0kg	W45	Michelle Scriven	Wellington Masters	26.99m		Newton Park	15-Feb-15
1.0kg	W50	Petra Stoeveken	Kiwi Athletic	20.37m		Newton Park	24-Nov-18
1.0kg	W55	Colleena Blair	Wellington Masters	21.86m			
1.0kg	W60	Colleena Blair	Wellington Masters	22.20m			
1.0kg	W65	Heather May		21.98m			
1.0kg	W70	Heather May		20.30m			1993
0.75kg	W75	Colleena Blair	Wellington Masters	15.59m			
0.75kg	W80	Colleena Blair	Wellington Masters	12.98m		Hastings	2011

## Hammer

4.0kg	W35	Nicole Macquet	Wellington Masters	27.75m		Newtown Park	20-Mar-13
4.0kg	W40	Michelle Ward	Wellington Masters	29.91m		Newtown Park	2015
4.0kg	W45	Michelle Scriven	Wellington Masters	28.38m		Nelson	04-Mar-17
3.0kg	W50	Veronica Gould	WHAC	23.39m			
3.0kg	W55	Veronica Gould	WHAC	24.20m		Newtown Park	04-Feb-07
3.0kg	W60	Veronica Gould	Wellington Masters	19.30m		Newtown Park	01-Mar-13
3.0kg	W65	Heather May		28.60m			
3.0kg	W70	Heather May		27.30m			1993
2.0kg	W75	Heather May		19.46m			
2.0kg	W80	Colleena Blair	Wellington Masters	13.65m		Newtown Park	2011

## Javelin

600g	W35	Kullike Puks	Kiwi Athletic	29.61m		Newtown Park	23-Nov-18
600g	W40	Nicole Macquet	Wellington Masters	24.33m		Masterton	06-Feb-16
600g	W45	E Teahan		21.58m			
500g	W50	Petra Stoeveken	Wellington Masters	16.83m		Newtown Park	2015
500g	W55	<i>no record</i>					
500g	W60	<i>no record</i>					
500g	W65	<i>no record</i>					
500g	W70	<i>no record</i>					
400g	W75	Colleena Blair	Wellington Masters	14.30m		Christchurch	2006
400g	W80	Judy Hammond	Wellington Masters	11.45m		Wanganui	18-Feb-18

## Shot Put

4.0kg	W35	Nicole Macquet	Wellington Masters	9.89m		Newtown Park	2013
4.0kg	W40	Nicole Macquet	Wellington Masters	9.62m		Newtown Park	19-Feb-17
4.0kg	W45	Michelle Scriven	Wellington Masters	9.34m		Newton Park	15-Feb-15
3.0kg	W50	P Scholes		8.83m			
3.0kg	W55	P Scholes		8.51m			
3.0kg	W60	Heather May		8.38m			
3.0kg	W65	Heather May		8.27m			
3.0kg	W70	Heather May		7.27m			
2.0kg	W75	Judy Hammond	Wellington Masters	6.66m		Newton Park	16-Mar-13
2.0kg	W80	Judy Hammond	Wellington Masters	5.82m		Inglewood	26-Nov-17

## Weight Throw

9.08kg / 20lb	W35	Nicole Macquet	Wellington Masters	9.04m		Newton Park	2015
9.08kg / 20lb	W40	Michelle Ward		10.70m		Auckland	2012
9.08kg / 20lb	W45	Michelle Scriven	Wellington Masters	10.18m		Nelson	03-Mar-17
7.26kg / 16lb	W50	Sharon Wray	Scottish	6.19m		Inglewood	24-Nov-17
7.26kg / 16lb	W55	Veronica Gould	WHAC	10.36m			
5.45kg / 12lb	W60	Colleena Blair	Wellington Masters	9.46m			
5.45kg / 12lb	W65	Colleena Blair	Wellington Masters	9.62m			
5.45kg / 12lb	W70	Colleena Blair	Wellington Masters	10.03m			2004

**Women**

<b>Event</b>	<b>Grade</b>	<b>Name</b>	<b>Club</b>	<b>Result</b>	<b>Wind</b>	<b>Location</b>	<b>Date</b>
<i>4.00kg / 8.8lb</i>	W75	Colleena Blair	Wellington Masters	7.80m		Tauranga	2009
<i>4.00kg / 8.8lb</i>	W80	Colleena Blair	Wellington Masters	8.43m		Newton Park	2011

## Women

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Combined Events</b>							

## Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)

W35	P Workman			2038pts*			
<i>individual event scores to be added</i>							
W40	no record						
W45	Petra Stoeveken	Wellington Masters		2434pts		Newtown Park	28-Mar-15
(14.01s, 4.28m, 6.47m, 10.22m, 2:58.78)							
W50	Petra Stoeveken	Wellington Masters		2660pts		Otago	28-Feb-16
(14.20s, 7.37m, 3.58m, 15.43m, 2:59.86)							
W55	Veronica Gould	WHAC		2745pts		Newtown Park	26-Jan-08
(14.1s, 3.93m, 7.84m, 13.08m, 3:36.7)							
W60	no record						
W65	no record						
W70	no record						
W75	Judy Hammond	Wellington Masters		3074pts		Hamilton	23-Nov-12
(18.41s, 6.48m, 2.93m, 12.64m, 4:40.08)							
W80	Judy Hammond	Wellington Masters		3104pts		Inglewood	26-Nov-17
(19.98s, 5.82m, 2.58m, 11.17m, 5:31.21)							

## Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin, 800m)

W65	no record						
W65	no record						
W70	no record						
W75	Judy Hammond	Wellington Masters		3442pts		Rarotonga	06-Oct-15
(dnf, 0.99m, 6.10m, 42.07s, 2.60m, 11.65m, 4:52.56)							
W80	Judy Hammond	Wellington Masters		4246pts		Dunedin	21-Jan-18
(dnf, 0.97m, 5.77m, 43.48s, 2.53m, 11.42m, 5:07.55)							

## Weight Pentathlon (Hammer, Shot, Discus, Javelin, Weight)

W35	Nicole Maquet	Wellington Masters		2541pts		Newtown Park	23-Feb-13
(27.75, 9.89, 36.57, 24.29, 9.04)							
W40	Michelle Ward	Wellington Masters		2198pts*		Newtown Park	2011
<i>individual event scores to be added</i>							
W45	Michelle Scriven	Wellington Masters		2486pts		Newtown Park	04-Feb-18
(23.24m, 8.29m, 25.66m, 20.84m, 9.06m)							
W50	Sharon Wray	Scottish		1167pts		Inglewood	26-Nov-17
(15.31, 4.76, 9.52, 9.84, 6.03)							
W55	Veronica Gould	WHAC		2229pts			03-Feb-08
(22.48, 7.48, 15.00, 14.59, 8.37)							
W60	no record						
W65	no record						
W70	no record						
W75	Colleena Blair	Wellington Masters		2524pts		Wanganui	2006
(13.45, 5.58, 14.87, 12.68, 8.75)							

## Pentathlon (International Women: Short Hurdles, High, Shot, Long, 800m)

W35	S Ratapu			1411pts*			
<i>individual event scores to be added</i>							
W40	no record						
W45	no record						
W50	Colleena Blair	Wellington Masters		2117pts*			
<i>individual event scores to be added</i>							
W55	F McCracken			649pts*			
<i>individual event scores to be added</i>							
W60	Heather May			2174pts*			
<i>individual event scores to be added</i>							

\*points require recalculation with 2015 standards

**Women**

<b>Event</b>	<b>Grade</b>	<b>Name</b>	<b>Club</b>	<b>Result</b>	<b>Wind</b>	<b>Location</b>	<b>Date</b>
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## Women

Event	Grade	Name	Club	Result	Wind	Location	Date
<b>Archived Records no longer maintained</b>							
<i>Retired implements or non-standard distances and W30</i>							
100m	W30	Penny Hunt		12.45s			
200m	W30	Penny Hunt		25.61s			
400m	W30	Penny Hunt		57.16s			
800m	W30	C Clegg		2m 40.0s			
1500m	W30	Bowness		5m 39.0s			
3000m	W30	Gabrielle O'Rourke	WHAC	9m 38.74s			
5000m	W30	Gabrielle O'Rourke	WHAC	16m 31.72s			
10000m	W30	Gabrielle O'Rourke	WHAC	34m 28.31s			
Marathon	W30	Gabrielle O'Rourke	WHAC	2h 38m 47s			
100mH	W30	Penny Hunt		16.60s			
80mH (8m)	W50	Colleena Blair	Wellington Masters	16.45s			
80mH (8m)	W55	Colleena Blair	Wellington Masters	17.46s			
80mH (8m)	W60	Colleena Blair	Wellington Masters	17.10s			
100mH	W50	Colleena Blair	Wellington Masters	21.30s			
100mH	W60	Colleena Blair	Wellington Masters	22.30s			
200mH	W40	Penny Hunt		31.00s			
200mH	W50	P Scholes		41.70s			
300mH	W40	E Teahan		88.30s			
Long Jump	W30	C Clegg		4.95m			
Triple Jump	W30	B Doherty		9.23m			
Discus	W30	Jeanette Chung		28.42m			
Hammer	W30	Jeanette Chung		21.82m			
Javelin	W30	Jeanette Chung		26.34m			
Shot Put	W30	P Workman		8.44m			
Javelin (400g)	W60	Colleena Blair	Wellington Masters	25.40m			
Javelin (400g)	W65	Heather May		23.74m			
Javelin (400g)	W70	Heather May		21.84m			
Javelin (pre-99)	W50	P Scholes		23.50m			1990
Javelin (pre-99)	W55	Colleena Blair	Wellington Masters	24.88m			
Javelin (pre-99)	W75	Heather May		15.72m			1998
Weight (15.88kg)	W30	Jeanette Chung		8.69m			
Weight (15.88kg)	W35	Michelle Ward	Wellington Masters	9.57m		Inglewood	20-Nov-10
Weight (15.88kg)	W40	Michelle Ward	Wellington Masters	10.62			
Weight (15.88kg)	W45	Michelle Scriven	Wellington Masters	8.95m		Newton Park	27-Feb-15
Weight (15.88kg)	W50	Veronica Gould	WHAC	8.55m			
Weight (7.26kg)	W65	Heather May		7.74m			
Weight (7.26kg)	W70	Heather May		7.42m			
Weight (5.44kg)	W75	Colleena Blair	Wellington Masters	9.40m			

## Pentathlon (NZ Women: 100m, Long, Shot, Javelin, 800m)

W30	Jeanette Chung		1472pts*			
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## Weight Pentathlon (Hammer, Shot, Discus, Javelin, Weight)

W30	Jeanette Chung		2015pts*			
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## Pentathlon (NZ Women: 200m, Long, Shot, Javelin [pre-1999 model], 800m)

W40	Penny Hunt		1921pts*			
W50	P Scholes		2792pts*			

## Pentathlon (NZ Women: 200m, Long, Shot, Javelin [old weight 4.0kg], 800m)

W60	Judy Hammond	Kapiti	3275pts*			
W65	Judy Hammond	Kapiti	3441pts*			
W70	Judy Hammond	Kapiti	3482pts*		Inglewood	25-Nov-07

## Weight Pentathlon (Hammer, Shot, Discus, Javelin [old weight 4.0kg or pre-1999 model], Weight)

W60	Colleena Blair	Wellington Masters	2619pts*			
W65	Heather May		3099pts*			
W70	Heather May		3659pts*			

## Heptathlon (Short Hurdles, High, Shot, 200m, Long, Javelin [old weight 4.0kg], 800m)

W40	Karen Armitage		1959pts*			
W50	G Dick		2935pts*			

**Women**

<b>Event</b>	<b>Grade</b>	<b>Name</b>	<b>Club</b>	<b>Result</b>	<b>Wind</b>	<b>Location</b>	<b>Date</b>
	W60	Judy Hammond	Kapiti	4466pts*			
	W65	Judy Hammond	Kapiti	4773pts*			
	W70	Judy Hammond	Kapiti	4371pts*		Townsville	29-Jul-08